

Sharon Middle High School



Weekly Happenings

May 8-12, 2023

Academic Announcements

Tutoring is available for any student in need of extra help. Tutoring is offered before school from 7:00–8:00 AM and after school from 3:00–4:00 PM with a certified teacher from each core content area. Tutoring is open to ALL students in grades 7–12. Student athletes and club members are encouraged to attend tutoring. For those students in athletics or clubs – eligibility is run every Friday at 10:00 AM. Students are asked to check with their coach or club advisor for their updated eligibility.

The tutoring schedule for May is posted on the Sharon City School District website (www.sharonsd.org). Click on SCHOOLS and choose Sharon High School or Sharon Middle School. Click on the orange tab that says "M/HS Tutoring Schedule." The schedule is also available on the last page of Weekly Happenings.

IF YOU ARE COMING IN FOR AM TUTORING, PLEASE REPORT TO THE MAIN ENTRANCE ON THE CASE AVENUE SIDE OF THE BUILDING. THE TEACHER RESPONSIBLE FOR TUTORING WILL OPEN THE DOORS. IF YOU ARRIVE AFTER 7:05 AM, YOU WILL NOT BE ABLE TO GET IN UNTIL 7:20 AM.

Wednesday After-School Detention

If your child is assigned a Wednesday After-School detention, he/she must arrive with work. Students will not be permitted to go through the building to access their lockers during Wednesday After-School detention. If students do not arrive with work, they will be sent home. Wednesday After-School detention dates are posted on both the high school and middle school websites and on the front doors of the building. Detention runs from 3:30 PM to 5:30 PM. Students must be on time.

Upcoming Wednesday After-School Detention Dates:
May 10 & 24

STUDENT AND STAFF INTEGRITY SHOUT-OUTS!

DO YOU KNOW SOMEONE WHO DISPLAYS INTEGRITY EVERY DAY? DID ANOTHER STUDENT, A TEACHER, OR STAFF MEMBER DO SOMETHING THAT DESERVES RECOGNITION? LET THAT PERSON KNOW YOU APPRECIATE THEM! GIVE THEM A SHOUT-OUT!



WE ARE ONCE AGAIN RECOGNIZING THOSE WITH THE STUDENT & STAFF SHOUT OUT BOARD. YOU'LL FIND THIS BOARD GOING UP THE RAMP FROM THE CAFETERIA. IF YOU WOULD LIKE TO GIVE A SHOUT-OUT, ASK YOUR TEACHER FOR A FORM THEN DROP IT OFF TO MRS. BLAIR IN THE OFFICE OR MS. ARGENZIANO IN ROOM 113. YOU CAN ALSO EMAIL DR. RICHARDS YOUR SUBMISSION AT BRANDON_RICHARDS@SHARONSD.ORG. DON'T FORGET TO CHECK OUT THE SHOUT OUT BOARD IN THE HALLWAY - YOU MIGHT BE UP THERE!

Algebra Keystone Tutoring

for Anyone Taking the Algebra Keystone in May

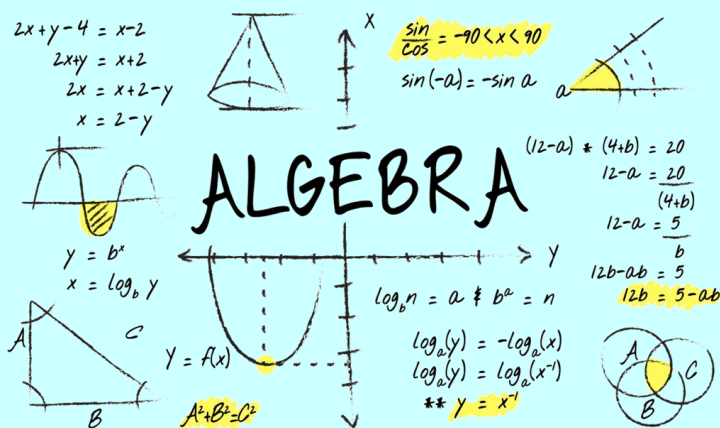
Every Wednesday after school

from 3:00 P.M. to 4:00 P.M.

