



**Mandaree School**  
**P.O. Box 488**  
**Mandaree, ND 58757**  
*"Home of the Warriors"*



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# **INSTRUCTIONAL PLAN**

## **Updated: July 20, 2022**

*Our actions, as outlined in this plan, will not prevent any student or staff member from being in contact with the virus.*



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Mandaree School Families,

The challenges that have been met and overcome since March, 2020 have been daunting. We as a school community have met those challenges and have found a way to continue educating the students in our community.

As we move forward from pandemic lock-down to living with the COVID-19 virus we have given thoughtful consideration to school operations and how to serve our students.

Thank you for your time reviewing this plan. We encourage everyone to ask questions and communicate their concerns as we move forward. Together, our school can provide quality education to our children in a safe manner, if we work together to solve problems.

Respectfully,

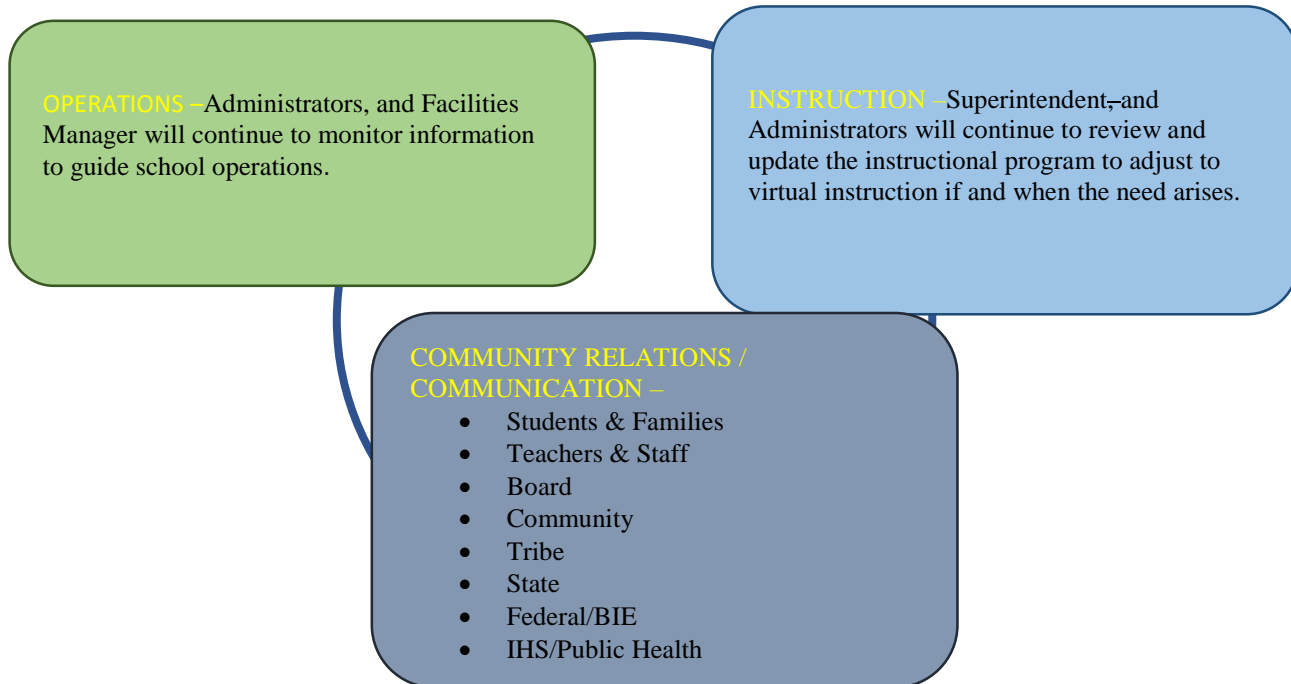
Carolyn Bluestone  
Superintendent

Kelly Bradfield  
School Board President

\*Acronyms (Appendix A), Definitions (Appendix B), Virtual Learning Plan (Appendix C), Family Guidance (Appendix D) and Daily Checklist (Appendix E)

## **COVID-19 Response Team & Coordinators**

This organizational structure was crafted to assist in the ~~development and~~ monitoring of the district's health and safety protocols.



The three components have been identified as key operational teams that consist of multiple departments. Each operational team will work to provide an instructional program that is responsive the student needs as defined by current conditions relative to infectious diseases.

School operations will continue as normal as possible with the inclusion of precautions recognized to control transmission of COVID-19. School closure will occur when recommended by the North Dakota Department of Health. The District will remain open and cleared for operations until an emergency is declared by the North Dakota Department of Health.

In the event a state of emergency is declared the District will revert to the Return to School Plan previously approved March 10, 2022 with the identified Phases of Operation which is defined by the number of active COVID-19 cases identified within the student and employee school population.

