



COMMUNITY RESOURCE GUIDE

CRAWFORD COUNTY

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GENERAL INFORMATION

A variety of community resources are available throughout Crawford County. Crawford County Public Health and Healthy Roots mission is to provide Crawford County with accessible, comprehensive, and up-to-date resources.

Great Rivers 211- provides free, confidential community information, referrals and crisis line services 24 hours a day. Dial 2-1-1 or (800) 362-8255 throughout the Tri-State region -Wisconsin, Iowa and Minnesota.

MCH Hotline- 1-800-722-2295 Twenty-four hours/day, 7 days/week

The Wisconsin Maternal And Child Health (MCH) Hotline provides information and links to services and resources for women before, during, and after pregnancy and for children including children with special health care needs. The hotline also serves professionals who are seeking referrals for their clients.

Wisconsin First Step- 1- 800-642-7837. Wisconsin First Step is a statewide Information and Referral (I&R) hotline that serves families with children and youth who have special needs. The line is operational 24 hours/day, 7 days a week. Parent Specialists, who have disability expertise and a child with a special need, answer the line, Monday through Friday 8 a.m. to 4 p.m.

Crawford County Government Directory

<http://www.crawfordcountywi.org/CountyDirectory.pdf>

IMPORTANT NUMBERS

Law Enforcement, Fire, and Medical Emergencies.....911

Crawford County Sheriff.....608-326-0241 or 608-326-8414

Prairie du Chien Police.....608-326-2421(Dispatch); 608-326-4222 (Records)
www.prairieduchien.info

Poison Control Center.....1-800-222-1222

ALCOHOL AND DRUG ABUSE SERVICES

Crawford County Human Services.....608-326-0248

Mayo Clinic Behavioral Health Services- Prairie du Chien.....608-326-0808
Comprehensive alcohol and drug abuse treatment - out-patient clinic.

Gundersen Lutheran AODA Counselors Prairie du Chien608-326-5380

Gundersen Lutheran AODA Counselors (Boscobel)608-375-4144

Alcoholics Anonymous.....608-326-0808

Alateen608-326-0808

Wisconsin Tobacco Quitline1-800-QUIT-NOW
For support and referral when you're ready to quit smoking.

CHILD CARE INFORMATION

Crawford County Health & Human Services.....608-326-0248

- Wisconsin Shares Child Care Subsidy—helps families pay for childcare.
- Certification, technical assistance, and information on start-up funding for Providers.

Family Connections of Southwest Wisconsin.....1-800-267-1018

Family Connections is a non-profit organization that providing a number of services to families, child care providers, and local communities in and around Southwestern Wisconsin. Family Connections is a trusted resource that helps to prepare, educate, and support families, childcare providers, and the public.

Find Child Care

<http://childcarefinder.wisconsin.gov/Search/Search.aspx?type=b&YoungStarProviders=true>

CHILD WELFARE, FOSTER CARE & KINSHIP CARE

CHILD WELFARE

Child Abuse and Neglect

Crawford County Human Services.....608-326-0248
Monday-Friday 8:00am- 4:30 pm

Crawford County Sheriff Department.....608-326-8414
Contact after 4:30 pm and weekends

FOSTER CARE SERVICES

Crawford County Health & Human Services.....608-326-0248

KINSHIP CARE

Crawford County Health & Human Services.....608-326-0248
Financial assistance for adults caring for minor relatives.

PALS MENTORING PROGRAM OF CRAWFORD COUNTY

(PALS) Mentoring Program of Crawford County (People Actively Linked with Students) ...608-326-0217

is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community-based portion provides volunteer opportunities for caring adults who commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement.

CHILD SUPPORT

The Wisconsin Child Support Program helps parents get court orders for financial and medical support for their children. It also enforces those orders when needed, and makes sure that all money collected is paid out correctly.
<http://dcf.wisconsin.gov/bcs/>

Crawford County Child Support Agency 608- 326-0218
225 N. Beaumont Rd. Suite 318 Prairie du Chien 53821

COUNSELING AND MENTAL HEALTH

Crawford County Health & Human Services.....	608-326-0248
Children's mental health services, adult mental health services, In-home family counseling.	
Mayo Clinic Health System- Prairie du Chien.....	608-326-0808
Behavioral Health services - counseling (individual, family, marriage) to address on-the-job pressures, coping issues, depression, anxiety, and mood swings.	
Related Services to address eating disorders, drug and alcohol addiction, and challenges facing teens and adolescents.	
Gundersen Behavioral Health- Prairie du Chien	608-326-3380
Full range of mental health and addiction services for children, adolescents, and adults.	
Specialty services are available for eating disorders, sexual abuse and assault victims, and crime victims	
Crossing Rivers Behavioral Health, 37868 US Hwy.18, Prairie du Chien.....	608-357-2700
Counseling services-individual, family, marriage (Prairie du Chien and Fennimore - SWTC Campus)	
Psychiatric prescribing services also available	
Family and Children's Center -Viroqua.....	608-637-7052
Psychiatric Associates – Viroqua	608-637-2511

Suicide

Crawford County Health & Human Services	608-326-0248
Gundersen Inpatient Behavioral Health Unit	608-775-3523, or 1- 800-362-9567
National Suicide Prevention Lifeline	1-800-273-TALK (8255)

DEMENTIA SERVICES

Alzheimer's & Dementia Alliance of Wisconsin www.alzwise.org608-232-3400 or 888-308-6251

- **Heather Moore**, Dementia Outreach Specialist, Alzheimer's & Dementia Alliance of Wisconsin, Crawford/Grant/Iowa/Lafayette, 608-723-4288, heather.moore@alzwise.org;
- The Alzheimer's & Dementia Alliance of Wisconsin is a nonprofit organization dedicated to improving the lives of persons with Alzheimer's disease or related dementias and their families. The Alliance is a guide to those coping with this disease as they learn about options and begin to plan for the future. Contact us for help and support. We are your partner along the journey.
- Programs and services include information and assistance, early stage support and education programs, early stage social & creative enrichment programs, family caregiver support groups, family caregiver education, care consultants, community education, conferences, professional education, advocacy, fundraising and awareness events.
- **Memory Cafe** ~ Third Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. Drop in and join the fun and conversation in a relaxed environment for those with mild memory loss, mild cognitive impairment or early Alzheimer's/dementia. Family members and friends are welcome. If you require help to participate, please bring someone with you. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwise.org

