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Hello Bulldog Parents/Guardians,

We recently received some guidance from the Centers for Disease Control about the COVID-19 (Corona Virus).

From the CDC:

COVID-19 is a respiratory illness caused by a novel (new) virus, and we are learning more about it every day. There is currently no vaccine to protect against COVID-19. At this point, the best way to prevent infection is to avoid being exposed to the virus that causes it. *Stopping transmission (spread) of the virus through everyday practices is the best way to keep people healthy.*

Handwashing is one of those practices that can help stop the spread of this and other viruses.

Here is a link with very helpful information about hand washing and using hand sanitizers:

<https://www.cdc.gov/handwashing/when-how-handwashing.html>

This link contains valuable information from the American Academy of Pediatrics:

<https://www.healthychildren.org/English/health-issues/conditions/prevention/Pages/Germ-Prevention-Strategies.aspx>

In addition, we encourage students AND staff to stay home when sick, again, to help stop the transmission of the Corona virus and other viruses such as the Influenza virus.

Our district nurse, Nita Bachman, and I are closely monitoring the information that is coming forth from the experts--which are our local, state and federal health departments. We will continue to look to these experts to guide and inform our decision making should the situation change in regard to Corona virus. It's important to remember that everything we do to prevent the spread of the Corona virus will also help stop the spread of many illnesses as well. At school, we regularly discuss handwashing and other practices that will help stop the spread of disease.

I encourage you to visit the Centers for Disease Control website or other credible sources to obtain more information:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

“Committed to Excellence”

Thank you!

Sincerely,

Dr. Lindsey A. Hall

Superintendent of Schools