in Room 107 for 6 Weeks

Starts April 12, 2023 – Ends May 17, 2023

Open to Both Middle and High School students



PSSA TESTING

SCIENCE (GRADE 8 ONLY): MAY 10 & 11

GRADE 7 HAS REGULAR CLASSES
FROM 8:00 A.M. UNTIL 10:30 A.M.
BAG LUNCH PROVIDED

GRADE 8 TESTS FROM 11:50 AM–2:20 PM
LUNCH SERVED AT 11:10 AM

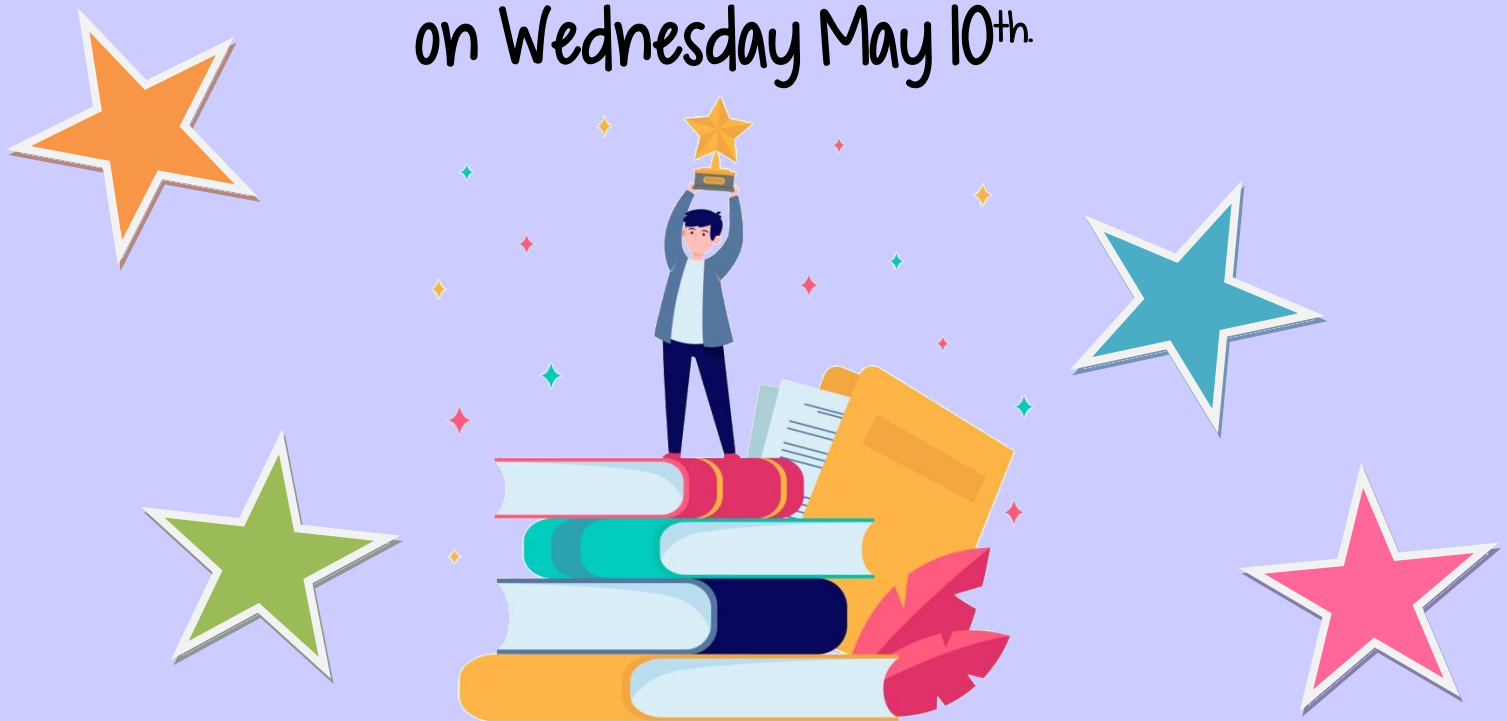
Teacher Appreciation Week

"A good education can change anyone.
A good teacher can change everything!"
-Unknown

