

GACKLE-STREETER SCHOOL DISTRICT
NOVEMBER 2022 NEWSLETTER

Greetings from the Superintendent's Desk

October was the month of conferences. The state teachers' conference, administrators' conference, school board convention, and NDSBA Law Seminar all took place during the last two weeks of October. There are many topics of interest at these meetings including information on school improvement, social emotional learning (SEL) and culture/climate just to name a few.

GSPS participated in an active shooter training put on by the ND Safety Council. This event was a valuable learning tool to help the school and surrounding emergency response teams prepare for a possible event. The entire staff at GSPS was also trained in First Aid, CPR, AED.

Gackle-Streeter is in year 5 of the North Dakota Dept. of Public Instruction's Cognia Review Plan. Cognia is a 5 yr. continuous improvement plan that every school district in the state participates in. Mrs. Nitschke and Mr. Berg attended a 3-day training in preparation for the accreditation process that will take place n early Spring of 2023.

We strive to develop positive attitudes and a strong work ethic in our students through extracurricular activities, social events, and class electives. We try to do this while maintaining balance and hopefully achieving the high standards set forth by the state and federal governments. It is not an easy task for our students, parents, teachers, and administrators so we applaud all those people who offer positive encouragement and support.

Thank you to all the parents who participated in parent-teacher conferences. Parent involvement is vital to student success.

If you have any questions, please contact the Gackle-Streeter School District Office at 485-3692.

Sincerely,
Supt. Mark Berg
"Empowering all students to succeed"

Winter Bus Travel

Cold weather is coming! Please be sure your child has caps, gloves, coats and other warm gear before getting on the bus. Please keep your bus driver in mind when doing snow removal as well as communicating when roads are impassable or your child won't be riding the bus. As winter time approaches, we would like to remind rural families that the buses will only run where possible. Please keep your driveways and yards opened up so the bus can safely and easily enter your yard. Thank You!

Make sure your child attends school daily!



Research shows that missing school regularly can hurt both the students who miss class—and their classmates. When students miss school, they miss out on learning. When they return, they have to work harder to catch up. After a while, it gets more difficult to catch up, and then kids are even more likely to miss school. As a result, kids who miss school have lower levels of achievement throughout their school careers. By sixth grade, research shows that students who miss an average of just one day a week are more likely to drop out of high school. The students who do come to class also miss out. When teachers have to repeat material or pay extra attention to kids who have been absent, everyone suffers.

Education is not the filling of a bucket, but the lighting of a fire. – W. B. Yeats

Sleep affects school functioning

Are your children getting enough sleep? Sleep is often overlooked as an important factor in the healthy functioning and development of children. However, in our fast-paced society, it is easy for families to start earlier and stay up later trying to meet the demands of very busy lifestyles. Sleep is necessary for good health and brain functioning. It affects mood, behavior, and learning. It is critical that parents make sure that children get enough rest. As with other habits, it is much easier to instill good sleep patterns than to correct bad ones. Experts agree that schoolage children need from 10 to 11 hours of sleep daily.

Tips to Help Your Child Sleep

- Avoid including caffeine drinks in a child's diet since it can interfere with sleep.
- Establish a regular bedtime schedule
- Avoid serving your child a big meal close to bedtime
- Keep TVs, computers, and game stations out of your child's bedroom
- Encourage calm and relaxing recreation close to bedtime
- · Create a dark, quiet bedroom environment

PRINCIPAL'S NOTE

FROM THE DESK OF MRS. BUCKEYE



The Best Part of My Day

I have to tell you that when I took this position as the principal of Gackle-Streeter Public School I was excited, nervous, scared, flattered, anxious, motivated, and very eager to serve the teachers, students, and members of this community. It truly has been one of the most challenging but rewarding chapters in my life.

The absolute best part of my day is bus duty- not because the kids are leaving the school, but watching the students come out of our building with smiles on their faces, sharing the best part of their day with me, giving me a fist bump, a high five, or a hug. It is in these moments I truly realize how fortunate I am to be a part of this school district.

Thank you to the parents for sharing your kids with us and trusting that we are doing our best to prepare them for their next level of education or chapter in their life. Thank you to the teachers for putting in the time and taking the effort to put the smiles on those faces. Thank you to our students for being the best kids in the STATE OF NORTH DAKOTA. You are all the best part of my day.

