



## Logan High School Invitational Track Meet

May 3, 2022



To: Track Coaches & Athletic Directors  
From: Robin Van Laeys  
Re: Logan High Invitational Track Meet  
Date: 4/13/2022

The Logan High School Invitational Track meet will be held on Tuesday, May 3 at 3:00. Entries (3 per event) on [www.athletic.net](http://www.athletic.net) are due by Monday, May 2 at 1:00 p.m. and will open on April 14.

The entry fee is \$120 per school or \$12 per individual. On the 3rd at 2:30 p.m. Robin will be in room 108 of the high school (east of the track & parking lot) to answer questions and take checks, sportsmanship cards and running event scratches. There is an outside entrance to the room on the west side of the school building. Additions and substitutions will not be accepted. Scratches for the field events will be done at the event.

**Teams:** Brewster, Cheylin, Golden Plains, Lakeside, Northern Valley, Osborne, Palco, Stockton, Thunder Ridge, Western Plains, Wheatland-Grinnell and Logan

**Time Schedule:** See enclosed schedule of events.

2:30 - - Coaches meeting

3:00 - - Field Events begin

Running events will follow completion of the field events (approximately 4:30)

**Jumping Events:** Runways are rubberized all-weather surfaces. Please use spikes no longer than ¼". Each jumper will be given four jumps except in the high jump and pole vault. If your athletes use tape to mark their spot on the runways, please have them remove it when they are finished. There will be 4 jumps with no finals.

**Throwing Events:** The shot put (two) and discus (two) rings are concrete. You will need to furnish your own shot and discus. Each thrower will be given four attempts, no finals. There are two grass javelin runways.

**Running Events:** The track is rubberized all-weather surface. Please use spikes no longer than ¼". Starting blocks will be furnished. There will be no finals so the competitors will be heated according to times sent in. Be prepared to provide a time for competitors that are substituted in on the 4th. **IF YOUR RELAY TEAMS USE TAPE TO MARK EXCHANGES, HAVE YOUR INCOMING RUNNERS REMOVE THE TAPE AFTER THE RACE.**

**Scoring & Awards:**

- - Plaques will be awarded to the first & second place team in each division.
- - Medals will be awarded to the top three in each event.
- - Scoring will be 10-8-6-4-2-1 for individual events and relays.

**Other:** Please have your team camp outside the track, not on the infield. A concession stand will be available at the south end of the track and a hospitality room for coaches, bus drivers, and administrators will be in room 108. We also encourage your teams and fans to visit the Dane G. Hansen Museum downtown. If you have any questions, call (785) 689-7574 or 689-8070 and ask for Robin.

We're looking forward to a day of great performances and (hopefully) great weather. See you on the 3rd.

Sincerely,

Robin Van Laeys, AD

# Logan HS Invitational

May 3<sup>rd</sup>, 2022

## Order of Events

### Field Events--3:00 pm

Long Jump—Girls – west pit, Boys – east pit

Triple Jump—Boys, Girls

High Jump—Girls (4'0"), Boys (4'8")

Pole Vault—Boys (7'6"), Girls (6'0")

Shot Put —Girls - south, Boys - north

Discus —Girls - south, Boys - north

Javelin—Girls - south, Boys - north

### Running Events—4:30 pm (approx.)

Girls 4x800 M Relay

Boys 4x800 M Relay

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 100 M Dash

Boys 100 M Dash

Girls 1600 M Run

Boys 1600 M Run

Girls 4x100 M Relay

Boys 4x100 M Relay

Girls 400 M Dash

Boys 400 M Dash

Girls 300 M Hurdles

Boys 300 M Hurdles

Girls 800 M Run

Boys 800 M Run

Girls 200 M Dash

Boys 200 M Dash

Girls 3200 M Run

Boys 3200 M Run

Girls 4x400 M Relay

Boys 4x400 M Relay