

# Recommended Schedule For Students In 6-8

## During COVID-19 Closure

**Primary Resource \* \*\* \*\*\***

**Click here: [Study Island](#)**

**\*Some teachers may use suggested google classroom as well with students.**

**\*\*Email suggested tasks from teachers.**

**\*\*\*Remind app suggested tasks from some teachers.**

- 8:00-9:00 Wake Up/Breakfast/Get Dressed/Free Time
- 9:00-9:30 Learning Time – Math
- 30 minutes of Math Activities
    - Click here: [Study Island](#) – Math
- 9:30-10:00 Learning Time – Science
- 30 minutes of Science Activities
    - Click here: [Study Island](#) - Science
- 10:00-11:00 Free Time & Physical Activities (Stay healthy and active!)
- Click here: [SPARK Home Resources for K-12 PE](#)  
Visit the Physical Activities link (Updated daily)
  - Click here: [VVISD Online Resources Educational Enrichment Page](#)
- 11:30-12:30 Lunch and Free Time (VVISD is offering Grab-n-Go lunches – Pick up behind OHMS)
- 12:30-1:00 Independent Reading (Use your own books or ebooks from online sites)
- Click here: [Capstone](#) (Interactive Library)
  - Click here: [Overdrive](#)
- 1:00-1:30 Learning Time – Reading
- Click here: [Study Island](#) - Reading or
  - Click here: [Scholastic](#)
- 1:30-2:30 Free Time – Art and Music Activities
- Click here: [Art Activities](#)
  - Click here: [Music Activities](#)
- 2:30-3:00 Learning Time – Social Studies
- Click here: [Study Island](#) - Social Studies or
  - Click here: [Time For Kids](#) or
  - Click here: [National Geographic for Kids](#)
- 3:00-3:30 Free Time/Relax