

## Communication Regarding COVID-19

With so much in the media regarding the Corona Virus (COVID-19), we are taking steps to be proactive. Schools seek guidance and direction from the local health departments. The Centers for Disease Control and Prevention (CDC) is following the evolving health situation. The CDC has indicated it is flu and respiratory season, and are recommending the following for students, families, and staff to:

- Get the flu vaccine
- Stay home when you are sick
- Avoid touching your eyes, nose, or mouth
- Cover cough and sneezes
- Clean and disinfect commonly touched surfaces or objects
- **GOOD HAND WASHING**; wash hands often with soap and water 20 seconds; if your hands cannot be washed, use alcohol-based hand sanitizer with at least 60-95% alcohol

If you have any questions, please contact your local health department for guidance.

Thank you!

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