The Sharon High School Student Council
would like to wish all of the teachers and staff a
Happy Teacher Appreciation Week!

Thank you for all that you do to make
Sharon Middle High School a better place.

As a token of our appreciation, the Student Council is
funding an ALL STAFF dress down day
on Wednesday May 10th.



A Google Classroom is available to any student who needs to retake the **Biology Keystone Exam**; in this classroom you will find review packets, videos, and games.

Please contact Mrs. Kytchak, or your current science teacher, with questions. The classroom code is:

6cpc77v



Middle School Student Council
sponsored a rock painting class on Thursday, May 4.

Look for a rock out in the community!



IALAC 2023

(I Am Lovable and Capable)

Tues., May 30 & Weds., May 31, 2023

Kon-O-Kwee Spencer YMCA



THE 10TH GRADE CLASS WILL BEGIN SELLING
DAFFIN'S CANDY BARS
AT THE END OF NEXT WEEK
AS THE MAJOR FUNDRAISER FOR IALAC.



Attention 7th & 8th Grade Girls

Girls' Night Out Thursday, May 18, 2023

**Yoga, Crafts, Cooking, Name That Tune,
Healthy Relationships Discussion, Food, and
Prizes!**

FUN!

FELLOWSHIP!

FOOD!



FREE!

**Permission slips
are available outside of room 109**

**Permission Slips must be returned
NO LATER than May 15, 2023**

Sharon Middle High School Music Department Presents:

**MS Band and Orchestra Concert
Tuesday, May 9, 2023 at 7:00 at SHS**

**HS Band and Orchestra Concert
Wednesday, May 10, 2023 at 7:00 at SHS**



**MS Choir Concert
Wednesday, May 24, 2023 at 7:00 at SHS**

**HS Choir Concert
Thursday, May 25, 2023 at 7:00 at SHS**



Leary Studio Prom and Dance Price List



PACKAGE A

2 - 5x7's
4 WALLETS

\$16.00

PACKAGE B

2 - 8x10's
2 - 5x7's
8 WALLETS

\$26.00

PACKAGE C

2 - 8x10's
4 - 5x7's
12 WALLETS

\$32.00

PACKAGE D

2 - 8x10's
4 - 5x7's
4 - 4x5's
16 WALLETS

\$40.00

ADD ON TO PACKAGE

4x5 \$5.00 EACH
5x7 \$8.00 EACH
8x10 \$10.00 EACH
4 WALLETS \$4.50

Instructions

1. Fill out form below.
2. Decide on which packages and Add Ons you would like.
3. Fill out order form and Total Due amount.
4. Enclose exact amount in envelope, cash or check.
5. Have your child give their envelope to the photo assistant on picture day.
6. Contact Leary Studio at 724-588-6370 with any questions.
7. Please make checks payable to **Leary Studio**.

Student's Name: _____
Parent's Name: _____
Address: _____
City: _____ State: _____ Zipcode: _____
Phone Number: _____
Email Address: _____

Qty.	Package/Item	Item Amount	Total Amount
Total Due: _____			

Please complete the information below if paying with a debit/credit card.
Charges on your statement will appear as Leary Studio.

