

### **5.13 ACTIVITY POLICIES AND REGULATIONS**

A “participant” shall be defined as all persons in the school district, 5-12, that participate in any activity under the auspices of the South Dakota High School Activity Association, or any activity sanctioned by the school as extracurricular in nature. All activities listed under policy section 5.13 are considered within the scope of the following policies and regulations.

It is understood that policy cannot address every circumstance. In the case the policy does not fit the circumstance or participant, the following chain of command will be followed in decision-making:

1. Activity coach or advisor
2. Athletic director or Activity Director
3. Principal
4. Superintendent
5. Board

The following policies govern athletes from grades 5-12 . The rules are in effect during the school year or during the season of practice, should the season begin before school starts(i.e. football, volleyball) or end after school has dismissed for the year(i.e track, golf).

**Reviewed and accepted: April 13, 2009; Action 2008-09-89**

### 5.13.1 EXTRACURRICULAR GENERAL POLICY

**Philosophy statement:** Junior and Senior High extra curricular activities are completely voluntary programs. No student is obligated to take part in these activities. Participation is not required for advancement or graduation. Therefore, to prevent adverse public reaction, prevent dissension on teams improve the health and safety of participants, and for the general welfare of teams, the following training rules will be enforced.

We want to be proud of you and we want you to have PRIDE in yourself. Many things go into making a winning team; one of the most important is adherence to training rules. Nothing breaks a squad's morale faster than the knowledge that one or more of your teammates is breaking training. We do not believe any of you are doing so now, but we want to very FIRMLY remind you of the consequences if temptation comes along. Our training rules are as follows:

- A. All state SDHSAA eligibility regulations will be posted and followed.
- B. School Regulations:
  1. **ACADEMICS:** The Participant must be passing four (4) full credits per semester.
  2. **DRESS:** One must realize they represent their school, town, and themselves. Set a good example.
  3. **LETTERING POLICY:** Letters are earned on the Varsity Level Only.
    - Basketball – Participate in at least 12 quarters in one season
    - Football – Participate in at least 6 quarters in one season
    - Volleyball – Participate in at least 1/3 of all sanctioned games
    - Track – An athlete must score at least 1 point in any varsity track meet
    - Cheerleading – Participate in ¾ of each sport you cheer for
    - Cross Country – Must finish in the top 20 of two CC meets on the Varsity Level
  4. **CURFEW:** Remember, you have a responsibility to your teammates, school, coach and yourself to be able to give 100% of yourself at all times during practice and games or performances. Curfew hours may be set by coaches.
  5. **DRUGS, DRINKING, TOBACCO:** A student shall not use, consume, have in possession, buy, sell, or give away any tobacco, alcoholic beverages, beverage containing alcohol, marijuana, or any substance defined by law as a drug, unless specifically prescribed by the student's doctor for the student's own use, during the school year or during the season of practice or play rehearsal regardless of the quantity.
  6. Any participant determined by the Coaching staff to be knowingly in immediate association with someone who is illegally using tobacco, alcohol or any substance in an intoxicating manner shall be considered in violation of this Activity policy. A common sense approach will be related to the concept of knowing association. Examples include but are not limited to:

- (A) Being present in a vehicle where alcohol, tobacco, or illegal substance are being used.
  - (B) Attending a house or other party that involves the use of alcohol, tobacco, or illegal substance.
7. PHYSICALS: All athletes participating in a Junior High or Varsity event must have a current physical prior to the first date of participation.
  8. INSURANCE: Those students who participate in sports will be required to take out an accident insurance policy, or show evidence of adequate coverage.
  9. CONCESSION STAND/CLEAN UP CREWS: All student athletes in grades 6-12 will be required to work in the concession stand and help clean up the gym on Nights assigned to them by the Coaching Committee.

**Reviewed and accepted: April 13, 2009; Action 2008-09-89**

### **5.13.2 CONSEQUENCES AND SUSPENSION**

*This policy will be in effect from the first day of practice in the fall to the last day of school or last day of sports activities in the spring whichever is later. A student under suspension for violation of District rules of general department may not participate in any extra-curricular activity during the period of such suspension.*

**FIRST OFFENSE:** For the purposes of this Policy the word “offense” means violation of District rules of general department activity rules and training rules. A first offense results in loss of eligibility for the next two weeks or two contests; whichever is greater. All students will meet with a coach’s committee prior to serving their suspension.

**SECOND OFFENSE:** If during one calendar year from the first offense, confirmation is received that the student has again violated district activity training rules, it will be considered a second offense. A second offense results in loss of eligibility for the next five (5) weeks or four (4) contests or events; whichever is greater. All students will meet with a coach’s committee prior to serving their suspension.

**THIRD OFFENSE:** If during one calendar year from the second offense, confirmation is received that the student has again violated the district activity and training rules, it will be considered a third offense. The student will lose eligibility in all activities for one calendar year.

In the event the student commits the offense between seasons, the suspension will begin with the first day of practice of the next activity in which the student participates and will include the minimum number of contests or events. In the event the student commits the offense during the school year but after the student’s participation is complete, the

student will forfeit any “letter” or participation award. All students will meet with a coach’s committee prior to serving their suspension.

### **RULES FOR SUSPENSION**

The student will participate in all scheduled practices and team or activity meetings.

The student will travel with the team and sit with the team in street clothes for all games or performances. The student may not wear any part of the Hanson uniform during this time. This includes during school, after school, or during the game.

NO student will be allowed to start an activity season late for the purpose of serving a suspension. The coach or director may not add any time to the suspension but may add extra work as may be appropriate.

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**Reviewed and accepted: August 10, 2015; Action 2015-2016-20**

**5.13.3 ACTIVITY POLICY PARTICIPATION AGREEMENT**

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To Parent Concerned:

I/We have read the Activity policies of Hanson High School as established for the purpose of regulation the Athletic and Activity Program.

I will do my best to help my daughter or son to obey all policies and to help in enforcement of any training rules that are established.

I hereby give my permission for \_\_\_\_\_ to participate.  
(Participant's Name)

\_\_\_\_\_ We will participate in the Accident Insurance

\_\_\_\_\_ We will furnish insurance and will not participate in the Accident Insurance.

\_\_\_\_\_ Parent or Guardian Signature

\_\_\_\_\_ Date

Sign and return to the Head Coach.

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