



McPherson County Health Department
1001 N Main St.
McPherson KS 67460
(620)241-1753

March 12, 2020

Dear McPherson County Parents and Guardians,

McPherson County has zero 2019 novel coronavirus (COVID-19) cases. McPherson County Health Department (MCHD) has been working closely with healthcare partners and school districts to prepare for COVID-19 in the community.

If you or your child are experiencing mild to severe respiratory illness, including fever, cough, and shortness of breath, and either have traveled recently to known infected areas, or had exposure to someone who has COVID-19, please **call** your primary care provider or hospital and tell them about the symptoms, travel or exposure. **Do not show up to the healthcare facility without calling ahead and receiving special instruction.**

To prevent the spread of COVID-19 and other diseases, please

- Stay home if you or your child have fever or other illness
- Wash you and your child's hands with soap and water frequently for at least 20 seconds (try singing Twinkle Twinkle Little Star or other similar tunes as you wash)
- Clean frequently touched surfaces daily
- Cover you and your child's cough and sneeze with a tissue then throw it away
- Avoid touching you and your child's face with unwashed hands
- Stay up-to-date on the latest COVID-19 information using reliable sources: kdheks.gov or cdc.gov

Please remember to take care of your family's emotional health. Outbreaks can be stressful for adults and children. Children respond differently to stressful situations than adults. Talk with your children about the outbreak, try to stay calm, and reassure them that they are safe.

Sincerely,

Shalei Shea

Shalei Shea, Director
McPherson County Health Department