Card #

Amount \$ _____

Expiration: ____/____

Security Code (3 digits, back of card): _____

Congratulations

**to the High School track team on their performance
this past weekend at the Northeast Invitational.**

**Leading the way for the Tigers was Ondrea Young. She
placed 1st in the 400, 2nd in the 100 hurdles, 3rd on the 100
meter dash and 4th in the 300 hurdles.**

Delani Berkson placed 1st in the disc throwing a PR of 115-01.

**Camryn Baker placed 3rd in the triple jump and 5th in the
long jump.**

**Willow Phillips placed 6th in the high jump and 7th in the
triple jump.**

Megan Messina placed 5th in the 3200.

**Jasmine McGee placed 6th in the 400 running a PR of
1:06.86.**

Ondrea Coleman Tubbs placed 3rd in the shot.

Niyonna Amos placed 7th in the Shot.

**Bryton Wilson placed 3rd in the high and triple jump and 5th
in the long jump.**

**Kare'mez Norris placed 3rd in the 400 running a district
qualifying time of 54.27 and he placed 3rd in the 300
hurdles.**

Judah Abram placed 5th in the 100 and 400 meter dashes.

Jayveerh White placed 2nd on the 100 dash.

Justin Sims placed 5th in the 3200 running a pr of 11:11.21.

Nick Schimp placed 5th in the shot.

Bryson Roberson placed 4th in the javelin.

Gianni Norris PR'd in the 300 hurdles.

Garret Hoffman PR'd in the 800.

Grace Schuster PR'd in the 1600.

The boys 4x100 relay of Judah, Kare'mez, Terrian White and Jayveerh placed 3rd.

The mixed relay team of Judah, India and Jasmine McGee and Kare'mez placed 3rd running 4:11.16.

The girls 4x100 team of Jasmine, Ariana Chapman, Camryn and India placed 4th running 58:52.

Way to go Tigers!

We are back in action Tuesday at Hickory and again on Thursday at Grove City for Regions!



Congratulations

to the Middle School Track Team on their performance
on Thursday, May 4 at the JR High Championships at Greenville.

Leading the way for the Tigers was Amelia Fromm. She placed 1st in the High Jump, 1st in the 800 running a PR of 2:43.45 and 1st in the 1600 running a PR of 5:58.09.

Maeve Fertig placed 1st in the 800 running a PR of 2:36.55 and 2nd in the 1600.

Maddy Vogan placed 1st in the 100 and 2nd in the 400.

Alijah Lowery placed 1st in the 100 hurdles running a PR of 18.30, 5th in the 100 and 8th in the long jump.

Ali Elliott placed 3rd in the 800 and 4th in the 1600.

Marihanha Powell placed 3rd in the 300 hurdles running a PR of 59.89 and 8th in the 100 hurdles.

Evy Brown placed 3rd in the 400 meter dash.

Hana Abuali jumped a PR in the long jump.

Sal Donatelli placed 2nd in the 110 and 300 hurdles.

Cyleim Smith placed 4th in the 110 hurdles and the 1600 meter dash and 5th in the 800 meter dash.

Key'voughn Fair placed 5th in the 300 hurdles with a PR of 51.64.

Matthew Schimp placed 8th in the shot throwing a PR of 32-05.

Christian Dillon and Vincent Calla ran PR's in the 1600 .

Shout out to Avynn Williams, Addyson Steklachich, Andy Sokol and Deandre Chambers on their Awesome efforts this season!

Great job Tigers!



On April 26th, members of the Sharon High Spanish Club spent some “Tiempo en la Cocina” (time in the kitchen) at Thyme in Your Kitchen in Downtown Sharon.

Chef Garron Birdsall instructed a group of 6 students on how to make Paella Española and Churros Auténticos. Paella is a traditional Spanish dish that has ancient roots, but its modern form originated in the mid-19th century the east coast of Spain adjacent to the city of Valencia. Types of paella include Valencian paella, vegetable paella, seafood paella, and mixed paella, among many others. At Thyme in Your Kitchen, the SHS students learned how to correctly dice onions, tomatoes and garlic for use in a “sofrito” sauce. They also learned how to make “chorizo,” which is a spicy Spanish sausage.

