

100 THINGS

TO DO  
with your children  
THIS

**COVID-19  
SURVIVAL  
Edition**



100 THINGS

TO DO  
with your children

THIS

Summer

1 HAVE A SCAVENGER HUNT IN THE HOUSE OR IN YOUR TOOL BOX TO LEARN ABOUT TOOLS



2 GET THE BIKES CLEANED UP AND RIDE BIKES

PLAY HIDE-AND-SEEK  
IN THE HOUSE AND  
IN THE YARD AT NIGHT



4 MAKE MAZES/PUZZLES FOR EACH OTHER TO SOLVE

5 SPIN THE DIAL ON THE RADIO AND  
DANCE AROUND WITH YOUR  
KIDS TO WHATEVER SONG COMES ON.



6

TELL YOUR KIDS A STORY ABOUT YOUR LIFE AS A KID WHEN YOU WERE THEIR AGE OR GRADE

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7

TURN OFF THE TV ONE NIGHT A WEEK (SEE WHAT HAPPENS!)

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TAKE YOUR CHILDREN TO THE BOOK STORE (DON'T BUY ANYTHING)

8

9

GO FOR A SUNDAY (OR SATURDAY) DRIVE WITH YOUR KIDS. PLAY THE ABC GAME, DRIVE AROUND YOUR TOWN UNTIL SOMEONE GETS ALL 26 LETTERS.

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10

WATCH AN OLD MOVIE WITH YOUR CHILDREN (FIX POPCORN) TRY A SILENT COMEDY.

WATCH A NATURE FILM WITH THE SOUND OFF AND  
MAKE UP THE DIALOGUE WITH YOUR KID.

11

12

WALK AROUND THE BLOCK WITH YOUR CHILD

VISIT A LOCAL MUSEUM WITH YOUR CHILD

13



TAKE YOUR CHILD ON A SPECIAL  
DRESS-UP DATE (DRESS UP  
LIKE PIRATES AND GO EAT FISH!)

14

15

TAKE YOUR CHILD WITH YOU ON A BUSINESS TRIP.

# 16

TAKE A ROAD TRIP AND STOP WHEREVER YOUR CHILD WANTS TO STOP. GO 100 MILES IN ANY DIRECTION, THEN TURN AROUND AND COME HOME A DIFFERENT WAY.

# 17

WRITE A STORY WITH YOUR CHILD.  
TAKE TURNS WRITING SENTENCES



# 18

COOK A MEAL WITH YOUR CHILD. LET THEM BE THE "CHEF"



# 19

PLAY IN THE SPRINKLER  
OR HAVE A WATER GUN BATTLE.

# FIND A CAMPFIRE

AND SIT AROUND IT (WITH OR WITH OUT KUM BAYAH)

# 20

21 GO TO THE PUBLIC LIBRARY, SIGN UP FOR A CARD AND CHECK OUT A BOOK



HAVE A PAPER AIRPLANE BUILDING/FLYING CONTEST—USE THE NEWSPAPER OR OLD TELEPHONE BOOK

22

23 PAINT OR DRAW A PICTURE TOGETHER

24 CREATE A FORT OUT OF BLANKETS OR BOXES

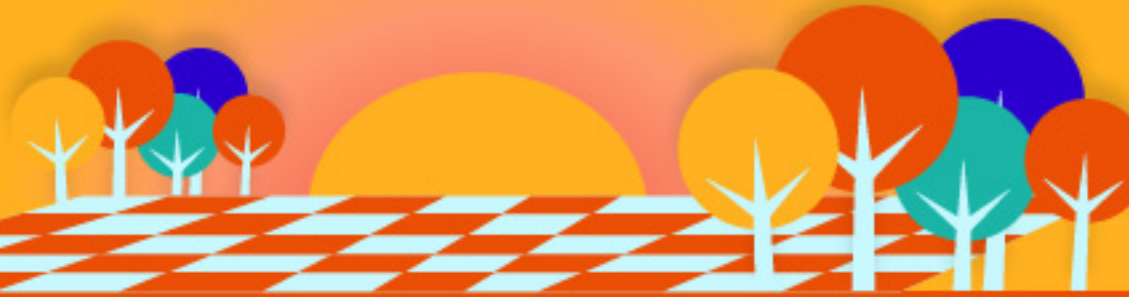
GO ON A HIKE  
—CREATE A MAP OF YOUR ADVENTURE

25



26

HAVE A SUNSET  
PICNIC AT A PARK



27

PLAY BOARD GAMES

PLAY KICKBALL PLAY KICKBALL WITH A BEACH BALL  
(ADD A LITTLE WATER IN THE BALL TO MAKE IT CRAZY!)

