



Sharon Middle High School

Weekly Happenings

April 17-21, 2023

Academic Announcements

Tutoring is available for any student in need of extra help. Tutoring is offered before school from 7:00-8:00 AM and after school from 3:00-4:00 PM with a certified teacher from each core content area. Tutoring is open to ALL students in grades 7-12. Student athletes and club members are encouraged to attend tutoring. For those students in athletics or clubs - eligibility is run every Friday at 10:00 AM. Students are asked to check with their coach or club advisor for their updated eligibility.

The tutoring schedule for April is posted on the Sharon City School District website (www.sharonsd.org). Click on SCHOOLS and choose Sharon High School or Sharon Middle School. Click on the orange tab that says "M/HS Tutoring Schedule." The schedule is also available on the last page of Weekly Happenings.

IF YOU ARE COMING IN FOR AM TUTORING, PLEASE REPORT TO THE MAIN ENTRANCE ON THE CASE AVENUE SIDE OF THE BUILDING. THE TEACHER RESPONSIBLE FOR TUTORING WILL OPEN THE DOORS. IF YOU ARRIVE AFTER 7:05 AM, YOU WILL NOT BE ABLE TO GET IN UNTIL 7:20 AM.

Wednesday After-School Detention

If your child is assigned a Wednesday After-School detention, he/she must arrive with work. Students will not be permitted to go through the building to access their lockers during Wednesday After-School detention. If students do not arrive with work, they will be sent home. Wednesday After-School detention dates are posted on both the high school and middle school websites and on the front doors of the building. Detention runs from 3:30 PM to 5:30 PM. Students must be on time.

Upcoming Wednesday After-School Detention Dates:
April 26

STUDENT AND STAFF INTEGRITY SHOUT-OUTS!

DO YOU KNOW SOMEONE WHO DISPLAYS INTEGRITY EVERY DAY? DID ANOTHER STUDENT, A TEACHER, OR STAFF MEMBER DO SOMETHING THAT DESERVES RECOGNITION? LET THAT PERSON KNOW YOU APPRECIATE THEM! GIVE THEM A SHOUT-OUT!



WE ARE ONCE AGAIN RECOGNIZING THOSE WITH THE STUDENT & STAFF SHOUT OUT BOARD. YOU'LL FIND THIS BOARD GOING UP THE RAMP FROM THE CAFETERIA. IF YOU WOULD LIKE TO GIVE A SHOUT-OUT, ASK YOUR TEACHER FOR A FORM THEN DROP IT OFF TO MRS. BLAIR IN THE OFFICE OR MS. ARGENZIANO IN ROOM 113. YOU CAN ALSO EMAIL DR. RICHARDS YOUR SUBMISSION AT BRANDON_RICHARDS@SHARONSD.ORG. DON'T FORGET TO CHECK OUT THE SHOUT OUT BOARD IN THE HALLWAY - YOU MIGHT BE UP THERE!

Algebra Keystone Tutoring

for Anyone Taking the Algebra Keystone in May

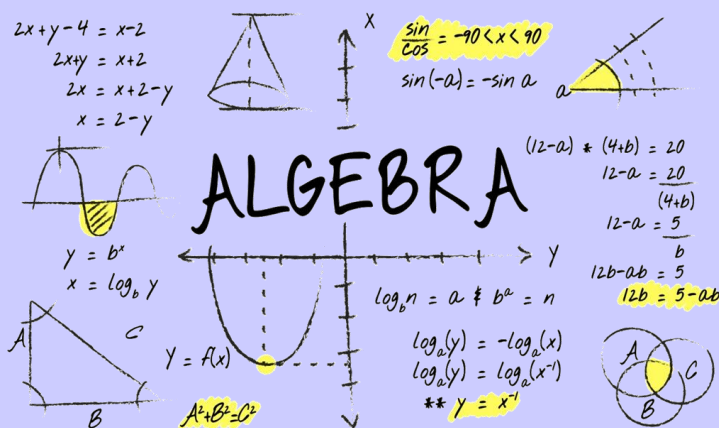
Every Wednesday after school

from 3:00 P.M. to 4:00 P.M.

in Room 107 for 6 Weeks

Starts April 12, 2023 – Ends May 17, 2023

Open to Both Middle and High School students



PSSA TESTING

ELA: APRIL 25, 26, & 27

MATH: MAY 2 & 3

SCIENCE (GRADE 8 ONLY): MAY 10 & 11

GRADE 7 TESTS FROM 8:00 AM–10:30 AM

BAG LUNCH PROVIDED

GRADE 8 TESTS FROM 11:50 AM–2:20 PM

LUNCH SERVED AT 11:10 AM

CODE OF CONDUCT FOR TEST TAKERS

DO . . .

