

# OCOSTA SCHOOL DISTRICT

2580 S. Montesano St., Westport, WA 98595-9746 • 360-268-9125 (P) • 360-268-2540 (F)

Engaged • Productive • Committed  
Together  
We Are Ocosta

March 12, 2020

Dear Ocosta Families and Staff,

Yesterday it was confirmed through Grays Harbor Public Health Department that a Grays Harbor County resident tested positive for the Coronavirus (COVID-19). We have been in constant communication with Grays Harbor Public Health officials and are jointly monitoring the potential impacts of COVID-19 throughout our community. The health department did confirm that this individual has had **no** direct contact with any schools in the Grays Harbor region.

As of this letter, we will continue to operate our schools and activities. Ocosta School District will not cancel or postpone events or field trips unless advised to do so by public health officials. However, if a trip looks to put our students at risk, the district retains the right to postpone or cancel the trip/activity. Parent/Teacher conferences scheduled for 4/2 and 4/3 will be done by telephone. More information regarding conferences will be released at a later date. Our goal is to keep our students and staff safe.

Given the recent COVID-19 incident, per the Grays Harbor County Health Department, we will be implementing these recommended preventative guidelines:

- Continue standard cleaning procedures, and clean frequently touched surfaces and objects (like doorknobs and light switches). Standard cleaning products are effective. A fresh solution of 10% bleach/water (1 part bleach to 9 parts water) will kill respiratory viruses;
- Supervise hand sanitizing before food is consumed;
- Provide hand washing reminders and hand sanitizer;
- Students should not attend school if they do not feel well or have cold or flu-like symptoms (elevated temperature, fever, cough, shortness of breath);
  - Parents in households with fever and respiratory illness should monitor their children's temperature daily before sending them school;
- Staff should not come to work at the school if they do not feel well or have cold or flu-like symptoms (elevated temperature, fever, cough, shortness of breath);
- **Exclude** students who have been **diagnosed (confirmed case)** with COVID-19 for 7 days or 72 hours after the fever is gone and symptoms have resolved, whichever is longer;
  - Exclude siblings in households with confirmed COVID-19 cases from school for 14 days past last exposure (last date of household member's fever);
- Student athletes (grades 6-12) will be monitored accordingly following WIAA guidelines for practice requirements. Our Athletic Director, in conjunction with principals, will work with students individually as needed.

In closing, your child's safety is our most important priority. We will work closely with you and your family's needs as we work through this together.

Sincerely,



Heather Sweet

Superintendent, Ocosta School District

# OCOSTA SCHOOL DISTRICT

2580 S. Montesano St., Westport, WA 98595-9746 • 360-268-9125 (P) • 360-268-2540 (F)

Engaged • Productive • Committed  
Together  
We Are Ocosta

12 de marzo de 2020

Estimadas familias y personal de Ocosta:

Ayer se confirmó a través del Departamento de Salud Pública de Grays Harbor que un residente del Condado de Grays Harbor dio positivo por el Coronavirus (COVID-19). Hemos estado en comunicación constante con los funcionarios de salud pública de Grays Harbor y estamos monitoreando conjuntamente los posibles impactos de COVID-19 en toda nuestra comunidad. El departamento de salud confirmó que esta persona no ha tenido contacto directo con ninguna escuela en la región de Grays Harbor.

A partir de esta carta, continuaremos operando nuestras escuelas y actividades. El Distrito Escolar de Ocosta no cancelará ni pospondrá eventos o excursiones a menos que los funcionarios de salud pública se lo aconsejen. Sin embargo, si un viaje parece poner en riesgo a nuestros estudiantes, el distrito se reserva el derecho de posponer o cancelar el viaje / actividad. Las conferencias de padres / maestros programadas para 4/2 y 4/3 se realizarán por teléfono. Más información sobre las conferencias se dará a conocer en una fecha posterior. Nuestro objetivo es mantener seguros a nuestros estudiantes y al personal.