- **Caregiver Support Group:** 4th Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. At support groups, family care partners come together to share information, experiences and support. Groups facilitated by skilled volunteers meet at various times throughout south central Wisconsin. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwis.org

DOMESTIC VIOLENCE

HELPLINE (Local) 24 Hrs / 7 days a week	1-888-200-8426
National Domestic Violence Hotline	1-800-799-SAFE (7233)
National Sexual Assault Hotline.....	1-800-656-HOPE (4673)
On-call Victim Advocate	608-412-4357
Crawford County Victim/Witness Coordinator	608-326-0299
New Horizons Shelter, La Crosse, WI	608-791-2600
24-hour crisis line, collect calls accepted	
Passages- Richland Center, WI	608-647-3616 or 1-800-236-4325
Program for victims of domestic violence and sexual assault	

EDUCATION PROGRAMS AND INFORMATION

EARLY CHILDHOOD PROGRAMS

Head Start – Prairie du Chien Center www.headstartcouleeregion.com	608-326-6606
Serves low income pre-school children, including children with disabilities and their families	
Grace Lutheran Preschool, www.gracepdc.net	608-326-4899
Licensed for children 2.5 to six years old	
Little Saints Learning Center.....	608-326-8624
Accepts children ages 2.5 years and up. Open year round and offers after school care.	
Early Childhood Programs- serve children as young as 3 years old.	
Available at all Crawford County Schools. Contact your child's school for more information.	

PUBLIC SCHOOLS

Boscobel Area Public Schools: www.boscobel.k12.wi.us	
• District Office.....	608-375-4164
• Boscobel Elementary.....	608-375-4165
• Boscobel Junior and Senior High School.....	608-375-4161
DeSoto Area Schools: www.desoto.k12.wi.us	
• District Office.....	608-648-0102
• DeSoto Middle / High School.....	608-648-0100
• Prairie View Elementary.....	608-648-2227

North Crawford School District: www.northcrawford.com

- District Office.....608-735-4318
- North Crawford Elementary.....608-624-5201
- North Crawford High School.....608-735-4311

Holy Family Parish: www.prairiecatholic.org

- Prairie Catholic Schools (3-K-8 Grade)(Parochial School).....608-326-8624

Prairie du Chien Public Schools: www.pdc.k12.wi.us

- B.A. Kennedy Grade School (3K to 1st Grade)608-326-3719
- Prairie du Chien Senior High School.....608-326-3721
- Bluff View Intermediate School (2nd – 8th Grade)608-326-3723

Seneca School District: www.seneca.k12.wi.us

- District Office.....608-734-3411

Wauzeka-Steuben Public Schools: www.wauzeka.k12.wi.us

- District Office.....608-875-5311

New Frontier Alternative Day School.....608-326-6481

GED/HSED PROGRAMS

Southwest Tech Outreach Site- Prairie du Chien608-326-0718

Crawford County Literacy Council608-326-0718

PHYSICAL ACTIVITY AT THE SCHOOLS

DeSoto School District608-348-3311

- Weight Room/Fitness Center – Open Mondays, Tuesdays & Thursday evenings from 6:00 p.m. to 8:00 p.m.

North Crawford School District.....608-735-4318

- Open to public free of charge
- Open Gym: Sunday evenings – January-March from 6:30 p.m. to 8:00 p.m.
- Open Hallways: Monday-Friday – Hallways available for walking before and after school.

Prairie du Chien School District.....608-326-3700

- The public is welcome to access the high school for walking and the weight room at no cost.
- Walking: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Enter through the main door in the front or Door H in the center of the back of the building.)
- Open Weight Room: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Building on the east side of the back parking lot. There is supervision during these hours.)
- When school is not in session the facilities will NOT be available.

Wauzeka-Steuben School District.....608-875-5311

- Open Gym: Open to the public free of charge. Wednesdays from 7:00 p.m. to 10:00 p.m.
- Wauzeka's Angels Fitness Center: Community members can check out key fobs to use center at any hour for a cost of \$10/month or \$100 /year; Students 6th-12th grades and staff (no charge); Students 5th grade and under are NOT allowed in the Fitness Center.

Seneca School District.....(608) 734-3411

- Available to district residents for free.
- Open Stage and Weight Room: Fitness equipment on the stage includes bikes, elliptical and treadmills..
Mornings: Monday-Friday from 6:45 a.m.-8:05 a.m. (Door 1 – the front doors on main street)
Evenings: Monday-Friday when sports practices are held. (Door 7 – south door, facing the bus garage)
- November-25-February 24 – Sundays from 7:00 p.m. -8:00 p.m. for students and adults; Wednesday from 7:00 p.m. -8:00 pm. for adults. (Door 7 – south door, facing the bus garage).
- On days when school is late or cancelled, the fitness area will NOT be open.

EMPLOYMENT AND VOCATIONAL TRAINING

Work Force Connections 1-800-742-5627 or 608-433-2775
<http://www.workforceconnections.org>; 1304 S. Marquette Road, Prairie du Chien, WI 53821

- **Wisconsin Works (W2)** ~ provides necessary and appropriate services to prepare individuals to work, and to obtain and maintain viable, self-sustaining employment.
- **Workforce Investment Act (WIA)** ~ provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements.
- **Emergency Assistance** ~ Rental assistance for single or two parent households if under 150% FPL
- **Food Share Employment and Training Program**

WisCorps, Inc.....1-608-782-2494
<http://www.WisCorps.org/worksjobs>

- **WisCorps Works Program** offers employability training, work readiness, educational training and valuable work experience to young adults 16-24.

Couleecap1-866-904-4508
www.couleecap.org

- **Skills Enhancement Program** ~ Increases family earned income and benefits by assisting with the training needs of low income workers. Provides support and financial assistance for tuition, child care, and transportation expenses related to returning to school.
- **Job and Business Development** ~ Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.
- **Work-n-Wheels Program** ~ Provides zero interest vehicle loans & repair assistance to qualified low income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.