- Listen to, read, and follow all directions given.
- Ask questions if you do not understand the directions.
- Read each question carefully, especially multiple-choice items that ask for the "best answer." Also, be sure to read any open-ended items carefully before responding.
- Be careful when marking your answers so that you do not skip spaces or fill in the wrong sections.
- Make sure to completely fill in the bubble for the answer(s) you select and erase completely any answers you change.
- Keep your eyes on your own test.
- Try to answer each test item.
- Check that you have completed all the test items in the test section before closing your test booklet or submitting your final responses online.
- Report any suspected cheating to your teacher or principal.

DO NOT . . .

- Have notes in your possession during the test.
- Have any unapproved electronic devices (cell phones, smartphones, smartwatches, etc.) in your possession during the test. Note, you may have approved calculators, if applicable, during the test.
- Share a calculator with others.
- Use the bubbles in the answer booklet to either eliminate possible incorrect answers or possible correct answers by making marks in multiple bubbles and erasing. Mark only the bubble for the correct answer(s) you have chosen.
- Talk with others about questions on the test during or after the test. (Students should be assured that they may discuss the testing process or issues of concern with their parents/guardians.)
- Take notes about the test to share with others.
- Leave an online test session until the session is complete or until instructed to do so.
- Use social media to post information about the test and/or test items.

Congratulations

to the High School track team on their performance on
Saturday at the Big Red Invitational!

Camryn Baker placed 1st in the Triple Jump
by jumping 32 feet 11 1/2 inches!

Delani Berkson placed 2nd in the Discus and 5th in the javelin.

Nick Schimp placed 5th in the shot-put
throwing a Districts-Qualifying distance of 42 feet 1 1/2 inches.

Bryson Roberson placed 5th in the javelin and 6th in the shot-put.

Abby Douglas placed 5th in the 800 meter run
by running a Districts-Qualifying time of 2:33.92.

She also placed 4th in the 1600 meter run.

Ondrea Young placed 2nd in the 100 meter hurdles
and 3rd in the 300 hurdles.

Jayveerh White placed 3rd in the 100 meter dash.

Justin Sims placed 6th in the 3200 meter run with a PR of 11:28.20.

The 4x 100 relay team of Isaiah Harvey, Kare'mez Norris,
Terrian White and Jayverrh White placed 6th and the 4 x 400 relay
team of Judah Abram, Gionni Norris, Javon Brodie and Kare'mez
Norris placed 6th.

Great job Tigers!

They will be back in action next Saturday
at the Slippery Rock Invitational.



Maeve Fertig, Ali Elliott, Evy Brown, and Amelia Fromm



Sal Donatelli



Alijah Lowery



Maddy Vogan



Congratulations

to the Middle School track team on their performance
on Friday at the Big Red Invitational!

The Middle School girls placed 2nd out of 9 teams falling short by a half of a point.

The highlight of the meet was the 4 x 400 relay team who broke the school record running a 4:43.19. Maeve Fertig, Ali Elliott, Evy Brown, and Amelia Fromm crushed it. It was even more special because Amelia Fromm's mom was part of the team that held the record.

Maddy Vogan had to battle back in the 100 meter dash. She was seeded 2nd after the preliminaries. She won 1st place in the 100, 200 and the 400 meter dashes.

Maeve Fertig placed 1st in the 800 and 2nd in the 1600.

Amelia Fromm placed 5th in the High jump, 3rd in the 800, and 3rd in the 1600 running a PR of 6:02.68.

Ali Elliott placed 5th in the 1600 and 800 meter runs.

Alijah Lowery placed first in the long jump with a PR jump of 13 ft 4 inches.

She was also part of the 4 x 100 relay team that placed 4th.

The other runners were Evy Brown, Addyson Steklachich, and Kaydince Usher.

The middle school boys also had an impressive day.

Sal Donatelli placed 1st in the 110 hurdles, 300 hurdles, and 5th in the 4x400 relay team. The rest of the team was James May, Kellen Dye and Cyleim Smith. Cyleim also placed 4th in the 300 hurdles.

Andy Sokol ran a personal best in the mile and 800 meter dash.