28

29

GET UP EARLY, PACK BREAKFAST, AND  
HAVE A SUNRISE BREAKFAST



HAVE A PILLOW FIGHT

30



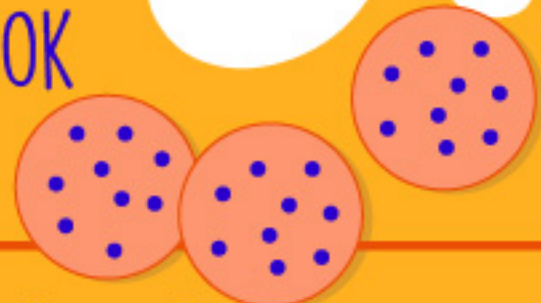


PLAY CARD GAMES OR USE THE CARDS TO BUILD A HOUSE

31

32

BAKE COOKIES—LET YOUR CHILD LOOK THROUGH COOKBOOKS TO FIND A RECIPE



33

GO TO THE ZOO OR ACT LIKE EVERY ZOO ANIMAL AT HOME!

SHOP AT A THRIFT SHOP

34



35

CREATE A BLOG OR FACEBOOK PAGE TOGETHER

36

CREATE A  
SCRAPBOOK

37

MAKE A MOVIE  
USING A CAMCORDER  
AND COMPUTER



FINGER PAINT—STUDY YOUR FINGERPRINTS

38

39

MAKE PLAY DOUGH FROM SCRATCH



MAKE HOMEMADE MINI-PIZZAS  
(BAGELS, CHEESE, AND TOMATO SAUCE)

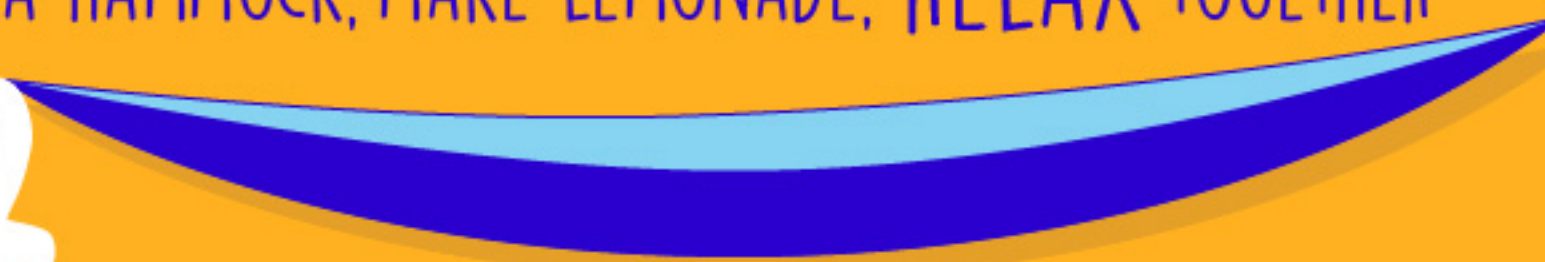
40

MAKE HAND-PAINTED T-SHIRTS—DAD AND ME 41



SET UP A HAMMOCK, MAKE LEMONADE, RELAX TOGETHER

42



GO TO A PUBLIC PLACE, PEOPLE WATCH AND MAKE UP IMAGINARY STORIES ABOUT PEOPLE.

43

WRITE A LETTER TO A FAMILY TOGETHER 44

45



PAINT OR DECORATE THE KIDS' ROOM

TRANSFORM THE GARAGE INTO A HIDEOUT FOR JUST ONE WEEKEND (OR ALL SUMMER)

46

47

VISIT A RETIREMENT COMMUNITY AND INTERVIEW TENANTS ABOUT THE "GOOD OLD DAYS"

48

FIND A SMALL MUSEUM IN YOUR TOWN AND VISIT.

