

DIGITAL RESOURCES

ACADEMIC

- [BrainPop](#)
- [KidsActivities.Com](#) (List of educational companies offering free subscriptions)
- [Amazing Educational Resources](#) (List of free educational resources)
- [Asking For Help In School](#)
- [Study Skills - Managing Your Time](#)
- [Thinking Skills + Video Games - Time Management](#)
- [Nearpod](#)
- [PBIS "RESPONSIBILITY" | Jeremy Anderson | School Speaker](#)
- [PBIS "Wise-Choices" | Jeremy Anderson | School Speaker](#)
- [26 Best Podcasts for Kids in Elementary, Middle, and High School](#)
- [30 Great Educational Netflix Shows](#)
- [35 Must-Watch TED Talks for Kids and Teens](#)

SOCIAL/EMOTIONAL

- [Character Strong Website](#)
- [Mindful Schools](#)
- [Body Scan for Kids](#)
- [Guided Breathing](#)
- [Mindful Breathing](#)
- [Stress Relief](#)
- [Newsela SEL](#)
- [Calm \(Free Meditation Resources\)](#)
- [Humble Warriors Yoga YouTube Channel](#)
- [Mental Health and Well-Being Resources for COVID-19 and School Closures](#)

COLLEGE AND CAREER

- [College + Career Readiness Video](#)
- [CareerOneStop](#)
- [Getting Into College - Info for Middle Schoolers and Families](#)
- [Education Planner - Career Clusters Activity](#)