WHAT'S COMING UP

ONE ACT PLAY

Dress Rehearsal at the school on Nov. 2nd at 2:30

One Act Play Competition in Wishek on Nov. 3rd

COFFE WITH KIDS

November 4th 9:00-9:45- Special Veteran's Day Tribute

EARLY OUT

Students will be excused at 12:30 on Nov. 4th for teacher professional development

CONGRATS STUDENT COUNCIL

The GSPS Student Council and the community came together once again and did a fantastic job of putting on another successful blood drive. We set a goal to collect 25 units and ROCKED it. Thank you to all the community members who so generously donated to such an amazing cause. What role models and heroes we have in this town!

Congrats to the FFA and Ag. Department on Organizing the Halloween Carnival

What a fun HALLOWEEN CARNIVAL! Thanks to the Ag Department and the FFA for all the hard work and dedication to a fun filled school and community event. Your leadership skills, time, and organization to this event did not go unnoticed. Thank you also to the community members for coming out and supporting our kids and donating to our Assistant Cook- Karen Batch. We love you Karen and think of you often as you fight this battle. We can't wait to have you back in the school.

BOOKMOBILE

November 8th 10:30-1:30

NO SCHOOL

November 11th Veteran's Day and November 24th and 25th - Thanksgiving

Weather Is Changing

- As of Nov. 1st or the falling of the first snowflake for the yearwe will be moving to the NO SHORTS ALLOWED rule until spring.
- With the weather changing, please be sure your child is coming to school with warm clothing-hats, gloves, boots, snow pants, and a warm coat. Elementary kids will be going out for morning recess before school and noon recess after lunch. Teachers will be having the kids take everything home on the weekends to get washed.
- DOORS TO THE SCHOOL WILL NOT BE UNLOCKED UNTIL 8:10- Please plan accordingly when sending your kids to school. With the weather getting cold, we have kids arriving at 7:55 and standing outside the doors. For the safety of our students and lack of supervision before 8:10 we ask that the kids arrive after 8:10.
- REMINDER PARENTS....if your child is not going to be in school please contact the office. With the temperatures dropping and road conditions changing, your child's safety is our top priority.

MONTHLY SHOUT OUTS

The following students have been recognized this month for going out of their way to being EXTRA AMAZING. Thanks students and keep up the great work.

Graham, GSPS students and staff, Maddie, C, Skyler, Sawyer, Olivia, Student Council members, FFA members, and Ag students



We THANK vou for your service! To all of our VETERANS *IODAY & EVERY DAY*

Join us for coffee, a short Veterans Day Program, and reading with friends!

FRIDAY, NOVEMBER 4TH 9:00 - 9:45AM GACKLE-STREETER SCHOOL GYM GACKLE, ND



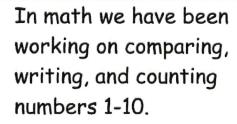
November Activities

| SATURDAY | 5 | EARLY OUT-PD Students dismissed @ 12:30 | 12 | | 19 | VB-V @ Bismarck Civic Center: TBD Wrestling-V Girls @ Lisbon HS: TBD | 26 | | 3 | |
|-----------|-----------|--|----|---|----|---|----|----------------------------------|----------|--|
| FRIDAY | 4 | Coffee with Kids 9:00-9:45am Veteran's Day Tribute | | FB-V @ Fargo Dome, NDSU; TBD | 18 | VB-V @ Bismarck Civic Center: TBD Wrestling-JH Boys @ Dickinson: TBD | 25 | NO SCHOOL Thankagiving Break | | |
| THURSDAY | 3 | One Act Play One Act Play Oness Rehearsal @ 2:30n Competition @ Wishek | 10 | VB-V @ NHS. TBD | 17 | VB-V @ Bismarck Civic Center: TBD | 24 | NO SCHOOL Thanksgiving Break | 30 DEC 1 | |
| WEDNESDAY | | | | | 16 | | 23 | | | |
| TUESDAY | 31 NOV | VB-V @ Ashley: TBD Elem BBB@ Tappen: 4:30p & 5:300 | 8 | Bookmobile 10:30a-1:30p VB-V @ NHS: TBD | 15 | | 22 | GBB-JH @ Wishek HS; 4:30p | 29 | Wresting-JH Boys @ Simile Middle Schoo!: TBD GBB-JV/V @ NHS: 6p & 7:30p |
| MONDAY | 30 OCT 31 | | 1 | VB-V @ NGS; TBD Wrestling-V Girls @ NHS gym: TBD Wrestling-V Boys @ NHS:4p | 14 | GBB-JV/V @ NHS: TBD GBB-JH @ NHS: 4:30p | 21 | GBB-JH @ Kidder County. 4:30p | 28 | BBB-JV/V @ NHS: TBD GBB-JH @ NHS: 4:30p GBB-JV/V @ NHS: 6p & 7:30p |
| SUNDAY | 30 | | 9 | | 13 | | 20 | | 27 | |