### **Instructional Models**

The education delivery system will be traditional face-to-face instruction. Virtual Learning will be used as allowed by School Board Policy FDJ Virtual Learning Due to Weather/Other Conditions.



#### **Traditional Learning**

All instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.



### **Virtual Learning**

All instruction is provided through a virtual learning format with teachers providing instruction from their classroom.

### **Health and Safety Guidance**

The district strives to provide a healthy and safe environment for all who occupy our schools.

The following guidelines are intended to provide a framework for the district's response to COVID-19 and returning building operations to a pre-COVID status.

#### **Student & Staff Health**

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. Mandaree School will take the following measures to ensure all students and staff are healthy while they are at school. If you are feeling ill:

- Inform your supervisor immediately and wear a face mask until they can be replaced if supervising students at that time
- Leave the school building/grounds and consult with a health care professional.
- Staff will be administered rapid COVID test when feeling ill or upon request.

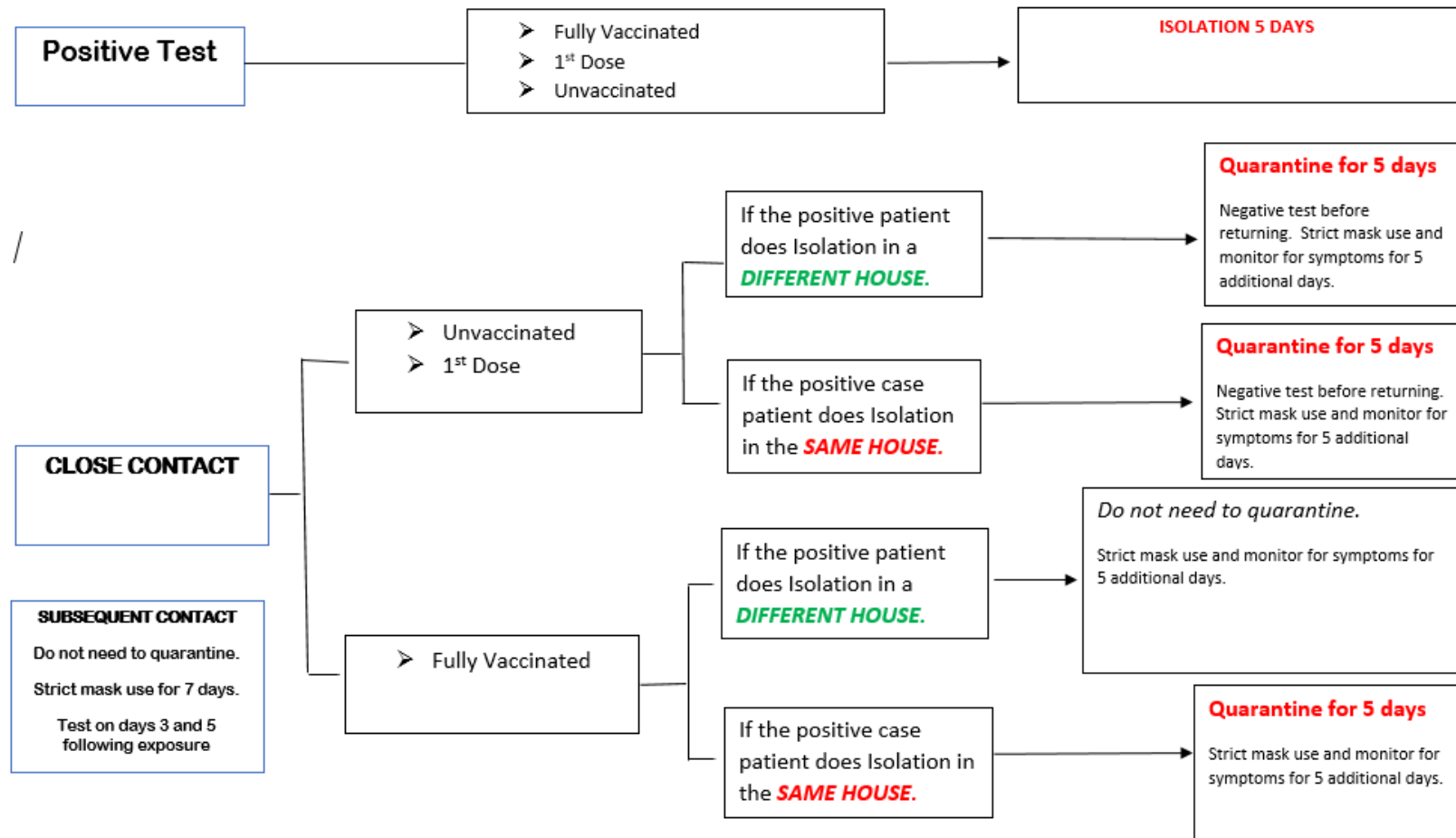
### **Guidance for Transition to Virtual Learning**

If virtual learning is deemed to be in the best interests of students and employees the following will take place.

