



LMS Sports Information/Philosophy



Expectations of Coaches at LMS

1. Promote the health and safety of all student-athletes at all times. Create a safe environment.
2. Be a model of appropriate language, sportsmanship, and behavior and demand this of all team personnel.
3. Respect and dignify each student-athlete as an individual.
4. Establish time demands that acknowledge the primary importance of each student-athletes' academic and family responsibilities. Communicate these demands in a timely manner.
5. Promote among athletes and coaches a solid sense of team membership and exemplify the highest moral and ethical behavior.
6. Maintain an awareness of recent thinking and strategy in their specific sport.
7. Be available to parents at times that are mutually convenient and in alignment with the athletic department's parent/coach communication guidelines.
8. Work with school personnel, when appropriate, to advocate for the best interest of the student-athletes.
9. Understand the prioritization that all in-season sports take full precedence over any voluntary workouts for other sports or sport teams.
10. Adhere to all RSU #34 and athletic department policies at all times.

Expectations of Athletes at LMS

1. Be Academically eligible to participate.
2. Be loyal to his/her team, teammates, school, and coaches.
3. Attend all practices, games and/or meets. Acceptable absences from the above are illness, doctor appointments, students seeking academic assistance, and religious holidays. The school team is the athlete's priority. An athlete may not miss any school athletic activity as listed above to participate in a non-school athletic event (i.e. – Travel teams, AAU, Recreational teams, etc.). If absent or tardy students cannot participate in school games or practices on that day. Any extenuating circumstances should be referred to the Athletic Director.
4. Be expected to behave in an exemplary manner at all times whether at home or away games.
5. Treat opponents with respect and shake hands with opponents after contest.
6. Respect judgement of contest officials and abide by rules of the event.
7. Cooperate with officials, coaches, and fellow participants to conduct a fair contest.
8. Accept seriously the responsibility and privilege of representing LMS and the community at all times.
9. Uniforms are school property and their care shall be the responsibility of the student athlete. Uniforms must be clean, worn properly, and in their entirety at every game/meet. Uniforms are to be returned to the team coaches at the end of the sports season.
10. Follow all RSU #34 and LMS Athletic Policies.

Expectations of Administrators at LMS

1. Develop a program for teaching and promoting the ideals and fundamentals of good sportsmanship.
2. Provide appropriate supervisory personnel for each contest.
3. Support participants, coaches, and fans who teach and display good sportsmanship.
4. Recognize exemplary behavior and actively discourage undesirable conduct by the participants, coaches, and fans.
5. Be a role model for athletes, coaches, parents, and fans.

Expectations of Parents and Fans

1. Support your student athlete's efforts toward success.
2. Work to promote a positive environment that is conducive to the development of your student athlete.
3. Become familiar with, and review the team and athletic department rules and regulations with your student-athlete.
4. Communicate any concerns in a timely manner, according to LMS protocol.
5. Treat all coaching personnel, fans, and participants with courtesy and respect, and insist your student athlete does the same.
6. Make every effort to accompany your student-athlete to informational meetings offered by the coach and/or the athletic department.
7. Assure that your student-athlete will attend all scheduled practices and athletic contests.
8. Acknowledge and support the decisions of the coach to determine strategy and player selection.
9. Promote and model mature and sportsmanlike behavior at all athletic contests.
10. Attend as many contests as possible to show support for your child, the team, and the school.
11. Respect decisions made by contest officials.
12. Be an exemplary role model by positively supporting teams in every manner possible including cheers and signs.

Communication you should expect from your child's coach

1. Expectations the coach has for your child as well as all the players on the team.
2. Locations and times of all practices and contests.
3. Team requirements, i.e., practices, special equipment.
4. Any discipline action of your child that results in removal from participation.
5. When your child is injured during participation.
6. Procedures for contacting coaches

Issues not appropriate to discuss with coaches

1. Playing time of any student-athlete.
2. Team strategy, technique, practice-organization, or play selection.
3. Other student-athletes.

There are situations that may require a conference between the coach and the parent, and this is encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issues or concern.

Procedures to follow if there is a concern to discuss with a coach:

1. Please encourage your child to speak directly with the coach. Often, concerns can be resolved at this level.
2. Contact the coach to set up an appointment.
3. If the coach cannot be reached, contact the athletic director. He will assist you in arranging a meeting.
4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution of concerns.
5. If a meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation. At this meeting, the appropriate next step can be determined.

Communication that coaches should expect from parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance. If your child becomes involved in the programs of LMS, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. If this occurs, you are encouraged to contact your child's coach. Appropriate concerns to discuss with coaches:
 1. The treatment of your child.
 2. Ways to help your child improve.
 3. Your child's attitude, work ethic and eligibility.
 4. Concerns about your child's behavior.

You may become concerned that your child is not playing as much as you may hope. Coaches are professionals. They make decisions based on what they believe to be best for all students involved. Clearly, certain aspects of participation can and should be discussed with your child's coach. However, other issues are more directly the responsibility of the coach.

We are continually attempting to improve communication with the students and parents. For our program to be truly successful, it is necessary that everyone involved understand the direction the program is headed. We hope that understanding begins today.