Kindergarten News



In reading we have been learning about friends.

In phonics we have been working on letters, rhyming, segmenting sentences and beginning sounds.

In science we are learning about plants and animals.

In social studies we have been learning about life long ago.



We were so excited to visit the Gackle Fire Department for fire safety week!

Sight word
flashcards came
home with your
student. Please
make sure to review
them. Testing days
for sight words will
be Fridays!

This school year my class went to a parade and a pumpkin patch. My favorite two parts about the parade was the kit-kat candy, that's my favorite candy, and my favorite float was a huge tractor. My favorite two parts about the pumpkin patch were the two bouncy houses and the corn pit. There's a regular house and a race one, and that corn pit was huge! This school year so far has been amazing!

By: Christian Burkle (Third Grade)

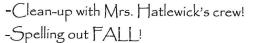




Hello from Mrs. Erbele's W.I.N crew. We recently participated in fall cleanup and the scavenger hunt that took place after the clean-up. We just wanted to share some cool pictures from the day. This group worked so well as a team, and Mrs. Erbele cannot wait to see more growth within the group over the rest of the school year.

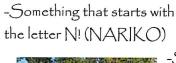


Something that starts with the letter E! (EMMA)





!(EMMA)





-Showing our Oriole Pride!







Mrs. Sako's Science News

We are busy "doing science" since school began. It's been fun getting to know the 7th graders and seeing how the rest of the students have grown and matured.

The 9^{th} grade, physical science students have been learning all about the periodic table and trying to remember which symbol goes with which element. Now we are expanding on elements and learning how they become compounds.

10th grade biology students have been learning about cells. Recently they learned how cells can be kept safe by the solution you put them into. They put dialysis bags into different solutions and watched them expand or shrivel up. They also engineered strong proteins simulating bone proteins.







7th and 8th graders have covered cells, body systems, and are now looking at reproductive strategies. They watched a puffer fish make a very elaborate geometric design in the sand and a bower bird do a funny dance to get a girlfriend. They've investigated how flowers are arranged to get pollinated.

In ecology, students are learning about ecosystems and populations. They teamed up with the entomology class and went on a field trip to Prairie Waters in Kathryn, ND. They ran tests to determine water quality; investigated how polluted a wetland area was based on the invertebrates living there; and then went into the water to collect invertebrates.

In anatomy, students have learned the names for body regions and directional terms. Now we are covering the skeletal and muscular systems. They need to know the bone names and will come up with a dance that explains the names of, and movements made by joints.

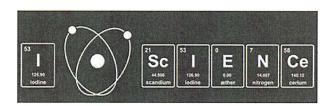
Lastly, in entomology, we had Jason Miller of Miller Honey come and talk to us about his bee operation. He even brought live bees for us to see! We've been using knowledge of insect anatomy to build models of insects. This took some doing because insects have jointed legs, so students had to figure out how to create them. Students are now investigating insect behaviors. We have mealworms in the lab and students are studying what they prefer to eat, how they hang out, if they prefer light or dark, etc. We will also look at using them to break down and recycle Styrofoam as well as their nutritional value. We may try some insect recipes!







I look forward to the fun science stuff yet to come!



Agriculture Education

The school carnival was a huge success. Thank you for all the support in donations and attendance. It was amazing to see all the community coming together to support Karen Batsch our assistant cook in her time of need. Through your support we were able to raise \$32000 to assist her with medical expenses.

