

East Elementary October News





The Benavides Buzz



Hello East Elementary Families,

October kicks off an exciting month! We are beginning with our fall fundraiser selling, Neighbors America's Favorite Cookies! Cookie dough orders will be collected through October 13th, with delivery expected mid November. Just in time for the holidays! All funds raised will go into our site activity account to support students activity such as playground enhancements, field trips, and classroom needs! We appreciate your help and support!

We have been so happy to have parent volunteers back in the classrooms this year! All volunteers must complete the <u>BEST training</u> program online. Please reach out to your child's teacher if you would like to volunteer to be a guest reader, work with student groups, special class activities, and more! This month we will be looking for parent volunteers to help with our Book Fair and Annual Touch a Truck event! Our counselors coordinate with <u>many</u> community helpers to share with students what their role is within our community as contributing citizens! PTO will be working with our counselors and librarian to coordinate volunteer sign up! We will end the month with Parent Teacher conferences from 4:00-7:00 on the 27th and Nov. 1st.

Wishing you a spooktacular month ahead!

Mrs. Benavides

Home of the Spartans

Great Expectations Focus for October

Character Trait:

Courage

Definition: Strength to act even when afraid or uncertain.

Quote:

"If you have courage to begin, you have the courage to succeed." -David Viscott

Expectation:

Expectation #3 We will use good manners, saying "please", "thank you", and "excuse me" and allow others to go first.



Upcoming Dates

Mark your Calendar!



Important Dates for October:

10/07: Early Release Friday

10/11: Picture Retakes/ Class Pictures

10/11: GE Coach Visit to Classrooms

10/14: Cheerleader Spirit Sales before school

10/14: Rise & Shine Showcase lead by Miller

& Morrison's 3rd grade class

10/14: Early Release Friday

10/19: Touch a Truck

10/20-24: Fall Break/ No School

10/25-10/28: Red Ribbon Week *Dress up days

10/26: Fall Book Fair

10/27 & 11/1: Parent Teacher Conferences

October Counselor's Corner
East Elementary

Red Ribbon Week Dress Up Days!

Tuesday Oct. 25- "Peace Out to Drugs"-Wear peace signs and/or tie dye

<u>Wednesday Oct. 26-</u>"Lei Off Drugs"- Wear a lei and/or Hawaiian clothes

Thursday Oct. 27-"We are crazy about being drug free"-Wear crazy hair and/or crazy socks

Friday Oct. 28-"Being Drug Free shows good character"- Dress as your favorite book character (no masks, face paint or handheld accessories)

Coping Skill of the Month!

Get Outside!

Getting outside can help to cope with big feelings. The following are some ideas of what you can do outside to reset: yell into the wind, feel the sun on your skin, or go on a nature walk

East was so fortunate in September to have "It's All About Kids" (an extension of the Tulsa Health Department) provide a Bully Busters Assembly for our K-2nd grade students, as well as individual presentations to our 3rd grade classes. The students learned how to identify bullying behaviors and how to handle bullying situations. A special perk was getting to see Hornsby during the assembly!

Important Dates!

- October 10-14: Fire Safety Week
- October 19: Touch-a-Truck
- October 25-28: Red Ribbon Week
- Bullying Prevention Month



Announcements!

Mrs. Nichols and I are excited to bring Touch-a-Truck back to EE again this year! This is a fun event that allows our students to get an up close experience of our community vehicles. As special addition to our event this year, we will "filling" a truck with donations to the Bixby Outreach Center (B.O.C.). Please bring in cookie, cake and brownie mixes the week of October 17th. We will be filling the B.O.C truck with our donations on October 19th during our Touch-a-Truck event!

Contact information

Denia Fotenopulos <u>dfotenopulos@bixbyps.org</u> Caroline Nichols <u>cnichols@bixbyps.org</u> 918-366-1711

Encourage your child to read another one

Find ways to encourage your child to keep reading. If he or she likes one book, find another book with a similar subject or by the same author. Ask a librarian or teacher for book suggestions.

Take turns reading

Once your child can read, have him or her read aloud to you every day. You can take turns – you read one page and your child the next.

Make connections to your child's life

Help your child make connections between what he or she reads in books and what happens in life. If you're reading a book about a family, for example, talk about how what happens in the story is the same or different from what happens in your family.

Give your child an incentive to read

At bedtime, encourage your child to read. Offer a choice between reading or sleeping. Most kids will choose to read, as long as you don't offer something more tempting (like TV).

Try different types of books and magazines

Encourage your child to read different types of books, articles, or stories. Some kids, especially boys, prefer nonfiction books. Others like children's magazines.

Turn on the closed captioning on your television

When watching a television show with your child, try turning on the closed captioning channel. This shows the words the characters are speaking on the television screen. Some people find it's a good way to learn English!

Reading with your child at home strategies





Instructional Coaches Corner by: Rudi James



Save the date

Be sure to stop by the instructional coaches table at parent teacher conferences! We will be sharing resources and at home strategies- to make learning at home fun and meaningful!