- The school building will be evacuated as soon as possible to enable facilities to sanitize building and reopen the following morning.
- Teachers will send home assignments with students to re-establish educational activities as soon as students are home to reduce the amount of lost instruction.
- Teachers will ensure students know that additional assignments and activities will be posted as soon as possible in Google Classroom or SeeSaw.
- No student or staff are to be in the building while environmental cleaning takes place. Only cleaning staff with appropriate precautions will be allowed in the building at that time.
- Staff may return to their work areas one hour after the building has been sanitized and launch virtual learning procedures and continue with instruction to the extent possible by posting in Google Classroom or SeeSaw. Teachers can proceed with instruction as soon as possible to reduce the lost instruction time by making home contacts to re-establish learning activities.



## Protocol for Isolation and Quarantine



\*If you are exposed to COVID-19 within 90 days of illness onset, it is not recommended that you quarantine for those exposures. NDDoH

SCHOOL BOARD APPROVED: 3/10/2022

When a student or staff member has been isolated or quarantined as directed by NDDoH or local Health unit they will be allowed to return to school after meeting Isolation and Quarantine Protocols. Those students at home due to being in close contact with someone with COVID-19 are expected to make up all assigned work.

### **District-wide Practices**

- Social distancing where possible and reasonable.
- Buildings routinely cleaned and disinfected according to CDC guidelines. Special focus s high touch/traffic areas.
- Handwashing integrated throughout the day.
- Hand sanitizer available throughout each building.
- Support and train parents on use of technology tools and online curricular resources.
- Protective measures (cleaning and sanitizing) will continue in classrooms and office spaces.
- Limited use of shared materials and supplies in classrooms.
- Student desks arranged to allow for cohort groups and social distancing where possible and reasonable.
- Students when moving around the building will try to maintain social distance where possible and reasonable.
- Guidance and directives from the NDHSAA and other governing boards will be used to guide extra-curricular activities.

### **Masks**

Masks are voluntary for all students and employees.

Masks are required for 5 days following a quarantine for exposure or active COVID-19.

### **Facilities and Cleaning**

Cleaning will take place daily following cleaning schedules set by facilities manager.

Disinfecting will occur twice daily; this will include all high traffic areas and high-contact surface.

Facilities will be responsible for all deep cleaning procedures. “Foggers” will be used to disinfect classrooms, hallways, and other school building areas.



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**Family Guidance**  
**COVID-19 Guidelines Agreement and Safety Information**

Updated: July, 2022

Legal guardians/parents will sign a COVID-19 guidelines agreement, which they will receive at registration. This will include an emergency/sick pick-up plan, handouts explaining hygiene protocol, procedures, and expectations.

1. Symptom information
2. Hygiene safety protocol information
3. Stay at home procedures
4. School Closure
5. Arrival/Bus procedures
6. Visitor procedures
7. Events/celebrations/supplies drop-off procedures
8. Pick-up procedures
9. Self-Care Guidance
10. At-home symptom screening checklist
11. Parent agreement signature page
12. Emergency pick-up contacts and plan (minimum of three contacts required)

**Please read through the following pages. Return the Emergency Contact page and signature page. Please keep the remaining pages to refer back to.**

**Symptom information**

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please seek immediate medical care to receive a COVID-19 test if you experience any symptoms or illness.

### **Stay at home procedures**

Students with temperatures at or above 100.4 degrees F should stay home and be symptom free or test negative for 24 hours before returning to school. Household members and close contacts should be closely monitored.

- Please contact the school immediately if you or a household member tests positive. Building principals, administrators, and attendance liaison will work closely if students or families are sick or required to quarantine.
- If it has been more than 7 days since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.

### **Hygiene safety protocol information**

- Social distance – individuals should keep a distance of 3 ft or more apart and limit it to less than 60 minutes.
- Clean hands – should be covered with hand-sanitizer, washed with soap for 20 seconds or more in warm water, covered with gloves when necessary, kept away from common surfaces, and kept away from faces (eyes, noses, mouths, etc.)
- Wash Clothing – Clothing should be isolated and washed after each use or exposure.
- Bathe – Showering after each exposure helps prevent the spread of germs.
- Wipe surfaces – daily in common areas and before and after touching surfaces. Sanitize as much as possible.
- Clean in general – all areas you work or live in on a daily basis.
- Use CDC and EPA recommended products – examples include: bleach, Lysol, soap, wipes, etc.
- Stay updated: check frequently with your federal and local government safety recommendations (See [cdc.gov](https://www.cdc.gov) website for all related information)



## **COVID 19 Self-Care Guidance**

Watch for signs of stress and taking care of yourself, so you can teach students how to take care of themselves.

