



## LMS ATHLETICS

**ATHLETICS:** At Leonard Middle School all students are urged to consider participating in our athletic program. Without exception, all academically eligible students have equal opportunity to try out for a position on a sports team. A competitive team selection process exists in a majority of our sports with the remaining having a no-cut selection process.

**ATHLETIC REQUIREMENTS:** In order to participate in athletics, students must be academically eligible, have a sports physical on record as we only need one physical on file for their middle school career. Also, students must annually complete the **RSU 34 Athletic Department Permission to Participate** and **Health History Update** forms. Please visit our LMS home page at: <https://www.rsu34.org/o/lms> and click on Documents. Once on this page you will find the following information:

Athletic Schedules/Practice Times

Athletic Form A-B-C

LMS Athletic Information/Philosophy

\*\*Fall Sports

\*\*Cross Country

\*\*Field Hockey

\*\*Boys & Girls Soccer

Winter Sports

Boys Basketball

Girls Basketball

Cheering

Spring Sports

Baseball

Softball

Track & Field \*\*B/G Soccer

\*\*Be on the lookout for the offering of clinics for Soccer, Field Hockey and Cross-Country the two weeks before school.

EASTERN MAINE MIDDLE SCHOOL LEAGUE (EMMSL) IS COMPRISED OF: Brewer Community School, Doughty Middle School (Bangor), Cohen Middle School (Bangor), Reeds Brook Middle School (Hampden), Hermon Middle School, Ellsworth Middle School, Nokomis Middle School, & LMS.

If you have any questions regarding athletics, please contact Mr. Maxim at [dana.maxim@rsu34.org](mailto:dana.maxim@rsu34.org) or at 827-3900, ext. 1318.

