

AT HOME LEARNING

Week 1

Monday - Animals

Reading

Read an animal book
What was the setting?

Letters & Sounds

Make a letter safari! Hide
The letters around the
house.
When you find a letter,
say the name and letter
sound.

Math

Find 10 animals (toys or
stuffed)
Line them up in order
from tall to small

Fine Motor

Practice writing your
name

Gross Motor

Do 10 jumping jacks.
Hop on left foot 5 times
Hop on right foot 5 times

Tuesday- Nature

Reading

Read a book about
nature.
What are two things you
discovered.

Letters & Sounds

Sky write!
Lay on your back and
write letters in the sky

Math

Find 10 rocks
Sort them by color and
size.

Fine Motor

Practice writing your
name

Art or Sensory

Draw a picture of your
favorite animal.

Gross Motor

Hop like a bunny
Stand up and touch your
toes 10 times

Wednesday- Friends

Reading

Read a book about
friends. What was the
problem? How did they
solve it.

Letters & Sounds

Make a card for a friend.
Write their name and sign
your too.

Math

Work a puzzle with a
family member

Fine Motor

Write your name in the
middle of a piece of paper.

Trace it with different
colors.

Art or Sensory

Draw a picture of you and
a friend and cut it out
with scissors.

Gross Motor

Do arm circles for 1
minute
Do 10 jumping jacks.

PLAY IS THE HIGHEST FORM OF RESEARCH — ALBERT EINSTEIN

AT HOME LEARNING

Week 1

Thursday- Ocean

Reading

Read a book about the ocean. Who were the characters?

Letters & Sounds

Name animals that live in the ocean and talk about the letters that their names start with. .

Math

Write as many ocean animals as you can think of and then count them.

Fine Motor

Practice writing your name

Art or Sensory

Draw an underwater picture on a paper plate or piece of paper.

Gross Motor

Move like a fish, crab, whale, mermaid, sea turtle, and a shark

Friday- Transportation

Reading

Read a book about transportation. Find all the parts of the book (cover, pages, and spine)

Letters & Sounds

Make a list of different kinds of transportation.

Math

Find 5 toy cars. Count how many wheels each one has. Count other things the cars have (windows and doors)

Fine Motor

Cut strips of paper and make a road for vehicles.

Art or Sensory

Draw a map and make roads, bridges, and houses on the map.

Gross Motor

Move like a race car, truck, tractor, boat, plane, or train.

Apps to try

Vooks

Brings books to life.



LetterSchool

Practice writing letters and numbers.



Starfall

Learn about letters and sounds.



Websites and apps to get kids moving

GoNoddle!

YouTube or an app
Dance-alongs, yoga, and more.

Jack Hartman

YouTube
Sings and dances to children's songs.

Cosmic Yoga

You Tube
Yoga and mindfulness for kids.