Churros, strips of fried dough, are eaten throughout Spain and Portugal, as well as in the Philippines Latin America, and the Southwestern United States. They can either be thin, and sometimes knotted, or long and thick. Churros are normally eaten for breakfast or as an afternoon snack, and are dipped in hot chocolate, dulce de leche (a type of caramel sauce) or cappuccino. Cinnamon sugar is often sprinkled on top.

Many of the students participating in the class had never eaten paella, and they were surprised at how the flavors of the vegetables, chicken and chorizo blended together so well. Likewise, the churros disappeared almost as soon as they came out of the deep fryer.

According to Claire Bodien, a sophomore and 3rd year member of the Spanish Club, everything was, “¡Excelente! ¡Muy delicioso!” The other students concurred, and they can’t wait to go back and learn more from Chef Garron!



If you are at least 15 years old, a good swimmer, want to make money, AND possibly save a life, then lifeguarding class is for you!

If you are interested in signing up for the lifeguarding class, it will be offered next year.

If you want more information,
please see or email Mrs. Pratt at
nickol_pratt@sharonsd.org



Sharon First United Methodist Church's
Samaritan's Closet
is open on the 1st and 3rd Thursday of each month
from 11:00 A.M. to 1:00 P.M.

SHARON HIGH,



YOU KNOW!

Be a Fit Kid

Being fit is a way of saying a person eats well, gets a lot of physical activity (exercise), and has a healthy weight. If you're fit, your body works well, feels good, and can do all the things you want to do, like run around with your friends.

People who care (parents, doctors, teachers, and others) want to know how to help kids be more fit. Some parts of this are up to parents — such as serving healthy meals or deciding to take the family on a nature hike. But kids can take charge too when it comes to their health.

Here are 5 rules to live by, if you're a kid who wants to be fit. The trick is to follow these rules most of the time, knowing that some days (like your birthday) might call for cake and ice cream.

1. Eat a Variety of Foods

You may have a favorite food, but the best choice is to eat a variety. If you eat different foods, you're more likely to get the nutrients your body needs. Taste new foods and old ones you haven't tried for a while. Some foods, such as green veggies, may taste better the older you get.

Try for at least 5 servings of fruits and vegetables a day — 2 fruits and 3 vegetables. Here's one combination that might work for you:

- at breakfast: ½ cup (about 4 large) strawberries on your cereal
- with lunch: 6 baby carrots
- for a snack: an apple
- with dinner: ½ cup broccoli and 1 cup of salad



2. Drink Water & Milk

When you're really thirsty, water is the best thirst-quencher. And there's a reason your school cafeteria offers cartons of milk. Kids need calcium to build strong bones, and milk is a great source of this mineral. How much do kids need? If you are 4 to 8 years old, drink 2½ cups of milk a day. If you're 9 or older, aim for 3 cups of milk per day. You can mix it up by having milk, fortified soy milk, and some other calcium-rich dairy foods.

Here's one combination:

- 2 cups (about half a liter) milk or soy milk
- 1 slice cheddar cheese
- ½ cup (small container) of yogurt

If you want something other than milk or water, it's OK to drink 100% juice once in a while, but no more than 1 cup a day. Don't drink sugary drinks, like sodas, juice drinks, and sports drinks. They contain a lot of added sugar. Sugar just adds calories, not important nutrients.

3. Listen to Your Body

What does it feel like to be full? When you're eating, notice how your body feels and when your stomach feels comfortably full. Sometimes, people eat too much because they don't notice when they need to stop eating. Eating too much can make you feel uncomfortable and can lead to unhealthy weight gain.

4. Limit Screen Time

What's screen time? It's the amount of time you spend watching TV or videos, playing video games (console systems or handheld games), and using a smart phone, tablet, or computer. The more time you spend on these sitting-down activities, the less time you have for active stuff, like basketball, bike riding, and swimming. And you may not get enough sleep if you spend too much time with a screen before bed. Try to spend no more than 2 hours a day on screen time, not counting using the computer for school and educational activities.

