



Dear Swamp Owl Students and Families,

We miss you ALL and hope that you are well. We are excited to begin our first full week of distance learning. One of the most unique things about Kenner Discovery is our school culture and our connected community. Our top priority throughout this uncertain and difficult time is to provide our community with stability, normalcy, and connectedness. We are planning many fun and engaging activities to keep you connected to us and to each other, while also focusing on continuity in teaching and learning. This week, we challenge our students and parents to participate in these fun activities as a community that shows HEART.

There are two ways you can keep connected to KDHSA when completing these challenges:

1. Upload pictures, videos, artwork, written responses to [Shared Album KDHSA CONNECT](#)
2. Email your pictures, videos, artwork, and written responses to [kdhsaconnect@discoveryhsf.org](mailto:kdhsaconnect@discoveryhsf.org)

Word of the Week: **HONOR**

**Honor: To regard or treat (someone or something) with admiration and respect.**

- March 23rd - 27th: Students can share a photo, written response, artwork, or video of how they have shown “Honor” this past week as well as how they will show “Honor” in the future through distance learning.

### **KDHSA Community Connections**

Monday: Make a video, write a description, draw a picture, or send pictures of your Distance Learning Workspace or doing the distance learning work.

Wednesday: Wellness Wednesday with Yoga Poses

- Send/share pictures or videos of you or your family members in the Yoga poses shared on KDHSA’s Online Learning Website [Mindfulness Videos](#)

Friday: Fun Friday Snack and KDHSA Spirit Shirt. Post a picture of you in a KDHSA shirt with your favorite healthy snack or a recipe of your favorite healthy snack.

With a Connected HEART,

Dr. Glaser, Ms. Preen and the AMAZING Admin Team K-12