Kenner Discovery (Maine) March 2020 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	3 Banana Muffin w/ Cinnamon Toast Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	4 Bagel w/ Cream Cheese Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	5 Waffles w/ Syrup Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	6 Breakfast Pizza Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice
9 Apple Frudle Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fruit Juice	10 Sausage w/ Toast Grits Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fruit Juice	11 Chicken Biscuit w/ Toast Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	12 Pancakes w/ Syrup Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	13 Sausage & Egg Biscuit Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice
16 Cini Mini Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	17 French Toast Sticks Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	18 Blueberry Muffin w/ Cinnamon Toast Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	19 Sausage Biscuit Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	20 Fruit and Yogurt Parfait w/ Granola Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice
23 Apple Frudle Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	24 Sausage & Egg Biscuit w/ Grits Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	25 Breakfast Pizza Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	26 Banana Muffin w/ Cinnamon Toast Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	27 Pancake on a Stick Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice
30 Chicken Biscuit w/ Toast Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice	31 Pancakes w/ Syrup Assorted Cereal w/ Toast Assorted Fresh Fruit 100% Fresh Juice			

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

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Kenner Discovery(Maine) March 2020 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Potato w/ Chili & Cheese Dinner Roll Chicken Sandwich Fresh Broccoli Seasoned Carrots Assorted Fresh Fruit	3 **Taco Tuesday** Twin Tacos w/ Fiesta Rice Lettuce & Tomato Cup Classic Hamburger Seasoned Black Beans Seasoned Corn Assorted Fresh Fruit	4 Chicken Etouffee w/ Rice Dinner Roll Chicken Sandwich Greens Beans Fresh Cherry Tomatoes Assorted Fresh	5 Caribbean Chicken w/ Yellow Rice Dinner Roll Classic Cheeseburger Seasoned Broccoli Seasoned Carrots Assorted Fruit	6 Meatloaf w/ Gravy & Rice Dinner Roll Cheese Pizza Fresh Broccoli Cucumber & Tomato Salad Assorted Fresh Fruit
9 New Orleans Style Jambalaya w/ Dinner Roll Chicken Sandwich Turnip Greens Mashed Sweet Potato Assorted Fresh	10 Chicken Pasta Alfredo w/ Garlic Bread Classic Hamburger Seasoned Carrots Seasoned Pinto Beans Assorted Fresh Fruit	11 BBQ Popcorn Chicken w/ Mac & Cheese Dinner Roll Italian Meatball Sub Fresh Broccoli Cucumber & Tomato Salad Assorted Fresh Fruit	12 Italian Spaghetti w/ Garlic Bread Classic Hamburger Seasoned Corn Turnip Green Assorted Fresh Fruit	13 Hotdog w/ Chili Cheese Pizza Fresh Carrots Green Peas Assorted Fresh Fruit
16 Chicken Nuggets w/ Dirty Rice Dinner Roll Chicken Sandwich Mashed Potato Seasoned Cabbage Assorted Fresh Fruit	17 Sweet & Sour Chicken w/ Asian Rice WG Egg Roll Classic Hamburger Seasoned Black Beans Seasoned Corn Assorted Fresh Fruit	18 Shepard Pie w/ Dinner Roll Italian Meatball Sub Seasoned Green Beans Fresh Baby Carrots Assorted Fresh Fruit	19 Baked Chicken w/ Dirty Rice Dinner Roll Classic Cheeseburger Seasoned Peas Freshly Baked Sweet Potato Assorted Fruit	20 Vegetable Stir Fry w/Dinner Roll Cheese Pizza Crinkled Cut Fries Fresh Broccoli Florets Assorted Fresh Fruit
23 Navy Beans w/ Brown Rice Cornbread Chicken Sandwich Turnip Greens Mashed Sweet Potato Assorted Fresh	24 Quesadilla w/ Fiesta Rice Classic Hamburger Fresh Celery Sticks Seasoned Pinto Beans Assorted Fresh Fruit	25 Meatballs & Spaghetti w/ Dinner Roll Italian Meatball Sub Seasoned Green Beans Fresh Baby Carrots Assorted Fresh Fruit	26 Smothered Pork Chops w/ Gravy & Rice Dinner Roll Classic Cheeseburger Mashed Potato Seasoned Cabbage Assorted Fresh Fruit	27 Corndog Cheese Pizza Fresh Carrots Green Peas Assorted Fresh Fruit
30 Chicken Parmesan w/ Spaghetti Dinner Roll Chicken Sandwich Fresh Broccoli Cucumber & Tomato Salad Assorted Fresh Fruit	31 Macho Nacho w/ Fiesta Rice Classic Hamburger Fresh Celery Sticks Seasoned Pinto Beans Assorted Fresh Fruit			chartwells eat. learn. live.