Vincent Calla and Christian Dillon ran personal bests in the 800 meter run.

Way to go Tigers!

If you are at least 15 years old, a good swimmer, want to make money, AND possibly save a life, then lifeguarding class is for you!

If you are interested in signing up for the lifeguarding class, it will be offered next year.

If you want more information,
please see or email Mrs. Pratt at
nickol_pratt@sharonsd.org



Sharon First United Methodist Church's
Samaritan's Closet
is open on the 1st and 3rd Thursday of each month
from 11:00 A.M. to 1:00 P.M.

SHARON HIGH,



YOU KNOW!

Be a Fit Kid

Being fit is a way of saying a person eats well, gets a lot of physical activity (exercise), and has a healthy weight. If you're fit, your body works well, feels good, and can do all the things you want to do, like run around with your friends.

People who care (parents, doctors, teachers, and others) want to know how to help kids be more fit. Some parts of this are up to parents — such as serving healthy meals or deciding to take the family on a nature hike. But kids can take charge too when it comes to their health.

Here are 5 rules to live by, if you're a kid who wants to be fit. The trick is to follow these rules most of the time, knowing that some days (like your birthday) might call for cake and ice cream.

1. Eat a Variety of Foods

You may have a favorite food, but the best choice is to eat a variety. If you eat different foods, you're more likely to get the nutrients your body needs. Taste new foods and old ones you haven't tried for a while. Some foods, such as green veggies, may taste better the older you get.

Try for at least 5 servings of fruits and vegetables a day — 2 fruits and 3 vegetables. Here's one combination that might work for you:

- at breakfast: ½ cup (about 4 large) strawberries on your cereal
- with lunch: 6 baby carrots
- for a snack: an apple
- with dinner: ½ cup broccoli and 1 cup of salad



2. Drink Water & Milk

When you're really thirsty, water is the best thirst-quencher. And there's a reason your school cafeteria offers cartons of milk. Kids need calcium to build strong bones, and milk is a great source of this mineral. How much do kids need? If you are 4 to 8 years old, drink 2½ cups of milk a day. If you're 9 or older, aim for 3 cups of milk per day. You can mix it up by having milk, fortified soy milk, and some other calcium-rich dairy foods.

Here's one combination:

- 2 cups (about half a liter) milk or soy milk
- 1 slice cheddar cheese
- ½ cup (small container) of yogurt

If you want something other than milk or water, it's OK to drink 100% juice once in a while, but no more than 1 cup a day. Don't drink sugary drinks, like sodas, juice drinks, and sports drinks. They contain a lot of added sugar. Sugar just adds calories, not important nutrients.

3. Listen to Your Body

What does it feel like to be full? When you're eating, notice how your body feels and when your stomach feels comfortably full. Sometimes, people eat too much because they don't notice when they need to stop eating. Eating too much can make you feel uncomfortable and can lead to unhealthy weight gain.

4. Limit Screen Time

What's screen time? It's the amount of time you spend watching TV or videos, playing video games (console systems or handheld games), and using a smart phone, tablet, or computer. The more time you spend on these sitting-down activities, the less time you have for active stuff, like basketball, bike riding, and swimming. And you may not get enough sleep if you spend too much time with a screen before bed. Try to spend no more than 2 hours a day on screen time, not counting using the computer for school and educational activities.

5. Be Active

One job you have as a kid — and it's a fun one — is that you get to figure out which activities you like best. Not everyone loves baseball or soccer. Maybe your passion is karate, or kickball, or dancing. Ask your parents to help you do your favorite sports and other activities. Find ways to be active every day, like playing outside. You might even write down a list of fun stuff to do, so you can use it when your mom or dad says it's time to stop watching TV or playing computer games!

Speaking of parents, they can be a big help if you want to be a fit kid. For instance, they can stock the house with healthy foods and plan physical activities for the family. Tell your parents about these five steps you want to take and maybe you can teach them a thing or two. If you're a fit kid, why shouldn't you have a fit mom and a fit dad?

April is Autism Spectrum Awareness Month

Athletic Wear/ Sweat Pants Day



**Thursday
April 20, 2023**



**Cost:
\$1 for students
\$2 for adults**



Absolutely NO:

- Hoodies
- Sleeveless shirts
- Jeans
- Short shorts
- Pajamas



Proceeds to benefit the Autism Society of America

Spanish Club

Permission Slips and payment for the
"Thyme in Your Kitchen Field Trip"
are due no later than

Tuesday, April 18, 2023

Only the first 24 students who

turn in the forms and money will be able to go!

