

# RSU1 Food Services

## 2023-2024

***All Students in RSU1 may eat Breakfast & Lunch for NO CHARGE going forward.***

***For the 2023-24 school year there will be no Free and Reduced Application to fill out.***

The RSU1 Nutrition Program serves healthy, nutritious meals to students, staff, and visitors in six locations. All school menus meet USDA requirements for calories, protein, calcium, iron, sodium, fat, and vitamins A and D. Portion sizes are determined by grade level. The nutrient content is reflective of what the average student selects and not what any one student chooses. It is still very important to review meal selections with your child(ren) and work toward a balance on a weekly basis.

*\*A la carte items are sold separately and charged accordingly\**

**\*Milk is available to have with your child's home lunch for 55 cents\***

If a child has a disability, as determined by a doctor, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by a doctor. Please note, however, that the school is not required to make a substitution for a food allergy unless it meets the definition of disability. In either case, disability or allergy, a doctor's note must be provided to us. Please call the Food Service Director or your child's school nurse for further information.

### **Contact Information**

Director of Food Service and Nutrition: Melissa Cole 443-6601 x114

Morse High School: Kindra Decoteau 443-8296

Bath Middle School: Lisa Campbell 443-8270

Dike Newell School: Judy Kingsbury 443-8285

Fisher Mitchell School: Patty Murray 443-8265

Phippsburg Elementary School: Anna Varian 389-1514

Woolwich Central School: Joanne Wells 443-9739

Please be aware that we are a pre-pay system. You may make payments online at <https://www.myschoolbucks.com> OR by personal check made payable to RSU #1 School Lunch Program and submit the check to your child's school cafeteria. ***Although meals are free, there is still a charge for single milks in all cafeterias; and a la carte items at BMS and MHS. Please make sure your child has money on their account (or cash/check) if they are purchasing these items.***