VISIT/TOUR A LOCAL COLLEGE OR TECHNICAL SCHOOL.

49

50

"ADOPT" A SECTION OF ROAD NEAR YOUR HOUSE AND KEEP IT SPOTLESS ALL SUMMER.

# 51

ADOPT AN OLDER NEIGHBOR AND KEEP THEIR YARD FOR THE SUMMER



BUY ONE PACKAGE OF "POPSICLE" STICKS AND MAKE THE BIGGEST STRUCTURE YOU CAN. GLUE OR NOT.

# 52

# 53

MAKE MILKSHAKES

# 54

PLAY FREEZE TAG

# 55

CREATE A TREASURE HUNT  
LEAVING CLUES  
AROUND THE HOUSE OR YARD



56

DO A SCIENCE  
EXPERIMENT



PLAY CHECKERS OR TEACH  
THEM TO PLAY CHESS

57

LEARN TWO MAGIC TRICKS TOGETHER



58

59

CREATE A FAMILY BOOK, WITH INFORMATION AND  
PICTURES ABOUT EACH FAMILY MEMBER

HELP YOUR CHILD WRITE A "FAKE" AUTOBIOGRAPHY.  
HELP THEM THINK ABOUT WHAT THEY WANT TO DO IN THE FUTURE.

60

61



FLY  
KITES

62

TOGETHER CLEAN OUT  
THE BASEMENT OR GARAGE  
AND DONATE STUFF TO CHARITY

63

COMPETE IN A THREE-LEGGED OR  
OTHER RACE AS A FAMILY TEAM

CREATE AN  
OBSTACLE COURSE

64

65

CREATE A MINIATURE GOLF COURSE  
AND PLAY TOGETHER



66

PITCH A TENT  
AND SLEEP OUTSIDE  
(OR INSIDE)



67

PLAY LOUD MUSIC  
AND DANCE CRAZY (IN WALMART!!!)

WRITE AND PRODUCE A PLAY (PERFORM  
BEFORE OTHER FAMILY MEMBERS)

68

69



PAINT EACH OTHER'S FACES

DANCE WITH THEIR MOM IN FRONT OF THE CHILDREN

70



# 71

HAVE A  
WATER BALLOON FIGHT



USE CHALK TO DRAW  
IN THE DRIVEWAY OR SIDEWALK

# 72



# 73

PLAY HOP-SCOTCH



# 74

EXPLORE YOUR YARD—  
LOOK FOR 10 DIFFERENT INSECTS



PLAY A TRIVIA GAME. MAKE UP  
TRIVIA QUESTIONS ABOUT EACH OTHER

# 75



PLAY SCHOOL WITH YOUR CHILD.  
HAVE THE CHILD BE THE TEACHER

76

MAKE PUPPETS WITH OLD SOCKS AND  
STUFF FROM THE JUNK DRAWER WRITE A  
PLAY FOR PUPPETS.