Essential Health Clinic.....1-800-657-5177
103 N. Wacouta Avenue., Prairie du Chien:

Essential Health Clinic's educators provide age-appropriate, medically accurate and culturally competent comprehensive sexuality education to thousands of young adults, teens, parents or other adults of influence every year. This programming is designed to provide participants with the knowledge and tools necessary to make healthy decisions and set goals regarding their behaviors. Essential Health Clinic also participates in many community events, such as health fairs, to build awareness of and access to reproductive and sexual health. Community educational presentations are available for the following topics: Birth Control, Sexually Transmitted Diseases, Healthy Relationship, Communication, Sexual Consent, Puberty and Talking with Your Kids

Opportunity Center608-326-6486
 730 North State Street, Prairie du Chien, WI 53821 www.pdcoportunitycenter.org
Job Preparation and Development provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements

ENERGY ASSISTANCE

Crawford County Human Services608-326-0248
 • **Wisconsin Home Energy Assistance Program (WHEAP)** ~ provides assistance for heating costs, electric costs, and energy crisis situations.

Couleecap
 • **Weatherization Program**608-352-9717
 This program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

Catholic Charities St. Lawrence Community Services Program.....1—888-212-4357
 Provides utility assistance as available. This program focusses on building budgets and working with households so they can become self-sustaining and financially independent. Assistance is considered during the case management process.

FAMILY PLANNING AND REPRODUCTIVE HEALTH RESOURCES

Essential Health Clinic.....1-800-657-5177
 103 N. Wacouta Avenue., Prairie du Chien: Hours rotate every other Tuesday so please call for an apt. Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay.

Catholic Charities Adoption Program.....1-888-212-4357
 • Hague Accredited Agency providing expert support to expectant parents considering adoption as well as adoptive families. We help families prepare to welcome and adoptive child and support them throughout the adoption process. Provides assistance with agency infant, independent, Intercountry, Interstate, Relative, and Step-parent services.

Catholic Charities Post Adoption Resource Center..... 1-888-212-4357.
 • Provides support, education and referral services to all birth parents, adult adoptees, and adoptive families

Crawford County Health & Human Services.....608-326-0229
 Provides education and counseling related to sexually transmitted diseases testing and treatment.

National STD Hotline1-800-227-8922

AIDS Hotline1-800-334-2437

Pregnancy Helpline of Boscobel..... 608.375.5339
 409 E. Kansas St, Boscobel, WI 53805; ultrasoundPDC@gmail.com
 Prairie du Chien Ultrasound Clinic....1201 S. Beaumont Rd, Prairie du Chien, ultrasoundpdc@gmail.com
 All of our services are free and confidential. We offer limited ultrasounds, pregnancy testing, pregnancy counseling, Sophie's Closet (baby clothes, furniture and supplies), and a pregnancy resource lending library. Ultrasounds and pregnancy testing are offered at the Ultrasound Clinic location in Prairie du Chien on the 1st and 3rd Wednesday's of the month from 9a-12p and 3p-6p as well as other times by appointment. Drop-ins are welcome but appointments are encouraged.

FINANCIAL EDUCATION AND COUNSELING

Catholic Charities St. Lawrence Community Services Program.....1-888-212-4357

- Financial Wellness Advocates are available to help individuals and families with budgeting and financial management tools.

Catholic Charities Representative Payee Services-----1-888-212-4357

- For individuals who qualify for services we offer confidential and compassionate assistance with budgeting on fixed income to meet basic human needs. Offer case management, individualized planning, monthly bill paying, budget review, and goal setting.

FOOD PROGRAMS

Crawford County Health & Human Services608-326-0248

- **Food Share Program-** Nutrition assistance program designed to help individuals and families buy nutritious foods when money is tight. Monthly benefits are based on net income and household size. Apply at www.access.wi.gov or by calling 1-888-794-5780 or 326-0248.

Women, Infant, and Children (WIC)1-800-704-8555 or 1-608-935-2326

<https://www.dhs.wisconsin.gov/wic> or <http://www.swcap.org/service-wic.html>

Provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services to pregnant women and children under the age of five.

ACCESS.....access.wisconsin.gov

Connection to health and nutrition benefits

Free/Reduced School Meals

- **Free and reduced priced breakfast and lunch programs** available at Crawford County Schools. Contact your child's school for income guidelines and an application.

Seneca School District608-734-3411

- **Seneca School District Backpack Program**

All families (Pre-K-5th grade) that attend the Seneca School District and receive free and reduced lunch have the option to receive a food pack. Middle school and high school families can participate upon referral or request.

UW Extension608-326-0223

- FoodWise Program - Provides nutrition education to families and individuals who are eligible for the Food Share program

- Aging and Disability Resource Center (ADRC) of Eagle Country <http://www.adrceagle.org/>.....1-877-794-2372
Prairie du Chien Office608-326-0235
 225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;
- Senior Nutrition Dining Sites in Crawford County for residents age 60 & older and spouses regardless of age.
 - Home delivered meals in Crawford County for residents age 60 and older who meet homebound, nutrition needs or disability criteria.
- St. Peter Evangelical Lutheran Church.....608-326-6411
- Come For Supper (Free Monthly Community Meal) – Third Thursday of Every Month at 5:00-6:30 p.m.

Food Pantries

- Couleecap /Bargain Boutique.....608-326-2463
 This program operates to provide food to residents with an emergency need who qualify within the income guidelines. The Emergency Food Assistance Program (TEFAP) supplements the food pantry. Residents with an emergency need may access the food pantry once per month at the Bargain Boutique, Monday, Wednesday, Friday 10 a.m. - 3 pm. and 2nd Saturday of each month from 10 a.m. – 1 pm. Contributions from businesses and individuals can be tax deductible.
- Mobile Food Pantry/Second Harvest.....608-735-4690
 This food pantry is located at Gays Mills Community Building. They are open the fourth Wednesday every month from 2:00 p.m. until food is gone. Distribution site has no income guidelines or residency requirements. Contact Lorraine Fortney.
- Gays Mills Food Pantry..... 608-606-1269
 The food pantry is located at 120 Sunset Ridge #122, Gays Mills. They are open the first Saturday of each month from 9am to 10am and the first, second, and third Wednesday from 2pm to 4pm. Kent Salmon, Director.

