

The Bark of the Bulldog

March 2020

Edition VIII

RCS educators attend Raleigh technology conference

Five RCS educators, Melanie Winstead, Charis Shattuck, Kristin Davis, Macy Watts, and Alex Porter, recently attended the North Carolina Technology in Education (NCTIES) annual conference in Raleigh, NC. This conference provides educators and education leaders with ideas and best practices for implementing instructional technology effectively to improve teaching and learning. During the conference, Academic Coach, Melanie Winstead, presented a "Poster Session" titled "Envisioning Technology Options for Student Learning Paths," where she explained various technology options to better help teachers deliver differentiated assignments to students. Pictured is Winstead making her presentation.



Violence prevention resources available via Say Something

By Caroline Cates
RCS Reporter



Last week, Roxboro Community School (RCS) students watched the Say Something Video about speaking up if you know about an act of violence toward oneself or someone else.

Middle and high school are hard. Friends change, classes change, even you change. No matter what is bugging you, there is always someone you can talk to about it. You are worth it and if other people can't see that, that's their problem. If life seems sad you should always remember to talk to someone about these feelings you are having.

There are always people you can talk to and others who are in the same boat. If you are ever feeling this down, reach out, talk to your friends, your doctor, your parents, and even your teachers, because they all care deeply about you.

There are also many resources you can use and numbers you can call, like the National Suicide Prevention Lifeline at 1-800-273-8255 and IMAlive at 1-800-784-2433. You are beautiful and wonderful, so don't ever doubt it.

My trip to Wilmington, North Carolina

By Ariel Fryczynski
RCS Reporter



On the weekend of March 14-15, I went to Wilmington, for a small vacation. We got to stay on the Cape Fear River and enjoy the boardwalk.

On Friday, we spent the day eating at an Irish themed restaurant and relaxing at the hotel pool. Overall, it was a chill day since we just arrived at the hotel.

The next morning we woke up early to eat breakfast with a view of the waterfront. Although it was a little windy, the weather was great and we got to visit Carolina Beach.

While we were there we sat on the beach. My brother, his wife, and I found a swinging bench on the boardwalk by the beach. It was pretty busy because of St. Patrick's Day, so we were lucky to find a nice seat at the beach.

There were a lot of shops on the boardwalk and a gelato place. My sister-in-law and I got some really good gelato and continued to enjoy the beautiful weather.



When we got back to the hotel from the beach, my parents and I went out shopping. There was an old cotton mill like RCS that was filled with shops. It was called the Cotton Exchange and had a lot of small businesses of candles and clothing. I was able to buy a t-shirt and some wax melts.

Sunday was the day we left and it was sadly time to go. We spent the last little bit of time left to eat breakfast in the same spot as before.

This trip was fun and brought back many memories. My family and I used to go every year for mine, my brother's and my grandmother's birthdays.

If you have the chance to visit Wilmington, it is a great experience and worth it. The U.S.S North Carolina is located there along with a lot of historical places. It is a beautiful city with many things to do.

Another successful year at ninth RCS Variety Show

The ninth annual RCS Variety Show, held March 6 and 7, was another success, according to band teacher Eric Swanson. "I thought the students did a great job with the show this year. It was very entertaining and everyone who attended had a really good time," he said.

Swanson said that all of the proceeds from this year's variety show will be going to the recent purchases of new flugelhorns for the RCS band. Last year the funds went toward the purchase of a new keyboard.



Sadie Satterfield and Emma Puett sing a duet during the ninth annual RCS Variety Show.



The RCS Jazz Band performs at March 6-7 Variety Show.