Space is limited!



SPANISH CLUB

BAKE SALE

WEDNESDAY, APRIL 19, 2023

**IN THE
COMMONS AREA
AFTER SCHOOL FOR
STUDENTS**

**IN ROOM 210
DURING THE DAY
FOR STAFF**





Spanish Club Will be going to Thyme in Your Kitchen for a field trip on April 26, 2023



Middle School Student Council and Mrs. Musulin welcomed Theresa Williams from Our Oasis in Greenville. She gave a step-by-step demonstration on how to make bath bombs and participants were able to make and take several bath bombs of their own!



Lead your day with our goals from Rachel's Challenge:

1. Look for the best in others
2. Dream big
3. Choose positive influences
4. Speak with kindness
5. Start your own chain reaction



Kindness is
the golden
chain by
which society is
bound together.



~Johann Wolfgang von Goethe

Attention All Students:

Have you seen the FOR Club's page on Instagram? If not, follow us! Our page is called Sharon Compliments! Jump on and see who inspires us to be kind every day!

Attention all students:

Do you want to help spread kindness in our school and community? Join the FOR Club!

Do you want to encourage others to live by our goals from Rachel's Challenge? Join the FOR Club! Do you want to help make a chain reaction?

Join the FOR Club!

FOR Club Needs Members!

Sign up for the FOR Club today! If you don't have our app yet, look for the FOR Club Remind App, informational posters on the walls in the hallway to tell you how to join our app, or see Dr. Richards today! Students can also join our Google Classroom and get all the latest information on our projects! Use code: 22prtzbz to join today!

The Pawsitive Pantry

The Sharon Middle/High School along with the Friends of Rachel Club is proud to announce the **GRAND OPENING** of our Pawsitive Pantry!

This site is open to all Sharon Middle/High School students in need.

The pantry is located on the 3rd floor in room 312. We are currently operating on a referral basis until all collaborations are in place. If you have a friend or you, yourself are in need please see Mrs. Fox in the nursing office. Any questions can be directed to Mrs. Fox, via email. Donations are welcome.

Lisa_Fox@sharonsd.org

Some available food items include non-perishable canned goods, tuna, breakfast items, soups, canned fruit, pasta and pasta sauce and granola bars.



We also have available as needed hygiene supplies such as soap, shampoo, toothbrush/toothpaste, feminine hygiene products and deodorant.

ATTENTION

ALL STUDENTS AND STAFF:

**COME CHECK OUT MORNING PRAYER
ON MONDAYS AT 7:45 A.M. IN THE GYM**

**IT'S A SPECIAL TIME WHERE STUDENTS AND
STAFF COME TOGETHER IN A MOMENT OF UNITY**

EVERYONE IS WELCOME!



**Chess Club meeting
Thursday, April 20, 2023
at 3:00 P.M.
in the LIBRARY**

**Any student interested in
joining**

Teen Institute

**Stop by room 303
between 7:30 P.M.-3:00 P.M.**

or contact

**Mr. Whalen at
jeremy_whalen@sharonsd.org**

Any student interested in joining

STUDENTS FOR CHARITY:

Stop by Room 313 or contact
Ms. Sandine at melinda_sandine@sharonsd.org



Upcoming Tiger Tuesdays:
April 18

CLOTHING CLOSET OBLIGATION PRICE LIST

If you borrow clothing and do not return it you
will owe the following amounts:

T-Shirts - \$5.00

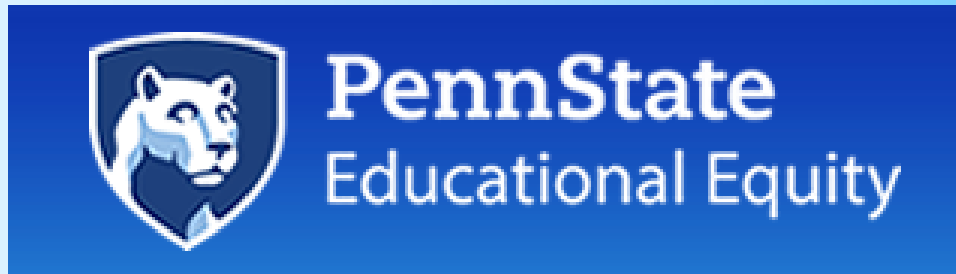
Pants - \$10.00

Sweatshirt - \$15.00



What is the Talent Search Program?