HEALTH CARE FOR THE UNDER AND UNINSURED

FREE AND LOW COST CLINIC

- InHealth Community Wellness Clinic608- 375-4324
 A free clinic that provides primary Health Care to the un-insured of Grant and Crawford Counties. Clinic Hours: Every Monday 5:00PM to 8:00PM and 1st and 3rd Saturday 9:00AM to Noon. Located at the rear of the Associated Balance and Hearing Clinic at 109 East Bluff, Boscobel, WI
- Essential Health Clinic.....1-800-657-5177
 103 N. Wacouta Avenue., Prairie du Chien: Hours rotate every other Tuesday so please call for an apt. Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay.
- Scenic Bluffs Community Health Centers608-654-5100
 If you do not have health insurance, are unemployed, or have an income level that makes it difficult for you to pay for health care, a sliding fee scale called the Healthy Neighbor Plan is offered. Locations in Cashton, Norwalk, and Viroqua
- Neighborhood Family Clinic.....LaCrosse 608-781-9880, Winona 608-637-8111
 Viroqua 608-637-8111, Sparta 608-487-8506
 Provides quality medical care at a reduced rate.

Pregnancy Helpline of Boscobel..... 608.375.5339
 409 E. Kansas St, Boscobel, WI 53805; ultrasoundPDC@gmail.com
 Prairie du Chien Ultrasound Clinic....1201 S. Beaumont Rd, Prairie du Chien, ultrasoundpdc@gmail.com
 All of our services are free and confidential. We offer limited ultrasounds, pregnancy testing, pregnancy counseling, Sophie's Closet (baby clothes, furniture and supplies), and a pregnancy resource lending library. Ultrasounds and pregnancy testing are offered at the Ultrasound Clinic location in Prairie du Chien on the 1st and 3rd Wednesday's of the month from 9a-12p and 3p-6p as well as other times by appointment. Drop-ins are welcome but appointments are encouraged

DENTAL CARE

Crawford County Health & Human Services.....608-326-0229

- **Fluoride Varnish Program-** Fluoride varnish is a protective coating that is painted on children's teeth to help prevent cavities. Fluoride varnish is available for children 6 months thru 20 years with valid Medicaid/BadgerCare Coverage, otherwise fee to cover costs.

Teeth-for Life Program/School Oral Health Program

- **Teeth-for-Life Program/ School Oral Health Program**608-412-4369
 Devan M. Toberman – RDH/Program Coordinator
 Provides a Hygienist to give children in Grant and Crawford Counties access to cleaning, referrals for primary dental health care and oral health education in our schools.

Boscobel Family Dental.....608-375-4549
 105 E. Bluff St. Boscobel, WI – Accepts adults and children with BadgerCare.

Dr. Kurt Dillard.....608-785-0633
 1720 Jackson St., La Crosse, WI – Accept adults and children with BadgerCare

Family Health Center of Marshfield.....715-670-0400
 N6571 Lumberjack Guy Rd. Black River Falls, WI – Accepts BadgerCare for adults and children and provides a sliding scale fee for uninsured

Dr. Williams & Pearce.....608-647-3993
 100 N. Church St. Richland Center, WI – Accepts BadgerCare for adults and children

Scenic Bluffs Community Health- Dental Care608-654-5100
 Accepts adults and children with BadgerCare. Clinics located in Cashton and Viroqua.

Aspen Dental608-531-8257
 3132 Market Place, Onalaska, WI – Offers financial assistance and payment options

Dental Clinics for Children only on MA/BadgerCare

- Biehl & Okano.....608-326-4450
 807 E. Wells St. Prairie du Chien, WI – Accepts children with BadgerCare up to age 15
- Dentistry of Onalaska – Dr. Flood.....608-781-9114
 801 Critter Ct., Onalaska, WI –Accepts BadgerCare children 5 and under only

PUBLIC HEALTH

Crawford County Health & Human Services www.crawfordcountywi.org/health-home.html608-326-0229

- **Immunization Clinics** ~ held twice a monthly at the Crawford County Administration Building in the nurse's office and bimonthly in Gays Mills and Seneca at the Community Buildings to provide an opportunity for children and adults to receive immunizations.
- **HealthCheck** ~ a preventive health check-up program for Wisconsin Medicaid/ BadgerCare recipients under the age of 21. The screening meets physical exam requirements for Head Start and day care programs.
- **Childhood Lead Poisoning Prevention** ~ lead screening services for all children 1 year through 6 years of age to assess the level of lead in their bodies. Children under six years of age can easily be poisoned by dust or paint chips containing lead. After initial screening, Public Health will take necessary action to help families eliminate lead exposure.
- **Vision Screening Program** for all children starting at 6 months of age. The purpose is to identify treatable or preventable causes of commonly occurring visual problems in children.
- **Blood pressure screening** ~ held at elderly meal sites and public health office.
- **Communicable diseases** are reported to Public Health by physicians, clinics, family members, or the ill person. Public Health nurses offer investigation, education, and control measures to assure the safety of the individual, family, and community.
- **Community Education** – Public Health Nurses are available to present educational programs to community groups related to health and wellness topics.

