



# School District of Cambridge

## District Office

403 BLUE JAY WAY • CAMBRIDGE, WISCONSIN 53523-9547

Telephone  
(608) 423-4345

Fax  
(608) 423-9869

Website  
[www.cambridge.k12.wi.us](http://www.cambridge.k12.wi.us)

March, 2020

Good Afternoon Families,

As we continue to monitor the CoVID-19/Coronavirus situation and enter into Spring Break season, I wanted to share some updates from the School District of Cambridge and the Jefferson County Health Department. At this time, there are no confirmed cases of CoVID-19 in Jefferson County.

### From School District of Cambridge:

- **Families, please make sure that you are talking with your students about YOUR expectation that they are washing their hands or using hand sanitizer before eating. Although our staff talk to the students about using available options, your support would be greatly appreciated! This should always be our expectation for students.**
- **If you are planning to travel to one of the Level 3 Travel Health Notices Countries (please see the Jefferson County Health Department notice below), please contact your student's school office as soon as possible so that we can make arrangements for a communication system between your student's teachers and your home during the recommended self-quarantine period.**

These absences would be “administratively excused” with documentation of travel.

### From the Jefferson County Health Department:

On March 4, 2020, the WI Department of Health Services notified local health departments of changes to **national CDC guidance for travelers returning from countries with Level 3 Travel Health Notices. The countries that currently have a Level 3 Travel Health Notice are China, Iran, Italy, and South Korea. The widespread sustained (ongoing) transmission of COVID-19 prompted this change in guidance.**

What This Means:

For travelers returning from these 4 countries, they are now asked to do voluntary self-quarantine and self-monitoring, not requiring direct local health department supervision (daily check-ins, etc.). **Prior to this change on March 4, 2020, most of the travelers who spent time in these 4 countries were not asked or recommended to complete any of these steps so they were able to be among others. It is important to remember that as this COVID-19 situation evolves so will the guidance.**

The School District of Cambridge prepares citizens who:  
*Learn from the past, Achieve in the present, and Envision the future.*

For these travelers returning from these 4 countries, the CDC Is recommending:

Stay home for 14 days from the time you left an area with widespread, ongoing community spread (Level 3 Travel Health Notice countries) and practice social distancing. Take these steps to monitor your health and practice social distancing:

1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.
2. Stay home and avoid contact with others. Do not go to work or school for this 14-day period. Discuss your work situation with your employer before returning to work.
3. Do not take public transportation, taxis, or ride-shares during the time you are practicing social distancing.
4. Avoid crowded places (such as shopping centers and movie theaters) and limit your activities in public.
5. Keep your distance from others (about 6 feet or 2 meters).

If you get sick with fever (100.4°F/38°C or higher), cough, or have trouble breathing:

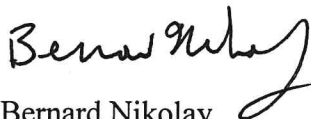
1. Seek medical care. Call ahead before you go to a doctor's office or emergency room.
2. Tell your doctor about your recent travel and your symptoms.
3. Avoid contact with others.

If you need to seek medical care for other reasons, such as dialysis, call ahead to your doctor and tell them about your recent travel to an area with widespread or ongoing community spread of COVID-19.

Our health department will be working with school districts if there is any known risk to staff or students that needs additional follow up. For additional questions, contact

**Jefferson County Health Department**  
1541 Annex Road ♦ Jefferson, WI 53549  
920-674-7275 (Phone) ♦ 920-674-7477 (FAX)  
[www.jeffersoncountywi.gov](http://www.jeffersoncountywi.gov)  
Gail Scott, RN, BSN, Director/Health Officer

As always, we will continue to provide communication as this situation evolves.



Bernard Nikolay  
Superintendent