77

78

MAKE A COMIC BOOK TOGETHER

TAKE TURNS SAYING TONGUE TWISTERS

79

80

SING PATRIOTIC SONGS



81

TELL GHOST STORIES IN THE  
DARK WITH A FLASHLIGHT



82

PLAY WIFFLE BALL WITH THE NEIGHBORHOOD KIDS

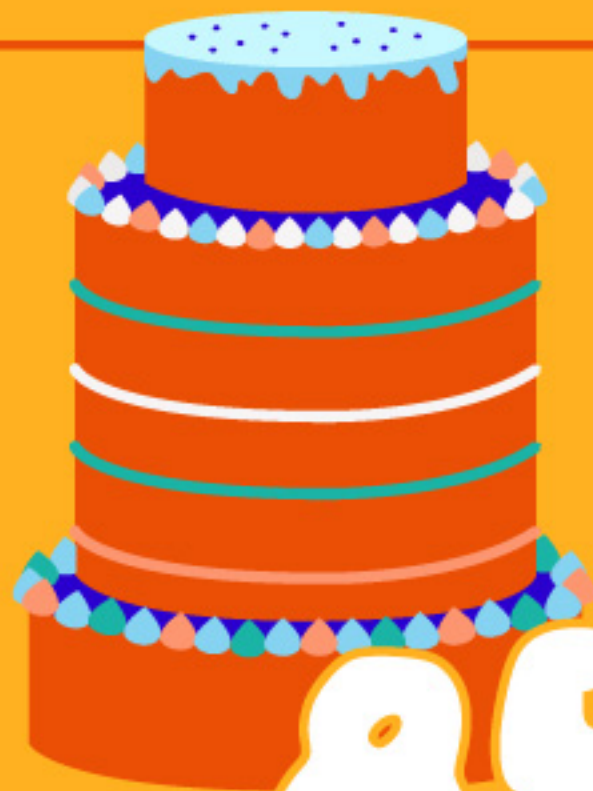
83



TEACH YOUR  
CHILD HOW TO PLAY  
RED LIGHT—  
GREEN LIGHT—  
OR MOTHER MAY I?

84

BAKE A CAKE  
AND  
DECORATE IT TOGETHER



85

THUMB—WRESTLE, PLAY MERCY, OR HAVE A TICKLE FIGHT

86

LEARN TO JUGGLE OR PLAY JACKS TOGETHER

87

LAUGH 400 TIMES TODAY—KEEP COUNT



MAKE A COLLAGE OF YOU AND YOUR CHILD TOGETHER

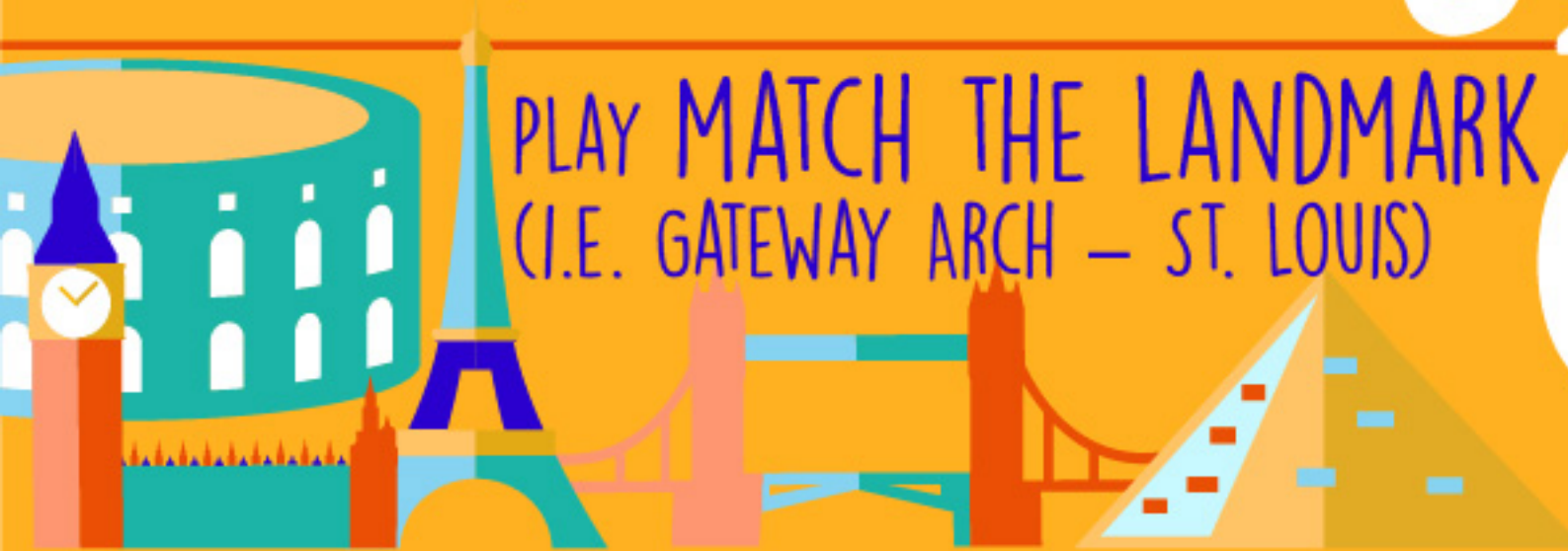
WASH A CAR TOGETHER WITH YOUR CHILD

89



PLAY MATCH THE LANDMARK  
(I.E. GATEWAY ARCH — ST. LOUIS)

90



91 VOLUNTEER TOGETHER

92

READ A CHAPTER BOOK WITH YOUR CHILD  
—EACH READ A PAGE—  
EVEN WITH TEENS!