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LUNCH. Milk choices include 1% white fat free chocolate and skim strawberry

Kenner Discovery (Vintage) March 2020 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	3 Sausage Biscuit Assorted Fresh Fruit 100% Fruit Juice	4 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	5 Pancakes w/ Syrup Assorted Fresh Fruit 100% Fresh Juice	6 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice
9 Apple Muffin w/ Yogurt Assorted Fresh Fruit 100% Fruit Juice	10 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	11 Chicken Biscuit w/ Jelly Assorted Fresh Fruit 100% Fruit Juice	12 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	13 Apple Frudle Assorted Fresh Fruit 100% Fresh Juice
16 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	17 Sausage Biscuit w/ Jelly Assorted Fresh Fruit 100% Fruit Juice	18 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	19 Pancake on a Stick w/ Syrup Assorted Fresh Fruit 100% Fresh Juice	20 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice
23 Blueberry Muffin w/ Yogurt Assorted Fresh Fruit 100% Fruit Juice	24 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fruit Juice	25 Breakfast Pizza Assorted Fresh Fruit 100% Fruit Juice	26 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fresh Juice	27 French Toast Sticks w/ Syrup Assorted Fresh Fruit 100% Fresh Juice
30 Assorted Cereal w/ Graham Crackers Assorted Fresh Fruit 100% Fruit Juice	31 Cini Mini Assorted Fresh Fruit 100% Fruit Juice			

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

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Kenner Discovery(Vintage) March 2020 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Homemade Tuna Salad w/Croutons & WG Crackers Chicken Ranch Wrap Turkey and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Carrot Sticks Assorted Fresh Fruit	3 Chicken Caesar Salad w/Croutons & WG Crackers Buffalo Ranch Chicken Wrap Turkey Taco Salad Tortilla Chips w/Salsa Black Bean Salad Fresh Carrots Assorted Fruit	4 Ham & Turkey Chef Salad w/ Croutons & WG Crackers Tuna Salad Sandwich Chicken Ranch Wrap Tortilla Chips w/ Salsa Marinated Tomato & Cucumber Salad Corn & Pepper Salad Assorted Fruit	5 Turkey Cobb Salad w/ Croutons & WG Crackers Santa Fe Turkey and Cheddar Wrap Tuna Salad Sandwich Tortilla Chips w/ Salsa Sliced Cucumbers Fresh Cherry Tomatoes Assorted Fresh Fruit	6 Buffalo Chicken Salad w/ Crotons & WG Crackers Tuna Salad Sandwich Ham and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Celery Sticks Assorted Fresh Fruit
9 Chicken Caesar Salad w/ Croutons & WG Crackers Turkey Cobb Salad w/ Croutons & WG Crackers Ham and Cheese Sandwich Tortilla Chips w/ Salsa Fresh Carrots Corn & Pepper Salad Assorted Fresh Fruit	10 Homemade Tuna Salad w/Croutons & WG Crackers Chicken Ranch Wrap Turkey and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Carrot Sticks Assorted Fresh Fruit	11 Buffalo Chicken Salad w/ Crotons & WG Crackers Tuna Salad Sandwich Ham and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Celery Sticks Assorted Fresh Fruit	12 Taco Salad Turkey Cobb Salad w/ Crotons & WG Crackers Ham & Cheese Sandwich Tortilla Chips w/ Salsa Sliced Cucumbers Fresh Cherry Tomatoes Assorted Fresh Fruit	13 Strawberry Chicken Salad w/ Croutons & WG Crackers Ham and Cheese Sandwich Taco Salad Tortilla Chips w/ Salsa Black Bean Salad Fresh Celery Sticks Assorted Fresh Fruit
16 Homemade Tuna Salad w/Croutons & WG Crackers Chicken Ranch Wrap Turkey and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Carrot Sticks Assorted Fresh Fruit	17 Chicken Caesar Salad w/Croutons & WG Crackers Buffalo Ranch Chicken Wrap Turkey Taco Salad Tortilla Chips w/Salsa Black Bean Salad Fresh Carrots Assorted Fruit	18 Ham & Turkey Chef Salad w/ Croutons & WG Crackers Tuna Salad Sandwich Chicken Ranch Wrap Tortilla Chips w/ Salsa Marinated Tomato & Cucumber Salad Corn & Pepper Salad Assorted Fruit	19 Turkey Cobb Salad w/ Croutons & WG Crackers Santa Fe Turkey and Cheddar Wrap Tuna Salad Sandwich Tortilla Chips w/ Salsa Sliced Cucumbers Fresh Cherry Tomatoes Assorted Fresh Fruit	20 Buffalo Chicken Salad w/ Crotons & WG Crackers Tuna Salad Sandwich Ham and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Celery Sticks Assorted Fresh Fruit
23 Chicken Caesar Salad w/ Croutons & WG Crackers Turkey Cobb Salad w/ Croutons & WG Crackers Ham and Cheese Sandwich Tortilla Chips w/ Salsa Fresh Carrots Corn & Pepper Salad Assorted Fresh Fruit	24 Homemade Tuna Salad w/Croutons & WG Crackers Chicken Ranch Wrap Turkey and Cheese Sandwich Tortilla Chips w/ Salsa Black Bean Salad Fresh Carrot Sticks Assorted Fresh Fruit	25 Chicken Salad on/WG Bun Strawberry Chicken Salad w/ Croutons & WG Crackers Santa Fe Turkey and Cheddar Wrap Tortilla Chips w/ Salsa Red Bell Pepper Strips Corn and Pepper Salad Assorted Fresh Fruit	26 Taco Salad Turkey Cobb Salad w/ Crotons & WG Crackers Ham & Cheese Sandwich Tortilla Chips w/ Salsa Sliced Cucumbers Fresh Cherry Tomatoes Assorted Fresh Fruit	27 Strawberry Chicken Salad w/ Croutons & WG Crackers Ham and Cheese Sandwich Taco Salad Tortilla Chips w/ Salsa Black Bean Salad Fresh Celery Sticks Assorted Fresh Fruit
30 Homemade Tuna Salad Santa Fe Turkey and Cheddar Wrap Turkey and Cheese Sandwich Tortilla Chips w/ Salsa Creamy Carrot & Raisin Salad Corn & Pepper Salad Assorted Fruit	31 Chicken Caesar Salad w/Croutons & WG Crackers Buffalo Ranch Chicken Wrap Turkey Taco Salad Tortilla Chips w/Salsa Black Bean Salad Fresh Carrots Assorted Fruit			