AREA CLINICS AND HOSPITALS

Crossing Rivers Health Clinic - Prairie du Chien608-357-2500
www.CrossingRivers.org/clinics
 37822 U.S. Highway18 Prairie du Chien, WI 53821

Crossing Rivers Health Clinic - Fennimore.....608-357-2500
www.CrossingRivers.org/clinics
 1800 E. Bronson Boulevard Fennimore, WI 53809

Mayo Clinic Health System- Prairie du Chien.....608-326-0808
 800 E. Blackhawk Ave. Prairie du Chien, WI 53821

Gundersen Prairie du Chien Clinic 608- 326-6466 or 1-800- 714-5362
 610 East Taylor Street Prairie du Chien, WI 53821

Gundersen Boscobel Clinic608-375-4144
 208 Parker Street Boscobel, WI 53805

Gundersen Viroqua Clinic 608) 637-3195 or (877) 543-3195
 407 South Main Street Viroqua, WI 54665

Kickapoo Valley Medical Clinic – VMH608- 624-5203
 102 Sunset Ave. Soldiers Grove, WI 54655

Hirsch Clinic – VMH608-637-3174
 407 S. Main St. Suite 400 Viroqua, WI 54665

Crossing Rivers Health Medical Center (Hospital).....608-357-2000
 37868 US Hwy. 18 Prairie du Chien, WI 53821

Mayo Clinic Health System (Hospital)..... 608-785-0940 or 800-362-5454
 700 West Avenue S. La Crosse, WI 54601

Gundersen Health System (Hospital)	608-782-7300 or 800-362-9567
1900 South Avenue La Crosse, WI 54601	
Gundersen Boscobel Area Hospital	608-375-4112 or 866-662-2242
205 Parker Street Boscobel, WI 53805	
Vernon Memorial Healthcare	608-637-2101
507 South Main Street Viroqua, WI 54665	
Neighborhood Family Clinic.....	LaCrosse 608-781-9880, Winona 608-637-8111
	Viroqua 608-637-8111, Sparta 608-487-8506

HOUSING AND SHELTERS

EMERGENCY SHELTERS AND ASSISTANCE

New Horizons Shelter and Women's Center	608-791-2600 OR 1-888-231-0066
1223 Main St. Lacrosse, WI 54601	
24/7 Crisis Line. Shelter for women and children experiencing domestic violence, sexual assault, or harassment.	
Passages	1-800-236-HEAL (4985); 608-647-6371 Information Line
Richland Center, WI	
24-hour crisis line. Domestic abuse shelter, crisis help line and counseling.	
Salvation Army	608-326-8321
625 S. Dousman St Prairie du Chien, WI 53821	
Emergency lodging into local motels, fuel for vehicles, meals, groceries, hygienic supplies, prescriptions, rent (to those who qualify), utility bills and bus tickets. School supplies, clothes, coats and snow boots for children. Christmas programs for families.	
Salvation Army of La Crosse County	608-782-6126
223 8th Street North La Crosse, WI 54601	
Emergency shelter open to men, women and children 7 days a week. Check in time is 6-8 pm Monday-Friday and all day Saturday and Sunday.	
Catholic Charities St. Lawrence Community Services Program.....	1-888-212-4357
This program focusses on financial education and building budget skills so households can become self-sustaining and financially independent. Rental assistance is considered during the case management process.	
American Red Cross	1-877-618-6628

HOMELESS/ TRANSITIONAL HOUSING

Couleecap	608-326-2463
www.couleecap.org	
<ul style="list-style-type: none"> • Transitional Supportive Housing ~ Provides limited term affordable housing to homeless individuals and households who need assistance in returning to independent living situations. Participants must be willing to work on self-sufficiency goals which include seeking stable housing, increasing their income, and increasing their access to mainstream resources. 	

- **New Hope Permanent Supportive Housing** ~ Provides permanent housing to families and/or individuals with disabilities who are homeless. Eligible persons are those currently in emergency shelter or living on the street. A case manager assists clients to develop goals and monitor progress toward self-sufficiency. Preference is given to those individuals and families for are chronically homeless.
- **Homeless Prevention Program** ~ Provides motel vouchers, security deposit, and first month's rent in Monroe, Vernon, and Crawford counties. Provides eviction prevention assistance in Crawford and Vernon counties. Individuals/families must be homeless or in danger of being evicted for lack of rent payment. Must show a *temporary* decrease in household income and the ability to maintain payments beyond assistance. Eligible participants must meet income eligibility guidelines of at or below 30% - 50% County Median Income in order to qualify for assistance. Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county.

LOW- INCOME RENTAL HOUSING

Rivercrest Village608-836-1152
 1007 E Wisconsin St Prairie du Chien, WI 53821
 Rivercrest Villages is a Family low income housing apartment subsidized by the federal government's HUD (Housing and Urban Development) Division.

Blackhawk Apartments608-326-8323
 695 E Blackhawk Ave Prairie du Chien, WI 53821

Prairie Village Apartments608-348-7755
 1605 E Wells St Prairie du Chien, WI 53821

Prairie du Chien Enterprises608-326-0004
 1505 E Wells St Prairie du Chien, WI 53821

Income-Based Housing:

Kickapoo Ridge/Crooked River Townhomes608-632-6512
 2 and 3 bedroom townhomes in Gays Mills for low income and market-rate households.

Allegiant Property Management(low income housing).....608-784-1381 or 888-393-3282
 412 3rd Street South, LaCrescent, MN 55947

Properties located at:

Hillview Apartments
 170 County Rd N, Wauzeka, WI 53826

Pheasant Run Apartments
 821 Dousman St., Prairie Du Chien, WI 53821

Winneshiek Apartments
 255 Main Street, Desoto, WI 54624

HOMEOWNERSHIP/ HOME REHABILITATION

Couleecap.....608-326-2463
<http://www.couleecap.org/>

- **Homebuyer Counseling**.....608-634-7826
 Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Counseling meets Fannie Mae requirements for accessing the First-Time Homebuyer Tax Credit. Fees may apply depending on income

- **Homeownership Programs**1-866-904-4508
Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available.
 - **Community Land Trust Homeownership**608-782-5520
Provides homebuyers the ability to purchase permanently affordable housing in select communities. Primarily new construction homes available for purchase at 50% - 60% of market prices. Buyers are required to participate in a shared-appreciation agreement as a condition of ownership.
 - **Owner-occupied Home Rehab Programs**608-632-6512
Helps low and moderate income homeowners rehabilitate their home. Focus is on rehabilitation that makes the home safe, sanitary, and energy efficient.
 - **Weatherization Program**608-352-9717 or 1-866-904-4508
Helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.
- Crawford County Housing Preservation Grants608-326-7333
www.prairieduchien-wi.gov/internal/community_development.htm
- Crawford County Housing Costs Reduction Initiative608-326-7333
www.prairieduchien-wi.gov/internal/community_development.htm
- WHEDA1-800-334-6873
www.wheda.com
- **For 1st-time homebuyers**
 - **No Equity Home Improvement Loan**
- USDA Rural Development608-935-2791
www.rurdev.usda.gov/wi
Low interest loans for 1st-time homebuyers, zero down payment, subsidized and guaranteed loans
- Catholic Charities St. Lawrence Community Services Program.....1-888-212-4357
First-time Homebuyer Education
- Bureau of Consumer Protection1-800-422-7128
- Landlord /Tenant Hotline.....1-800-422-7128
- Tenant Resource Center.....1-877-238-7368