District Leadership will be December 8. Sign-up for contests is happening now so please encourage your members to participate. Practices will be starting next week.

Our monthly meetings will be the first Monday of each month at 7 pm in the Ag room.

Mrs. Hatlewick

November 1-15

Pizza and Fruit Fundraiser

November 1

Jacket Applications Due

November 22

District Leadership Registrations due

December 8

District Leadership

December 13

State LDE Contest (winners from District) Bismarck

December 15

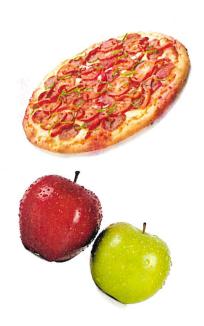
Fruit/Pizza deliveries

December 21

Christmas Break

MinnTex fruit, Badlands Pizza and Jerky sales will begin November 1 and end November 15. All orders must be paid for before final order submission. Delivery will be around December 15. Payment can be done through the school e-fund account, cash or check.

FFA Members will be contacting you soon for ordering. You may also contact Mrs. Hatlewick to order.



November Facts:

- November is the 11th month of the year and the last month of the Fall season.
- November has 30 days.

• Flower: Chrysanthemum

Birthstone: Citrine and Topaz

Zodiac signs: Sagittarius and Scorpio

November Trivia

- In the Roman calendar, November was the ninth month until January and February were added, causing it to move to the 11th month.
- November got its name from "novem" which is Latin for the number nine.
- On November 1, 1848 The first Boston Female Medical School opened. The school was founded by Samuel Gregory and opened with only twelve students attending classes. However, in 1874, the all-female school united with the Boston University School of Medicine and became one of the first co-ed medical schools in American history.
- On November 4, 1922, British archaeologist Howard Carter discovered King Tut's tomb in Luxor, Egypt. The tomb of King Tutankhamen was discovered mostly intact and contained items that are now exhibited in Egypt's National Museum located in the city of Cairo.

Holidays Celebrated in November

- World's Diabetes Day
- Veterans Day
- American Indian Heritage Month
- Thanksgiving
- Aviation month
- National Peanut Butter Lover's Month
- American Diabetes Awareness Month

THANKSGIVING WORD SEARCH

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thursday
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parade
mayflower
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Teach your child that multitasking and schoolwork don't mix

When your child is doing schoolwork at home, stop and consider: How many things are you both trying to do at once? Is your child studying while singing to music? Are you helping while also checking your email?

Multitasking has become a way of life, but not a good one. Research shows that the brain doesn't really focus on several tasks at once. Instead, it moves quickly from one thing to another—not giving anything its full attention.



To help your child concentrate on the assignment at hand:

- **Set a good example.** When your child is talking to you about schoolwork, give it your complete focus. This shows that it is important to pay attention to learning.
- **Schedule enough time** for your child to do tasks consecutively, instead of all at once: read at 4:00, math at 4:30, listen to music at 5:00.
- **Remove distractions.** Multitasking with technology (texting, having TV on in the background, etc.) has a negative impact on studying, learning and grades. Turn off all devices your child doesn't need to do the work.
- **Limit multitasking** to activities that don't require concentration. Your child can listen to music while setting the table or tidying up.

Source: C. Kubu, Ph.D. and A. Machado, MD, "The Science Is Clear: Why Multitasking Doesn't Work," Cleveland Clinic.



Talk with your elementary schooler about honesty and why it matters

Honesty is a core school value. Most elementary students know the difference between being truthful and lying. But deciding when and how to tell the truth isn't always easy for them. To encourage honesty:

- **Ask what your child thinks.**"Do you want others to tell you the truth?" "Is it ever OK to lie?"
 Discuss why honesty is important.
- Talk about what lying does.
 "Lying destroys trust. If you lie often, people won't believe you, even when you tell the truth."
- Create opportunities for truth-telling. Instead of asking
- your child, "Did you do this?" say, "Why did you do this?" Praise honesty. If you hear a lie, express confidence that your child will make a better choice next time.
- **Be a model.** Children notice when adults tell the truth—and when they don't.

Source: V. Talwar and others, "Children's Evaluations of Tattles, Confessions, Prosocial and Antisocial Lies," International Review of Pragmatics, Brill.