5. Be Active

One job you have as a kid — and it's a fun one — is that you get to figure out which activities you like best. Not everyone loves baseball or soccer. Maybe your passion is karate, or kickball, or dancing. Ask your parents to help you do your favorite sports and other activities. Find ways to be active every day, like playing outside. You might even write down a list of fun stuff to do, so you can use it when your mom or dad says it's time to stop watching TV or playing computer games!

Speaking of parents, they can be a big help if you want to be a fit kid. For instance, they can stock the house with healthy foods and plan physical activities for the family. Tell your parents about these five steps you want to take and maybe you can teach them a thing or two. If you're a fit kid, why shouldn't you have a fit mom and a fit dad?

Dear Parents and Students:

Listed below are the dates, times and locations for the Advanced Placement Exams scheduled for the weeks of May 1 to May 12, 2023. This information is also being made available to the students in the various Advanced Placement Classes.

As has been the custom in previous years, students are required to report only for the testing. If the test takes place in the morning, the students need not stay for their afternoon classes, and vice-versa, if the test is in the afternoon, students need not report for their morning classes. However, they always have the option of reporting to classes before or after the tests if they so desire. Students must follow the dress code if they are reporting to classes before or after the test.

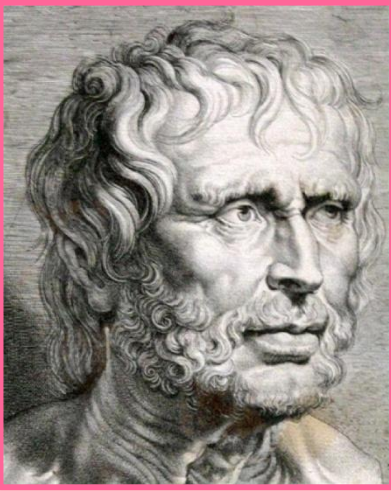
Because these tests are timed, students must report promptly at the starting times listed below. The ending times are approximate, not exact. Students will not be admitted once the test has begun. Students should bring the following items to the examination: several #2 pencils, a pen, and a calculator for the calculus, physics and chemistry exams. Students are not permitted to have cell phones, PDA's, blackberry smart phones, smart watches, mp3 players, ipods, or any other electronic communication device in the testing rooms. These devices will be collected and placed in bags in the front of the room. Any violation of the AP exam policy will result in a cancellation of your score and possible disciplinary action.

Sincerely,
Amy Croach

<i>ADVANCED PLACEMENT TEST SCHEDULE - MAY, 2023</i>				
DATE	TIME	TEST	LOCATION	# OF STUDENTS
Monday, May 1	7:45 am to 11:45 am	Government	314	9
	11:45 am to 3:45 pm	Chemistry	314	5
Wednesday, May 3	7:45 am to 11:45 am	English Literature	314	10
Monday, May 8	7:45 am to 11:45 am	Calculus AB and BC	314	16
				3
Tuesday, May 9	7:45 am to 11:45 am	English Language	314	11
Thursday, May 11	7:45 am to 11:45 am	World History	Library	27
	11:45 am to 3:45 pm	Physics	314	1
Friday, May 19	11:45 am to 3:45 pm	Government - Late Testing	314	3

Lead your day with our goals from Rachel's Challenge:

1. Look for the best in others
2. Dream big
3. Choose positive influences
4. Speak with kindness
5. Start your own chain reaction



*"Wherever there
is a human
being, there is
an opportunity
for kindness."
— Seneca*

Attention All Students:

Have you seen the FOR Club's page on Instagram? If not, follow us! Our page is called Sharon Compliments! Jump on and see who inspires us to be kind every day!