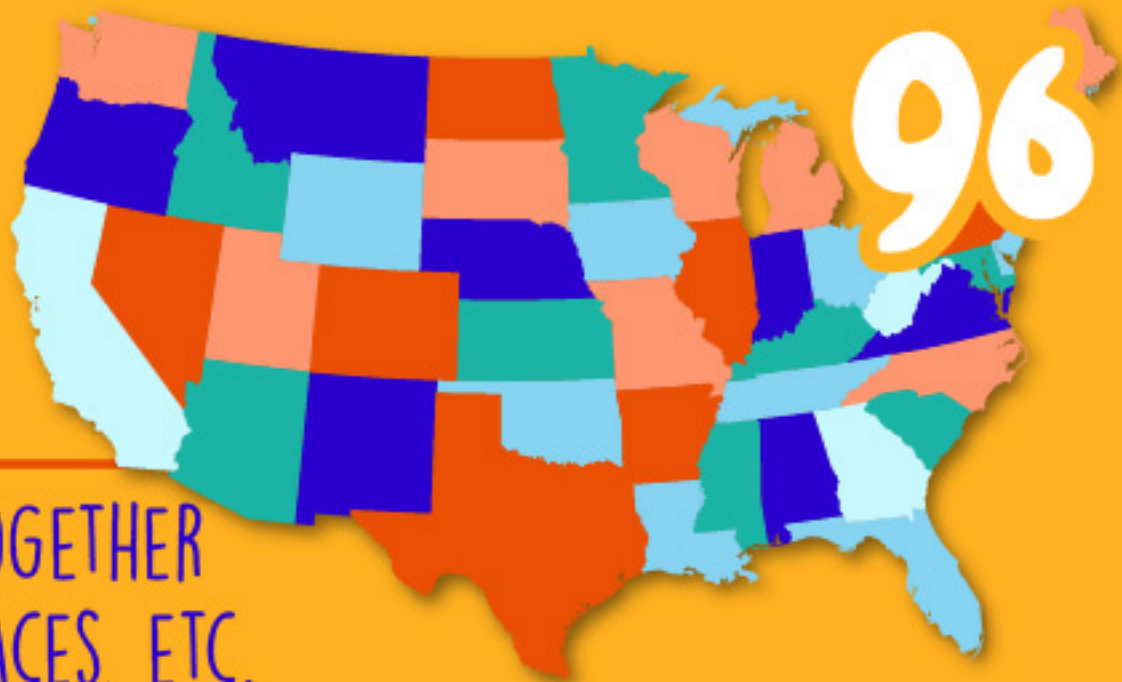
93 CREATE AN IMAGINARY BUSINESS  
— THINK OF WHAT YOU WOULD DO, WHAT YOU NEED, HOW TO OVERCOME BARRIERS, WHAT YOU WOULD DO IF YOU WERE SUCCESSFUL IN THAT AREA

94 PAINT A PAINT-BY-NUMBER OIL PAINTING TOGETHER.  
HANG IT IN A PLACE OF PRIDE

95 FINGER PAINT WITH OLDER KIDS AS WELL AS YOUNGER ONES.



STUDY A MAP OF THE U.S. TOGETHER. MAKE PLACES YOU WOULD LIKE TO SEE TOGETHER AND DREAM ABOUT THAT



**97** MAKE A LANYARD TOGETHER OUT OF STRING, SHOE LACES, ETC.



**98** SEE HOW MANY DIFFERENT LEAVES YOUR CAN COLLECT AND IDENTIFY TOGETHER

TAKE YOUR CHILD TO TOUR A DAIRY, A NEWSPAPER PRESS, A FACTORY, OR A STADIUM.

**99**



**100** FIND A LOCAL YOUTH SPORTS TEAM. GO TO EVERY GAME, BECOME THEIR BIGGEST FAN. MAKE SIGNS.

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