Get the facts about math

Why should your child memorize math facts when the world is full of calculators? Because math facts



are the basis for higher math. When students have to stop and do basic calculations, they lose their focus on the larger concepts. Knowing the facts also gives students the confidence to try more advanced math.

Review respectful behavior

Respectful behavior toward others creates the positive academic environment students need to learn. Encourage your child to:

- Address teachers and classmates by name.
- **Be courteous.** Words like *please* and *thank you* make a difference.
- **Avoid interrupting.** Instead, your child can raise a hand to be called on.

Have siblings show the way

Studies show that children who see an older brother or sister reading for fun are more likely to seek out books



themselves. Siblings are also great for suggesting and sharing books, and having conversations about reading material. To make the most of this relationship:

- · Plan weekly family reading time.
- **Take your children** to the library together. Let your younger child watch the big kids browsing and reading.
- **Ask other older kids**—cousins, babysitters, etc. to bring along a book when spending time with your child.

Source: M. Knoester and M. Plikuhn, "Influence of siblings on out-of-school reading practices," *Journal of Research in Reading*, John Wiley & Sons.

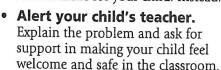
HEPT CRITICAL CONTROL CONTROL



How can I prevent my child from being excluded?

Q: My fourth-grader has never had many friends. One child who used to spend time with mine seems to have moved on to other friends. That group is teasing my child—who now doesn't want to go to school. Should I call the former friend's parents? What else can I do?

A: Social problems at school can have a negative effect on children's emotional and academic wellbeing. When teasing affects your child's willingness to go to school, you must get involved. But calling other parents isn't the answer. It hardly ever works, and could result in more heartache for your child. Instead:





- **Ask about after-school activities** and clubs at school. Spending time with other students who also enjoy making robots or singing in a special chorus can help your child find a "friend group" at school.
- Look for organized activities outside school that might interest your child. Sometimes, a structured setting makes it easier for kids to get along.

If your child continues to struggle with friendships, ask for an appointment with a school psychologist or counselor. They are trained to help students and families with social issues that affect school success.



Are you teaching decision-making?

Children make lots of choices that affect their school success: to say *no* to peer pressure or go with the flow, to tackle challenges or give up, etc. Are you helping your child learn how to make wise choices? Answer *yes* or *no* below:

- ____**1. Do you teach** your child that every choice comes with consequences?
- 2. Do you explain your thinking to your child sometimes as you make decisions?
- ___3. Do you involve your child in discussions about family decisions?
- __4. Do you encourage your child to ask questions before deciding? "What do student patrol members do?" "Can I change my mind later?"

_**5. Do you let** your child make lots of choices and live with their outcomes?

How well are you doing?

More yes answers mean you're offering important lessons in decision-making. For each no, try that idea.

"It takes courage not only to make decisions, only to live with those but to live with ards." decisions afterwards."

Connect new information to things your child knows

When your child is learning, connecting new information to something familiar leads to better long-term recall ability than just repeating it over and over. To help your child make meaningful connections:

- **Create a story together.** Weave new information into situations and locations your child knows well.
- Get the big picture.
 Rather than repeating
 "Jupiter is the largest
 planet," your child can
 tie that fact to a broader idea. "Everything
 about our solar system's
 biggest planet is big. Jupiter's
 big red spot is bigger than the Earth."

Source: J.A. Meltzer and others, "Electrophysiological signatures of phonological and semantic maintenance in sentence repetition," *NeuroImage*, Elsevier.

What's the real problem?

Your child is upset about performing poorly on a quiz. It's important not to ignore these feelings. But was that quiz really "unfair" as your child claims? Ask a few questions. "Why wasn't it fair?" "How did you prepare?" If the real story is that your child didn't study, point that out. Your student was irresponsible, not mistreated. Together, brainstorm about what your child could do differently next time.

Reach out to teachers

It's natural for you to have questions for your child's teachers, and teachers want to help. When you communicate:

- **Be patient.** Busy teachers may need a day or two to respond.
- **Be open-minded.** Expect to hear about your child's strengths *and* weaknesses.
- **Be positive.** You and the teacher both want your child to do well.

Helping Children Learn®

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