Monday-Cheeseburger **Tuesday- Chicken Patty Sandwich** **Wednesday- Hamburger**

Thursday-Chicken Patty Sandwich **Friday- Cheeseburger**

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Lunch . Milk choices include 1% white fat free chocolate and skim strawberry

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Kenner Discovery (Rivertown) March 2020 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Sandwich Sliced Cucumbers w/ FF Ranch Fresh Cherry Tomatoes Assorted Fresh Fruit	3 Classic Hamburger Tossed Salad w/ FF Ranch Baked Beans Assorted Fresh Fruit	4 Turkey Corndog Fresh Carrot Sticks w/ FF Ranch Fresh Broccoli Florets Assorted Fresh Fruit	5 Chicken Nuggets w/ Dinner Roll Fresh Celery Stick w/ FF Ranch Tossed Salad Assorted Fresh Fruit	6 Classic Cheese Pizza Fresh Carrot Sticks w/ FF Ranch Tator Tots Assorted Fresh Fruit
9 Chicken Sandwich Sliced Cucumbers w/ FF Ranch Fresh Cherry Tomatoes Assorted Fresh Fruit	10 Classic Hamburger Tossed Salad w/ FF Ranch Baked Beans Assorted Fresh Fruit	11 Turkey Corndog Fresh Carrot Sticks w/ FF Ranch Fresh Broccoli Florets Assorted Fresh Fruit	12 Chicken Nuggets w/ Dinner Roll Fresh Celery Stick w/ FF Ranch Tossed Salad Assorted Fresh Fruit	13 Classic Cheese Pizza Fresh Carrot Sticks w/ FF Ranch Tator Tots Assorted Fresh Fruit
16 Chicken Sandwich Sliced Cucumbers w/ FF Ranch Fresh Cherry Tomatoes Assorted Fresh Fruit	17 Classic Hamburger Tossed Salad w/ FF Ranch Baked Beans Assorted Fresh Fruit	18 Turkey Corndog Fresh Carrot Sticks w/ FF Ranch Fresh Broccoli Florets Assorted Fresh Fruit	19 Chicken Nuggets w/ Dinner Roll Fresh Celery Stick w/ FF Ranch Tossed Salad Assorted Fresh Fruit	20 Classic Cheese Pizza Fresh Carrot Sticks w/ FF Ranch Tator Tots Assorted Fresh Fruit
23 Chicken Sandwich Sliced Cucumbers w/ FF Ranch Fresh Cherry Tomatoes Assorted Fresh Fruit	24 Classic Hamburger Tossed Salad w/ FF Ranch Baked Beans Assorted Fresh Fruit	25 Turkey Corndog Fresh Carrot Sticks w/ FF Ranch Fresh Broccoli Florets Assorted Fresh Fruit	26 Chicken Nuggets w/ Dinner Roll Fresh Celery Stick w/ FF Ranch Tossed Salad Assorted Fresh Fruit	27 Classic Cheese Pizza Fresh Carrot Sticks w/ FF Ranch Tator Tots Assorted Fresh Fruit
30 Chicken Sandwich Sliced Cucumbers w/ FF Ranch Fresh Cherry Tomatoes Assorted Fresh Fruit	31 Classic Hamburger Tossed Salad w/ FF Ranch Baked Beans Assorted Fresh Fruit			

LUNCH. Milk choices include 1% white fat free chocolate and skim strawberry

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