Attention all students:

Do you want to help spread kindness in our school and community? Join the FOR Club!

Do you want to encourage others to live by our goals from Rachel's Challenge? Join the FOR Club! Do you want to help make a chain reaction?

Join the FOR Club!

FOR Club Needs Members!

Sign up for the FOR Club today! If you don't have our app yet, look for the FOR Club Remind App, informational posters on the walls in the hallway to tell you how to join our app, or see Dr. Richards today! Students can also join our Google Classroom and get all the latest information on our projects! Use code: 22prtzbz to join today!

The Pawsitive Pantry

The Sharon Middle/High School along with the Friends of Rachel Club is proud to announce the **GRAND OPENING** of our Pawsitive Pantry!

This site is open to all Sharon Middle/High School students in need.

The pantry is located on the 3rd floor in room 312. We are currently operating on a referral basis until all collaborations are in place. If you have a friend or you, yourself are in need please see Mrs. Fox in the nursing office. Any questions can be directed to Mrs. Fox, via email. Donations are welcome.

Lisa_Fox@sharonsd.org

Some available food items include non-perishable canned goods, tuna, breakfast items, soups, canned fruit, pasta and pasta sauce and granola bars.



We also have available as needed hygiene supplies such as soap, shampoo, toothbrush/toothpaste, feminine hygiene products and deodorant.

ATTENTION

ALL STUDENTS AND STAFF:

**COME CHECK OUT MORNING PRAYER
ON MONDAYS AT 7:45 A.M. IN THE GYM**

**IT'S A SPECIAL TIME WHERE STUDENTS AND
STAFF COME TOGETHER IN A MOMENT OF UNITY**

EVERYONE IS WELCOME!



**Chess Club meeting
Thursday, May 10, 2023
at 3:00 P.M.
in the LIBRARY**

**Any student interested in
joining**

Teen Institute

**Stop by room 303
between 7:30 P.M.-3:00 P.M.**

or contact

**Mr. Whalen at
jeremy_whalen@sharonsd.org**

Any student interested in joining

STUDENTS FOR CHARITY:

Stop by Room 313 or contact
Ms. Sandine at melinda_sandine@sharonsd.org



Upcoming Tiger Tuesdays:
May 9 & 23

CLOTHING CLOSET OBLIGATION PRICE LIST

If you borrow clothing and do not return it you
will owe the following amounts:

T-shirts - \$5.00

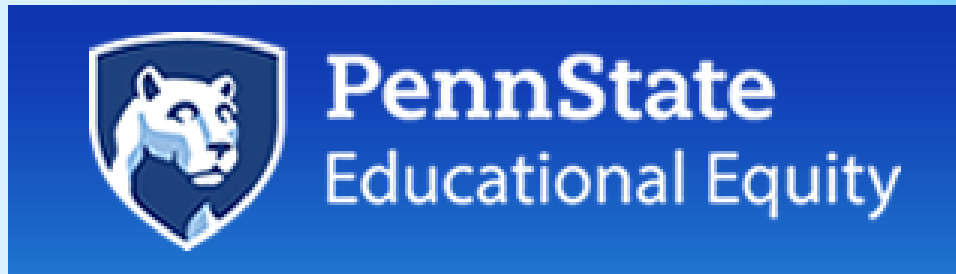
Pants - \$10.00

Sweatshirt - \$15.00



What is the Talent Search Program?

Talent Search is one of the Federal TRIO Programs dedicated to assisting high school students in furthering their education.



Our counselors work with over 2,000 Pennsylvania middle and high school students a year to provide services, information, and guidance for your education after high school.

Who is eligible to receive services?

Talent Search is primarily available to students who are from low-income households, and whose parents did not go to college, but anyone can apply.

To complete an application, you will need the following information:

- Your family's current financial information (No requirement to provide documentation.)
- Are you a U.S. citizen, permanent resident, or in the process of applying for citizenship?
- Do you want to attend college or get a certification after high school?