Talent Search is one of the Federal TRIO Programs dedicated to assisting high school students in furthering their education.



Our counselors work with over 2,000 Pennsylvania middle and high school students a year to provide services, information, and guidance for your education after high school.

Who is eligible to receive services?

Talent Search is primarily available to students who are from low-income households, and whose parents did not go to college, but anyone can apply.

To complete an application, you will need the following information:

- Your family's current financial information (No requirement to provide documentation.)
- Are you a U.S. citizen, permanent resident, or in the process of applying for citizenship?
- Do you want to attend college or get a certification after high school?

For more information or to sign up,
see Ms. Graham-Jones in the main office!

Are you, or someone you know,
in need of food assistance?
These organizations can help!

Community Food Warehouse
Monday-Friday
7:30 AM - 3:30 PM
724-981-0353

St. John's Episcopal Church
Pick up lunch
Saturday only
11:00 AM - 1:00 PM
226 W. State Street, Sharon

Prince of Peace
Soup Kitchen
Monday and Wednesday
2:00 PM - 4:00 PM
502 Darr Avenue, Farrell
724-346-5777

Joshua's Haven
Daily Dinner at 5:30 PM
1230 Stambaugh Avenue, Sharon
724-983-0304

Any student in grades
7-9 interested in
joining
C.O.O.L.
can pick up an
application in the
main office!

Any male student in grades 9-
12 wishing to join the Hi-Y club
and help with this year's blood
drives, please sign up in room
303 anytime between
7:30 AM - 3:00 PM or
email Mr. Whalen
jeremy_whelen@sharonsd.org

SPRING ATHLETIC EVENTS

APRIL 10-15, 2023

[HTTPS://SHARON.BIGTEAMS.COM/](https://sharon.bigteams.com/)



Baseball

Boys' Varsity

- Monday 4/17 Away vs. Hickory at 4:00 PM
- Wednesday 4/19 Away vs. Titusville at 4:00 PM
- Friday 4/21 Home vs. Meadville at 4:00 PM

Boys' Junior Varsity

- Monday 4/17 Away vs. Hickory at 4:00 PM
- Wednesday 4/19 Away vs. Titusville at 4:00 PM
- Friday 4/21 Home vs. Meadville at 6:00 PM

Boys' Middle School

- Monday 4/17 Away vs. Wilmington at 4:00 PM
- Thursday 4/20 Away vs. Hickory at 5:00 PM

Softball

Girls' Varsity

- Tuesday 4/18 Home vs. Franklin at 4:00 PM
- Thursday 4/20 Away vs. Hickory at 4:00 PM

Girls' Junior Varsity

- Thursday 4/20 Away vs. Hickory at 5:30 PM
- Saturday 4/22 Away vs. Wilmington at 11:00 AM



Tennis

Boys' Varsity

- Tuesday 4/18 Home vs. Titusville at 2:30 PM
- Wednesday 4/19 Away vs. Hickory at 3:30 PM
- Thursday 4/20 Home vs. Greenville at 3:30 PM

CoEd Track

Varsity

- Saturday 4/22 Away at SRU Invite at 9:00 AM

Middle School

- N/A



April Tutoring Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM PM Stahl ENG (109) McGee SS (224)	4 AM O'Brien SS (217) PM	5 AM Kytchak SC (317) PM Steen SC (316)	6 NO SCHOOL	7 NO SCHOOL
10 NO SCHOOL	11 AM O'Brien SS (217) PM	12 AM Kytchak SC (317) PM Steen SC (316)	13 AM PM Miller ENG (203) Richards M (104)	14
17 AM PM Stahl ENG (109) McGee SS (224)	18 AM O'Brien SS (217) PM	19 AM Kytchak SC (317) PM Steen SC (316)	20 AM PM Miller ENG (203) Richards M (104)	21
24 AM PM Stahl ENG (109) McGee SS (224)	25 AM O'Brien SS (217) PM	26 AM Kytchak SC (317) PM Steen SC (316)	27 AM PM Miller ENG (203) Richards M (104)	28
29 AM PM Stahl ENG (109) McGee SS (224)	30 AM O'Brien SS (217) PM			

M = MATH SC = SCIENCE
SS = SOCIAL STUDIES ENG = ENGLISH

- Eligibility is run every Friday at 10:00 AM
- Please check with your coach or advisor for your updated eligibility
- Tutoring is open to ALL students