



CVS

Castleton Village School

Greetings Castleton Village School Families,

February flew by in a flash here at CVS! We had a great month here at school, highlighted by lifetime activities, a wonderful town meeting presentation about respecting differences, and a really fun Game and Rec night! Students are working hard to finish strong in the second trimester.

Thank you to everyone that has reached out in support of our new handheld devices policy, the students have been really great adhering to our new expectations.

Looking forward to March, we will continue with two more weeks of lifetime activities fun, we will have a guest speaker to present about cell phone and internet safety, folks from Rutland Regional Medical Center will be in to present on the dangers of vaping and our eighth graders will be off to explore Washington D.C.!

Please remember that March 20th, originally scheduled to be a day off for students, will be a school day now to make up a snow day. Have a wonderful March!

Best wishes,
Phil Hall
Asst. Principal

Castleton Village School

Is Middle School to Early to Talk about College and Careers?

The short answer is no. While it may be too early to try to make decisions or choose a definite career path, middle school is the ideal time to begin these discussions at home. Middle school is the perfect time to begin the college and career exploration process.

Ask them what they want to be!

Most likely you'll hear they want to be in a traditional career: doctor, fireman, police officer, lawyer, singer, actor, etc or you will hear about something that is popular on TV like forensic investigator, Youtube star, or pro athlete. Often middle school students don't know what people in these occupations actually do but this can be a starting point to a conversation about what aspect of that career they find interesting. Helping your child explore these occupations can provide them with a reality check, expand their horizons to occupations they didn't even know existed, and can save time and money by choosing appropriate education and training.

The Conversation Starts with You!

Talk with your child about your own career. Did you choose your career or did it choose you? What steps did you take to get to your career? What do you do all day at your job? Maybe even bring your child to work now and then if possible. Talk about college or on the job training programs. Share your expectations and talk about your child's interests and how this might translate into a major or career. Starting these discussions now will help your child get in the mindset of thinking about their future. Of course they will probably change their mind between now and graduation but open communication helps to reduce that "lost" time. There are tons of resources online if your child is interested in a field you are unfamiliar with and you can also reach out to your School Counselor for help.

Get Involved and Partner with School!

Meet your child's teachers and make it clear you want to know about any changes in work or behavior. Access PowerSchool on a regular basis to keep current regarding homework and missing assignments. Review standardized test scores to more fully understand your child's strengths and weaknesses. Talk with the counselor about your child's interests and see if there are activities that will help them develop their talents. If your child is in 8th grade, get involved in their choice of classes. Teens aren't always aware of how seemingly small choices like which math class to take can impact their options in the future. Counselors from FHUHS will be at CVS next month to meet you and your child and to start high school scheduling. Make it a point to attend this meeting with your student or speak with the School Counselor before about your wishes. I am happy to attend in your place and share your feelings if needed. It is not too early to start planning with FHUHS Counselors about a schedule that puts your student on track for college, Stafford, or a specialized career.

Don't Underestimate Skill Building!

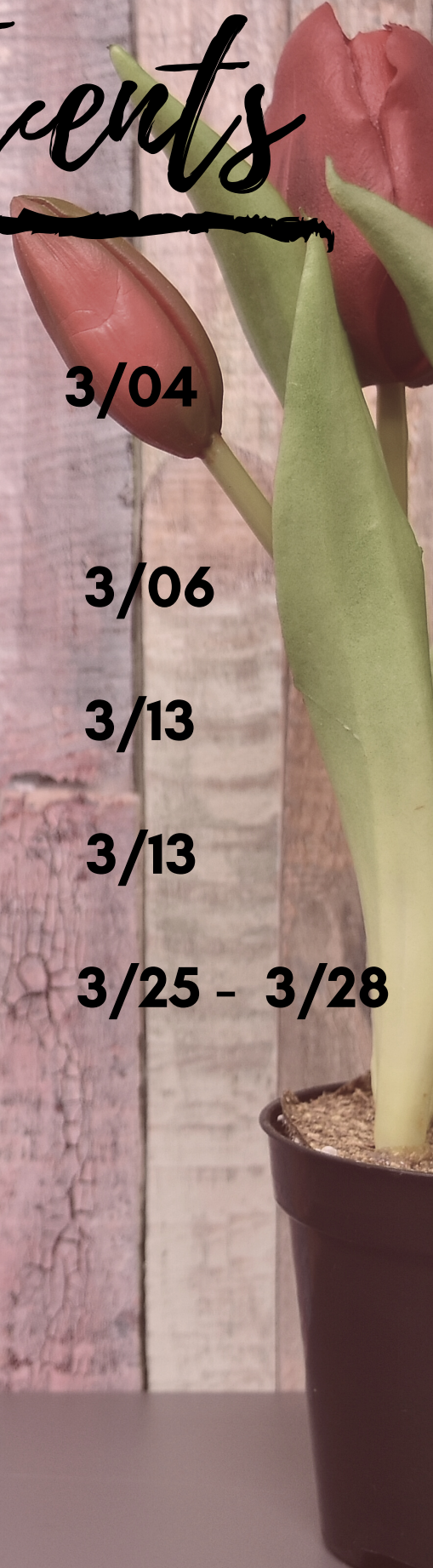
Now is the time to build those "student" skills that will last forever. Time management, study skills, organizational skills, and Habits of Work are easier to learn now than in the future when the work is more challenging. Building a positive homework and study routine now is crucial to future success. This is also a great time to assess any academic concerns and determine if extra help or tutoring is needed.

If you would like support in this please reach out to Amy Jackson, School Counselor, ajackson@svvvt.org or 802-468-2203.

Contact Amy Jackson at ajackson@svvvt.org with questions or for support.

CASTLETON VILLAGE SCHOOL

Upcoming Events



Washington DC Parent Meeting (5:30pm in the Library)	3/04
Lifetime Activities	3/06
Lifetime Activities	3/13
Game & Rec Night 7pm	3/13
Washington DC Trip	3/25 - 3/28

MARCH 13 AT 7PM



GAME & REC NIGHT

CASTLETON VILLAGE SCHOOL GYMNASIUM

Hosted by Castleton University