For more information or to sign up,
see Ms. Graham-Jones in the main office!

Are you, or someone you know,
in need of food assistance?
These organizations can help!

Community Food Warehouse
Monday-Friday
7:30 AM - 3:30 PM
724-981-0353

St. John's Episcopal Church
Pick up lunch
Saturday only
11:00 AM - 1:00 PM
226 W. State Street, Sharon

Prince of Peace
Soup Kitchen
Monday and Wednesday
2:00 PM - 4:00 PM
502 Darr Avenue, Farrell
724-346-5777

Joshua's Haven
Daily Dinner at 5:30 PM
1230 Stambaugh Avenue, Sharon
724-983-0304

Any student in grades
7-9 interested in
joining
C.O.O.L.
can pick up an
application in the
main office!

Any male student in grades 9-
12 wishing to join the Hi-Y club
and help with this year's blood
drives, please sign up in room
303 anytime between
7:30 AM - 3:00 PM or
email Mr. Whalen
jeremy_whalen@sharonsd.org

SPRING ATHLETIC EVENTS

MAY 8-12, 2023

[HTTPS://SHARON.BIGTEAMS.COM/](https://sharon.bigteams.com/)



Baseball

Boys' Varsity

- Monday 5/8 Away vs. Slippery Rock at 7:00 PM
- Wednesday 5/10 Home vs. Hickory at 4:00 PM
- Thursday 5/11 Home vs. Reynolds at 4:00 PM

Boys' Junior Varsity

- Monday 5/8 Away vs. Slippery Rock at 5:00 PM
- Wednesday 5/10 Home vs. Hickory at 6:00 PM

Boys' Middle School

- Monday 5/8 Away vs. Mercer at 4:15 PM
- Tuesday 5/9 Home vs. Wilmington at 4:00 PM
- Wednesday 5/10 Away vs. Lakeview at 4:15 PM
- Friday 5/12 Home vs. Rocky Grove at 4:00 PM

Softball

Girls' Varsity

- Monday 5/8 Away vs. Titusville at 4:00 PM
- Wednesday 5/10 Home vs. Slippery Rock at 4:00 PM

Girls' Junior Varsity

- Monday 5/8 Away vs. Titusville at 5:45 PM



Tennis

Boys' Varsity

- Wednesday 5/10 District Doubles Tournament - AA 10:30am & AAA 12pm. Championship Finals to follow on same day

CoEd Track

Varsity

- Tuesday 5/9 at Hickory at 4:00 PM
- Thursday 5/11 County Invite at Grove City - Time TBA



May Tutoring Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
1 AM PM Stahl ENG (109) McGee SS (224)	2 AM O'Brien SS (217) PM	3 AM Kytchak SC (317) PM Steen SC (316)	4 AM PM Miller ENG (203) Richards M (104)	5
8 AM PM Stahl ENG (109) McGee SS (224)	9 AM O'Brien SS (217) PM	10 AM Kytchak SC (317) PM Steen SC (316)	11 AM Kytchak SC (317) PM Miller ENG (203) Richards M (104)	12
15 AM PM McGee SS (224)	16 AM O'Brien SS (217) PM	17 AM Kytchak SC (317) PM Steen SC (316)	18 AM PM Miller ENG (203) Richards M (104)	19
22 AM PM Stahl ENG (109) McGee SS (224)	23 AM O'Brien SS (217) PM	24 AM Kytchak SC (317) PM Steen SC (316)	25 AM PM Miller ENG (203) Richards M (104)	26
29 NO SCHOOL	30 AM O'Brien SS (217) PM	31 AM Kytchak SC (317) PM Steen SC (316)		

M = MATH SC = SCIENCE
SS = SOCIAL STUDIES ENG = ENGLISH

- Eligibility is run every Friday at 10:00 AM
- Please check with your coach or advisor for your updated eligibility
- Tutoring is open to ALL students