

2023 Rolling Plains Relays

Schedule of Events – March 24, 2023

10:00 – 10:45 Scratch Meeting (In Auxillary gym)

11:00 AM 3200 m Run Finals (Girls Varsity, JV and Varsity Boys)

11:30 AM

Girls Running Prelims

4x100 m Relay

100 m Hurdles

100 m Dash

400 m Dash

300 m Hurdles

200 m Dash

Boys Field Events

Pole Vault

JV Shot, Followed by Varsity

Varsity Disc, Followed by JV

Varsity Long Jump, Followed by JV

JV Triple Jump, Followed by Varsity

1:00 pm: High Jump (JV, V)

2:30 PM* (Approximate time)

Boys Running Prelims (JV followed by Varsity)

4x100 m Relay

800 Run (JV Only)

110 m Hurdles

100 m Dash

400 m Dash

300 m Hurdles

200 m Dash

4:00

Girls Field Events

High Jump

Triple Jump

Discus

Pole Vault

Shot Put

Long Jump

5:30*

RUNNING FINALS (VG, VB)

4 x 100 m Relay

800 m Run

100 m Hurdles

110 m Hurdles

100 m Dash

4 x 200 m Relay

400 m Dash

300 m Hurdles

200 m Dash

1600 m Run (Varsity and JV Boys combined)

4x400 m Relay

