



Challenges for 100's Day!

IMPORTANT DATES:

Feb. 17th - 21st - Winter Break

Weds, Feb. 26th - YMCA swim

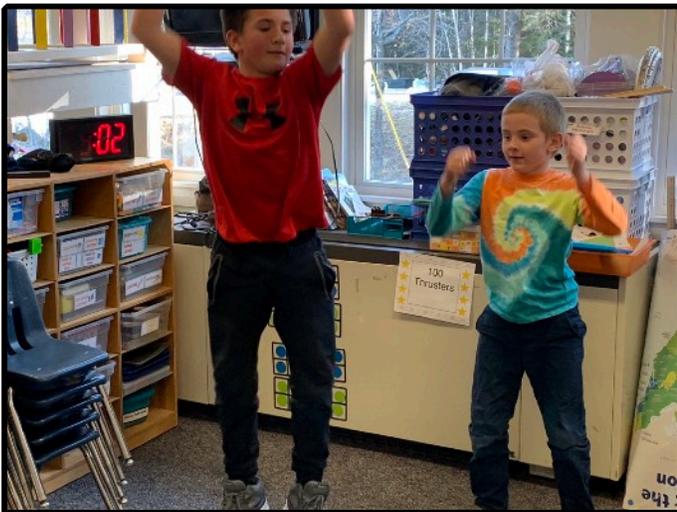
Thursday, Feb. 27th - Yoga

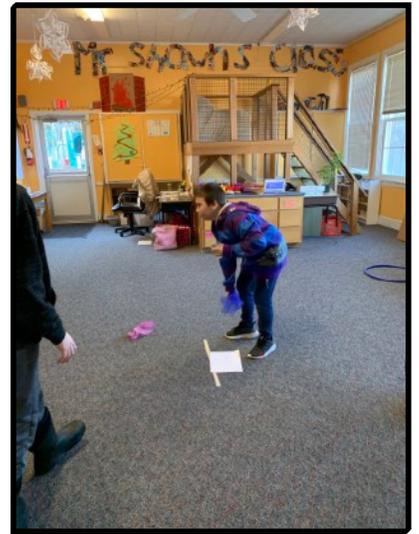
*Tues, March 3rd, - Firemen's
Dinner*



100's Day Celebration at SCS

100's day was celebrated Wednesday morning with lots of challenges. Mr. Shawn explained all the 10 challenges that each child would do with their buddies. The challenges were set up in the 3 classrooms. The 10 challenges would equal 1000 exercises they would all be doing. The challenges included squats, pushups, jumping jacks, stairs, crossovers, partner tosses, planks, tosses in a bin, thrusters, and 100 seconds of silence. All the children completed them!!





Thoughtful Ella brought in air freshener to deflect the sweaty body odor expected after completing all the physical challenges. :)



Nikki Tibbetts's K/1 Classroom



Today in forest school, we dissected owl pellets and put the mouse skeletons back together!

Lisa Clarke's Grade 2/3 Classroom



SEALS SNACK STORE NEWS

Our snack store has officially closed, and it was a BIG HIT!!! This proved to be a great way to learn about profit and loss, supply and demand, goods and services, as well as how to count money and make change. After paying back the bank (me), our profit is \$119.54. WOW!!! That, divided by 8 students equals a whopping \$14.94 per child! Following vacation, we will have more thorough discussions about what to do with that money, but we will be going to the Southport Store to do a little bit of shopping to practice budgeting. More detailed information will follow.



This year's 100's day saw us doing a number of experiments that required the children to make a predication, then measure to determine actuals. An example of this is predicting how tall a stack of 100 pennies would be.



Happy Valentine's Day!





Hello from Mrs. Fowlie

Happy
Friday !!! :)

GUIDANCE:

Feb. 3rd -
Our topic was

SELF-
DISCIPLINE

and how it

relates to controlling our behavior. We

watched a video: “Adventures From The Book of Virtues” which related 3 mini stories to our topic.

The stories reminded us to enjoy the present and not always try to rush through the challenging times, to be thankful and not take for granted people in our lives presently, and to focus on controlling our behaviors even while experiencing a roller coaster of emotions.

****** Please help me extend the learning by pointing out to your son/daughter areas in their lives that they might need to work on to develop more self-discipline.***

(Ideas: healthy snacking vs. junk food OR reading a book/more exercising/playing games etc.

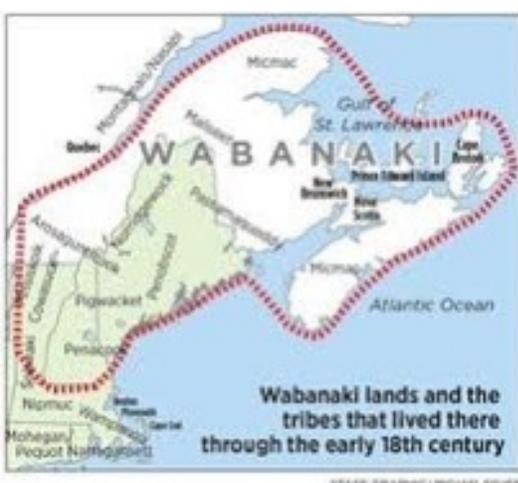
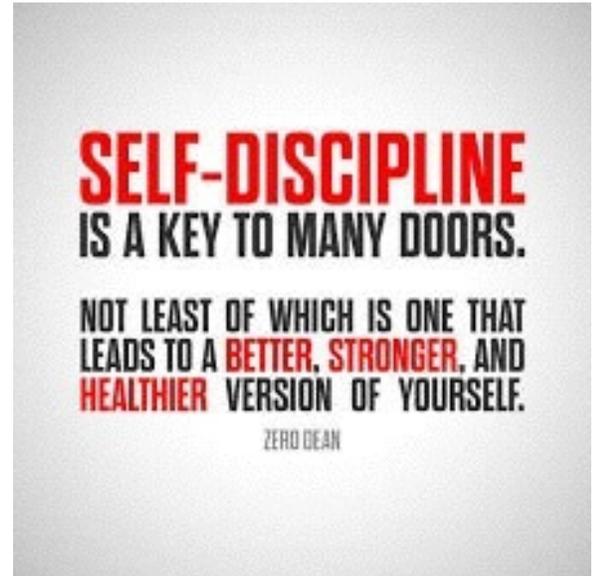
with siblings vs. technology....)

****** Let me know of any successes that you observe! :)***

CULTURAL STUDIES:

Feb. 7th - SNOW DAY

Today we would have spent our class time reviewing our Wabanaki Studies - Micmac, Maliseet, Penobscot, and Passamaquoddy - will make up this lesson on 2/28.



STAFF GRAPHIC | MICHAEL FISHER