Dado el reciente incidente de COVID-19, según el Departamento de Salud del Condado de Grays Harbor, implementaremos estas instrucciones preventivas recomendadas:

- Continúe con los procedimientos de limpieza estándar y limpie las superficies y objetos que se tocan con frecuencia (como manillas de las puertas e interruptores de luz). Los productos de limpieza estándar son efectivos. Una solución nueva de 10% de cloro / agua (1 parte de cloro por 9 partes de agua) matará los virus respiratorios;
- Supervise la desinfección de manos antes de consumir los alimentos;
- Proporcionar recordatorios de lavado de manos y desinfectante de manos;
- Los estudiantes no deben asistir a la escuela si no se sienten bien o tienen síntomas de resfriado o gripe (temperatura elevada, fiebre, tos, falta de aliento);
  - Los padres en hogares con fiebre y enfermedades respiratorias deben controlar la temperatura de sus hijos diariamente antes de enviarlos a la escuela;
- El personal no debe venir a trabajar a la escuela si no se siente bien o tiene síntomas de resfriado o gripe (temperatura elevada, fiebre, tos, falta de aliento);
- Excluir a los estudiantes que han sido diagnosticados (caso confirmado) con COVID-19 durante 7 días o 72 horas después de que la fiebre haya desaparecido y los síntomas hayan desaparecido, lo que sea más largo;
  - Excluir a los hermanos en hogares con casos confirmados de COVID-19 de la escuela durante 14 días después de la última exposición (última fecha de fiebre del miembro del hogar);
- Los estudiantes atletas (grados 6-12) serán monitoreados de acuerdo con las instrucciones de WIAA para los requisitos de práctica. Nuestro Director Atlético, junto con los directores, trabajará con los estudiantes individualmente según sea necesario.

Para terminar, la seguridad de su hijo es nuestra prioridad más importante. Trabajaremos cercanamente con usted y las necesidades de su familia mientras trabajamos juntos en esto.

Sinceramente,



Heather Sweet, Superintendente Del Distrito Escolar de Ocosta

El Distrito Escolar de Ocosta no discrimina en cualquier programa o actividad sobre la base de sexo, raza, credo, religión, color, origen nacional, edad, veterano de guerra o militar del estado, orientación sexual, expresión o identidad de género, discapacidad, o por el uso del perro guía de un animal entrenado de servicio, y acceso de los Boy Scouts de América y otros grupo de jóvenes. Los empleados siguiente (s) han sido designados a responder preguntas y quejas de presunta discriminación: Título IX / RCW 28.A640, Dr. Cindy Risher (360-268-9125, ext. 2001) y Nicholas French (360-268-9125 ext. 1005), Y / la Sección 504 de la o, Christopher Pollard (360-268-9125, ext. 3001), y el Coordinador de Cumplimiento de la Ley del Estado, Heather Sweet (360-268-9125, ext. 1001) en 2580 S Montesano St, de Westport, WA 98595-9746.

### Who should quarantine themselves at home?

Yes, it's confusing. Let's walk through it.

#### You have a cough and fever:

- [If you have had a test and actually been diagnosed with COVID-19](#), you need to stay home away from people for 7 days or until 72 hours after your fever and symptoms are gone, whichever is longer.
- [If you have NOT had a COVID-19 test](#), but you have had close contact with someone who has had a test and been diagnosed with COVID-19, you should isolate yourself at home (i.e. stay in a bedroom in your house away from others if possible) for 7 days OR until 72 hours after your fever is gone and your symptoms get better, whichever is longer.
- [If you have NOT been around anyone](#) who has been diagnosed (by test) with COVID-19, you should stay home away from others until 72 hours after the fever is gone and symptoms get better. You may have COVID-19 or you may have any number of other respiratory diseases circulating in our communities.

#### You feel fine:

- [BUT you have had close contact](#) with a sick person who has been diagnosed by test with COVID-19. Please monitor your health for fever, cough and shortness of breath during the 14 days after the last day you were in close contact with the sick person with COVID-19. You should not go to work or school, and should avoid public places for 14 days.
- BUT your kid or someone else in your household has a cough and a fever, but has NOT been tested for COVID-19. The sick person needs to stay home until their fever and symptoms have been gone for 72 hours. You and the rest of the household can continue to go to work and school as long as you feel well. There are many potential respiratory diseases that can cause cough and a fever.
- BUT a friend of a friend of yours has COVID-19. You can continue to go to work and school as long as you feel well. If you have not been around someone with COVID-19, the chances that it is COVID-19 are fairly low.
- BUT you are worried about your older or medically fragile friends and relatives. This is a time to practice social distancing. Refrain from shaking hands, high fives, and hugs, stand 6 feet or more away from other people or connect with people by phone, text and email. See if you can work from home. Wash your hands frequently.