LEGAL SERVICES

- Disability Rights Wisconsin.....1-608-267-0214
Toll Free: 800-928-8778; Fax: 608-267-0368; <http://www.disabilityrightswi.org>
131 W. Wilson St., Suite 700, Madison, WI 53703
- Catholic Charities Immigration Services.....1-888-212-4357
Offers direct legal assistance to all immigrants for naturalization, adjustment of status, immigration services under the VAWA program (Violence Against Women Act) and others immigration services.
- Legal Action of Wisconsin608-785-2809 or 1-800-873-0927
www.legalaction.org 205 5th Ave So., Suite 300, Box 2617, La Crosse, WI 54602-2617
Telephone Interview Hours: Tuesday and Thursday, 8:30 – 11:30 a.m.
Lawyers for Low-Income People – Help is FREE

Judicare.....715-842-1681 or 1-800-472-1638
www.judicare.org
 408 Third Street, Suite 408, P.O. Box 6100, Wausau, WI 54402-6100
 Provides legal services for cases involving bankruptcy, Social Security and SSI, family law, health, housing, income maintenance, wills and Indian law.

LIBRARIES

Call for Programs Offered and Hours Open

Desoto Public Library...(www.wrlsweb.org/desoto).....608-648-3593
 Call for program times
 Lynxville Library.....608-412-3184
 Call for program and hours
 Gays Mills Public Library(www.gaysmillslibrary.org).....608-735-4331
 PDC Memorial Library www.pdcpubliclibrary.org.....608-326-6211
 Call for program and hours
 Soldiers Grove Public Library (www.soldiersgrovelibrary.org).....608-624-5815

PARENTING EDUCATION AND SUPPORT

Crossing Rivers Health608-357-2138
 800 East Taylor St. Prairie du Chen, WI 53821

- **Car seat inspection and installation** – Crossing Rivers Health provides a certified car seat technician on staff to perform a car seat safety check, by appointment.
- **Safe Sitter**- teaches adolescent babysitters how to handle crises, how to keep their charges secure, and how to nurture and guide a young child. In short, Safe Sitter babysitters help children stay safe and sound while their parents are away. In the process, these 11- to 13-year-olds emerge as more confident, responsible and compassionate teens and adults.

UW-Extension608-326-0223

- **Love and Logic Parent Class**
 This six-week course helps families build a rewarding relationship built upon love and trust. Leave class knowing how to: stop arguing with your kids, set enforceable limits, help your kids learn from their mistakes, prevent the parent brain drain.
- **Strengthening Families Program 10-14**
 Parents and you ages 10-14 participate together in this seven week program. Each night includes a family meal and activities to encourage family bonding. Topics include rules and rule-breaking, what kids and parents need from each other, the challenges of friends, curfews, alcohol and more and keeping family love alive.
- **Parenting Resources** – Books, DVDs and more.
- There are many on-line parenting resources available under the Family Living link at <https://crawford.uwex.edu>

Crawford County Health and Human Services.....608-326-0248

- **Birth to 3 Program** - Wisconsin's early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child's development, don't wait! Contact your Crawford County Birth to 3 Program or your doctor for information.
- **Coordinated Services Team (CST) Initiative**- targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs.
- **Parent Education Referral Services**

PREGNANCY- RELATED PROGRAMS AND SERVICES

Crawford County Health & Human Services.....608-326-0229

- **Prenatal Care Coordination (PNCC)**- is a Medicaid and BadgerCare Plus benefit that helps pregnant women get the support and services they need to have a healthy pregnancy and a healthy baby. PNCC services include: Help getting the health care you need, personal support, information on good eating habits and health practices, and help finding needed services in your community
- **First Breath** - is a program that helps pregnant women in Wisconsin quit smoking. The program offers non-judgmental counseling and support, access to quit-smoking resources in Wisconsin and free gifts.
- **My Baby and Me**- is a program that helps Wisconsin women stop or significantly reduce their alcohol use during pregnancy. The program offers non-judgmental, client-centered counseling and support with pregnancy-specific educational materials and meaningful incentives.

Essential Health Clinic.....1-800-657-5177

- Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for one's health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay

Crossing Rivers Health.....608-357-2000

- **Childbirth Classes**608-357-2298
One day classes are held on Saturdays. Refresher courses may be scheduled. Call to register
- **Certified Lactation Consultant**608-357-2500

Catholic Charities Birth Parent Support.....1-888-212-4357

- Social workers available 24/7 to listen, discuss life options, and help parents through an uncertain time. Services are free and confidential. Questions may also be sent via text to 1-715-600-6391.

Coalition for Children Youth and Families..... 1-800-762-8063
6682 West Greenfield Avenue Suite 310 • Milwaukee WI 53214 www.wiadopt.org

Pregnancy Helpline of Boscobel..... 608.375.5339

409 E. Kansas St, Boscobel, WI 53805; ultrasoundPDC@gmail.com

Prairie du Chien Ultrasound Clinic....1201 S. Beaumont Rd, Prairie du Chien, ultrasoundpdc@gmail.com

All of our services are free and confidential. We offer limited ultrasounds, pregnancy testing, pregnancy counseling, Sophie's Closet (baby clothes, furniture and supplies), and a pregnancy resource lending library. Ultrasounds and pregnancy testing are offered at the Ultrasound Clinic location in Prairie du Chien on the 1st and 3rd Wednesday's of the month from 9a-12p and 3p-6p as well as other times by appointment. Drop-ins are welcome but appointments are encouraged

PUBLIC ASSISTANCE PROGRAMS

Medicaid and other Health Programs

The State of Wisconsin offers a number of health benefits programs for eligible children, individuals, and families.

For eligibility information, call Medicaid
Enrollment Services at (800) 291-2002 or go to access.wi.gov

BadgerCare Plus: health care coverage program for low- income Wisconsin residents.

Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Family Planning Only Services Program: provides certain family planning-related services to prevent unplanned pregnancies. This coverage is for both men and women. Covered services are limited to family planning and related services like testing and treatment of sexually transmitted diseases/infections (STDs/STIs).

Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Wisconsin Medicaid: plans for elderly, blind or disabled provide health care for those who are: Age 65 or older, blind or disabled; with family income at or below the monthly program limit, and; who are United States citizens or legal immigrants.

Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Medicaid Purchase Plan (MAPP): offers people with disabilities who are working or interested in working the opportunity to buy health care coverage through the Wisconsin Medicaid Program. Depending on an individual's income, a premium payment may be required for this health care coverage.

Your local agency: Crawford County Human Services at 608-326-0248 or dhs.wi.gov/em/customerhelp

Wisconsin Well Woman Program (WWWP): provides preventive health screening services to women with little or no health insurance coverage. Well Woman pays for mammograms, Pap tests, certain other health screenings, and multiple sclerosis testing for women with high risk signs of multiple sclerosis.

To apply for more information www.dhs.wisconsin.gov/womenshealth/wwwp

SeniorCare: Wisconsin's prescription drug assistance program for Wisconsin residents 65 or older who meet eligibility requirements. Contact the SeniorCare Customer Service Hotline at (800) 657-2038.

Supplemental Security Income (SSI): is a monthly cash benefit paid by the federal Social Security Administration (SSA) and state Department of Health Services (DHS) to people in financial need who are 65 or older or people of any age who are blind or disabled and residents of Wisconsin.

Apply by calling Social Security's toll-free number **(800) 772-1213**.

Internet address: <http://www.ssa.gov>

Report Public Assistance Fraud1-877-865-3432
<https://www.reportfraud.wisconsin.gov/>.

Health Insurance Marketplace

To purchase health insurance go to HealthCare.govor call 1-800-318-2596

Medicaid HMO Assistance

Most Medicaid plans require you to enroll in an HMO. Here is some information that can assist you.

Member Services.1-800- 362-3002
For HMO enrollment information and assistance with Forward Card replacement, SSI payments,
BadgerCare Plus information.

HMO Enrollment Services1-800 -291-2002
For assistance in choosing and enrolling in a Medicaid HMO

ABC for Health	1-800-585-4222
Health benefits counseling and legal services for children and families, especially those with special health care needs.	
152 W. Johnson St. Suite 206 Madison, WI 53703 www.abcforhealth.org	
Legal Action HMO Advocacy Program	1-414- 278-7722
HMO Ombudsman	1-800-760-0001
Community Advocates	1-414-449-4777

Crawford County-Area Medicaid HMOs

Each local HMO has an advocate that can help you if you are having a problem with your medical coverage. Ask for an “HMO advocate” when calling your HMO if you need extra assistance.

Anthem BlueCross BlueShield	1-855-690-7800 or 1-800-855-2880
Group Health Cooperative of Eau Claire	1-888-203-7770 or 715-552-4300; 1-800-947-3529 TDD
iCare	1-800-777-4376 or 1-800-947-3529 TDD
MHS Health Wisconsin	1-888-713-6180 or 1-800-446-6136
Network Health Plan	1-888-713-6180 or 1-800-446-6136
Quartz	1-800-362-3310 or 608-643-1421 TDD
United Healthcare Community Plan	1-800-504-9660; 1-800-947-6644 TDD

FoodShare / Child Care dhs.wisconsin.gov/foodshare

FoodShare program helps low-income families and individuals buy nutritious food.

Quest Card Customer Service	1-877- 415-5164
For questions or problems with your FoodShare card.	

Wisconsin Shares Child Care	608-326-0248
dwd.wisconsin.gov/dws/programs/childcare/wishares	

The Wisconsin Shares Child Care Subsidy Program is for low-income working families, families participating in the W-2 program, or teen parents who are attending school.

Wisconsin Works (W-2)

Workforce Connection	608-433-2775 (Prairie du Chien); 1-800-742-5627 (La Crosse); 1-888-418-9332; www.workforceconnections.org
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Wisconsin Works (W-2) replaced Aid to Families with Dependent Children (AFDC) in September, 1997. W-2 is based on work participation and personal responsibility. The program provides employment preparation services, case management and cash assistance to eligible families.

Under W-2, there is no entitlement to assistance. The program is available to low-income parents with minor children who meet eligibility requirements and who are willing to work to their ability. Each W-2 eligible participant meets with a Financial and Employment Planner (FEP), who helps the individual develop an employability plan.

SPECIAL NEEDS SERVICES AND PROGRAMS

Crawford County Health & Human Services608-326-0248

- **Birth to 3 Program** - Wisconsin's early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child's development, don't wait! Contact your Crawford County Birth to 3 Program or your doctor for information.
- **Children's Long-Term Support Waivers** - provide a structure within which Medicaid funding is available to support children who are living at home or in the community and who have substantial limitations in multiple daily activities as a result of one or more of the following disabilities: developmental disabilities, severe emotional disturbances, and physical disabilities. Funding can be used to support a range of different services that are identified based on an individual assessment of the child and his or her needs.
- **Children's Community Options Program** provides individual services and supports to families that include a child with severe disabilities. The program recognizes that meeting the needs of children who have severe disabilities may place hardships on a family's emotional, physical and financial resources. The program offers: information and help in finding services and maximizing community resources; limited funding to buy needed services and goods that can't be bought through other sources; help in linking families with other families to strengthen natural supports.
- **Coordinated Services Team (CST) Initiative**- targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs.

Katie Beckett Program608-397-8850

- **The Katie Beckett Program** is a special eligibility process that allows certain children with long-term disabilities, mental illness, or complex medical needs, living at home with their families, to obtain a Wisconsin ForwardHealth Medicaid card. The Katie Beckett Program Consultant is housed at The Parenting Place 1035 Riders Club Road Onalaska, WI 54650

Wisconsin First Step Hotline..... 1-800-642-7837
Statewide resource and referral hotline for parents of children with special needs from birth through age 21 and service providers; also a central directory for Statewide Birth to 3 programs.