<b>Signs:</b> <ul style="list-style-type: none"><li>• Heart beating faster or slower</li><li>• Increased blood pressure</li><li>• Weight gain or loss</li><li>• Increase in addictions</li><li>• Drinking alcohol often</li><li>• Pupils dilated</li><li>• Cheeks flushed</li><li>• Anxious</li></ul>	<ul style="list-style-type: none"><li>• Bad Dreams</li><li>• Difficulty breathing</li><li>• Sleeplessness or sleepiness</li><li>• Change in body patterns</li><li>• Quick to react</li><li>• Heightened emotions</li><li>• Withdrawal or over social</li><li>• Experience “corona coaster”</li></ul>
<b>Skills to deal with stress:</b> <ul style="list-style-type: none"><li>• Hygiene-shower, brush teeth</li><li>• Get dressed up</li><li>• Stay hydrated</li><li>• Eat well</li><li>• Turn down lights to relax</li><li>• Open curtains/sunlight for energy</li><li>• Exercise to get energy</li><li>• Listen to quiet music to calm</li><li>• Listen to energizing music</li><li>• Stroll/move slowly to calm down</li><li>• Allow expression of emotions</li><li>• Students need to play safely</li><li>• Engage kids in safe games</li><li>• Kids social referencing adult</li><li>• Chaos makes kids brain chaos</li><li>• ADHD can develop in chaos</li><li>• Increase sense of safety</li><li>• Create calm environment</li><li>• Contact people if extrovert</li><li>• Take time alone if introvert</li><li>• Be positive and appreciative</li><li>• Think of good things in life</li><li>• Do safe things you enjoy</li><li>• Do something good or helpful</li><li>• Social and healing are paired</li><li>• Trauma healed by community</li><li>• Focus on what you can control</li><li>• Don’t watch news constantly</li></ul>	<ul style="list-style-type: none"><li>• Find a new hobby</li><li>• Find spiritual connection</li><li>• Start or finish project</li><li>• Find humor&amp; laugh every day</li><li>• Find alternatives to plans</li><li>• Remember something funny</li><li>• Close eyes and breath</li><li>• Reach out for help</li><li>• Reach out to help</li><li>• Remind daily of joys</li><li>• Self-strong = students strong</li><li>• Breath in through nose 3 counts pause; Breath out mouth 7 count; Normal 12-14 cycles/minute</li><li>• Play wind flute for students</li><li>• Have kid’s breath in out</li><li>• Have student’s close eyes</li><li>• Have students put head down</li><li>• Let work go to sleep</li><li>• Self-care has to be a priority</li></ul>

## BEFORE SCHOOL!

Parents are asked to review this daily health checklist by answering these questions before sending their child to school.  
(Parents do not need to send the questionnaire to school)

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Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?

Yes\_\_\_\_ No\_\_\_\_

Does your child have a new or worsening shortness of breath?

Yes\_\_\_\_ No\_\_\_\_

Does your child have new or worsening cough?

Yes\_\_\_\_ No\_\_\_\_

Does your child have a fever of 100.4 or greater?

Yes\_\_\_\_ No\_\_\_\_

Does your child have chills?

Yes\_\_\_\_ No\_\_\_\_

Does your child have a sore throat?

Yes\_\_\_\_ No\_\_\_\_

Does your child have a new loss of taste or smell?

Yes\_\_\_\_ No\_\_\_\_



If **YES** to any of the questions **STOP!**

Do not send your child to school. Contact your healthcare provider. Contact your child's school to inform them of your child's absence.



If you are able to answer **NO** to all questions, go to school.

### **Emergency Pick-up Contacts**

In the case of your student showing symptoms, testing positive, or having close contact with others with COVID-19 symptoms, please provide **three** contacts.

Student Names: \_\_\_\_\_

Grades: \_\_\_\_\_

Contact Number 1*	Name	Relation
Home	Cell	Work
Contact Number 2*	Name	Relation
Home	Cell	Work
Contact Number 3*	Name	Relation
Home	Cell	Work

\*required field

**IMPORTANT THIS PAGE MUST BE RETURNED**

\_\_\_\_\_  
Print Parent/Legal Guardian Name

\_\_\_\_\_  
Parent Legal Guardian Signature

\_\_\_\_\_  
Date

Please select an option below.

\_\_\_\_\_ I **give** permission for the Mandaree School to administer a rapid COVID-19 test to my student(s) while at school.

\_\_\_\_\_ I do **not give** my permission for the Mandaree School to administer a rapid COVID-19 test to my student(s) while at school.

**IMPORTANT THIS PAGE MUST BE RETURNED**