Special Olympics.....1-800-222-1324 or 608-552-1324
Special Olympics Wisconsin (SOWI) is a statewide organization with provides individuals with intellectual disabilities year-round sports training and athletic competition. Individuals who are at least 8 years old and are identified as having an intellectual disability are eligible for participation.

Wisconsin Badger Camp, Inc.....608-348-9689
PO Box 723, Platteville, WI 53818 www.BadgerCamp.org
Badger Camp is a summer camp serving adults and children with developmental disabilities by providing quality outdoor recreational experiences. Badger Camp is located 10 miles south of Prairie du Chien.

Camp Courageous.....319-465-5916
PO Box 418, Monticello IA 52310 info@campcourageous.org
Camp Courageous of Iowa provides individuals with disabilities the opportunity to experience year-round recreational and respite care activities in a camp setting. The camp provides opportunities for social and personal growth within a supportive environment.

Opportunity Center608-326-6486
730 North State Street, Prairie du Chien, WI 53821 www.pdcopportunitycenter.org
The Opportunity Center provides real-work employment opportunities, skill development training, and socialization / communication activities for persons with disabilities.

Wisconsin Council of the Blind and Visually Impaired.....1-800-783-5213 or (608) 255-1166

Project Lifesaver of Crawford County-----Contact Crawford County Health & Human Services - 608-326-0248
A service to protect Crawford County residents at risk of wandering due to Alzheimer's Disease, Dementia, Autism, Down Syndrome, Brain Injury

TRANSPORTATION

Rides

Coulee Cab608-326-8888
LIFT - <http://swt-lift.org/>608- 930-2191
SMRT Bus1-877-444-6543
Regional Transit Bus for Southwest Wisconsin www.ridesmrt.com
Catholic Charities608-326-1616
Provides rides, based on volunteer availability.

Gas Vouchers

Salvation Army (Prairie du Chien Police Department)608-326-2421
Catholic Charities St. Lawrence Community Services Program.....608-326-1616
Offers SMRT bus passes or gas cards as available. Please call ahead for availability.

Vehicles

Couleecap Work-n-Wheels Program1-866-904-4508 or 608-326-2463
Provides zero interest vehicle loans & repair assistance to qualified low income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.
Aging and Disability Resource Center (ADRC) of Eagle Country <http://www.adrceagle.org/>1-877-794-2372
Prairie du Chien Office608-326-0235
225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;

- Offers transportation for residents age 60 and older to Senior Nutrition Sites, medical, shopping and social transportation trips. Contact ADRC for schedules.
- Offers transportation to elderly and disabled for shopping.

RESOURCES FOR THE AGING

Aging and Disability Resource Center (ADRC) of Eagle Country1-877-794-2372
<http://www.adrceagle.org/>
Prairie du Chien Office608-326-0235
225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;
<http://crawfordcountywi.org/adrc/index.htm>

- **Options Counseling for Long Term Care Services**
- **Elderly Nutrition Programs** (Meal sites, home delivered meals, nutrition intervention)
- **Elder Benefit Specialist**
- **Disability Benefit Specialist**
- **Dementia Care Specialist**
- **AARP Tax Aide**
- **National Family Caregiver Support Services**
- **Wellness and Prevention Programs**
- **Transportation**

Alzheimer's & Dementia Alliance of WI.....	608.723.4288 or 888.308.6251
support@alzisc.org ; alzisc.org	
Crawford/Grant/Richland County Regional Office	
PO Box 363, 8820 Hwy 35/61S	
Lancaster, WI 53813	
<ul style="list-style-type: none"> The Alzheimer's & Dementia Alliance of Wisconsin provides hope for people facing Alzheimer's or other dementia diagnosis through education, support and personalized guidance, to understand the disease, to learn how to continue living a satisfying and rewarding life, and to plan for the future. 	
Social Security Office	1-877-405-7841
175 W Alona Ln Lancaster, WI 53813	
Social Security Administration	1-800-772-1213
http://www.ssa.gov/	
Medicare Information and Resources	1-800-772-1213
http://www.medicare.org/	
Wisconsin Medicaid for the Elderly, Blind or Disabled	1-800-362-3002
https://www.dhs.wisconsin.gov/medicaid/index.htm	
Elder Abuse Hot Line	1-800-815-0015
Disability Drug Benefit Helpline (Medicare Part D).....	1-800-926-4862
Unity Adult Daycare (Opportunity Center)	608-326-6486
Drop in care for a wide range of individuals	
Community Health Services Campus (Prairie Maison ~ Bluff Haven ~ LaBatisse)	608-326-8471
700 South Fremont Street, Prairie du Chien, WI 53821	
Community Health Services Campus includes Prairie Maison is a Skilled Nursing Facility, Bluff Haven Assisted Living and Residence at Bluff Haven is a multi-care level assisted living apartment complex connected to Prairie Maison. La Batisse is an independent apartment complex with all the support and services from CHSC	
St. Peter Evangelical Lutheran	608-326-6411
Second 50 – A monthly social gathering of anyone 50 and older. Dates and times varies. Contact the church!	

VOLUNTEER OPPORTUNITIES

People Actively Linked with Students (PALS) Mentoring Program of Crawford County is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community –based portion provides volunteer opportunities for caring adults to commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement.

- Crawford County PALS Mentoring Coordinator.....608-326-0217

Clubs

- Seneca Lions Club---Pat Dearth, president, [608-279-2417---justcause15@hotmail.com](mailto:justcause15@hotmail.com)
- Prairie du Chien Lions Club---Carol Crusan, Secretary, [608-412-3184---carolcrusan@gmail.com](mailto:carolcrusan@gmail.com)

Opportunity Center/Sharing Spaces Kitchen & Greenhouse.....608-326-6486

ADRC of Eagle Country – Prairie du Chien Office608-326-0235

MISSION STATEMENT: To provide older adults and people with physical or intellectual/developmental disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices and to streamline access to the right and appropriate services and supports.

- Volunteers needed for office help, rides for elderly or disabled, help at nutrition sites, ect. Please contact the ADRC of Eagle Country – Prairie du Chien Office at 608-326-0235 to inquire about any volunteer activities.