

# Marlette Jr./Sr. High School Breakfast Menu MARCH 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Sausage Wrap	Bagel w/ Sausage, Egg and Cheese	Biscuit w/ Ham, Egg & Cheese	Bagel w/ Bacon, Egg & Cheese	English Muffin w/ Sausage, Egg, & Cheese
Assorted Muffins & String Cheese	Assorted Muffins & String Cheese	Assorted Muffins & String Cheese	Assorted Muffins & String Cheese	Assorted Muffins & String Cheese
Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup
Breakfast Parfait	Breakfast Parfait	Breakfast Parfait	Breakfast Parfait	Breakfast Parfait
Benefit Bar	Benefit Bar	Benefit Bar	Benefit Bar	Benefit Bar
Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese
Bagel with Cream Cheese	Hard Cooked Egg with Muffin	Sausage Breakfast Pizza	Hard Cooked Egg with Muffin	Sausage Breakfast Pizza
Sausage Breakfast Pizza	Sausage Breakfast Pizza	Assorted 100% Juice	Sausage Breakfast Pizza	Sausage Breakfast Pizza
Assorted 100% Juice	Assorted 100% Juice	Assorted Fresh Fruit	Assorted 100% Juice	Assorted 100% Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Chilled 1% White or Chocolate Milk	Assorted Fresh Fruit	Assorted Fresh Fruit
Chilled 1% White or Chocolate Milk	Chilled 1% White or Chocolate Milk		Chilled 1% White or Chocolate Milk	Chilled 1% White or Chocolate Milk

## Universal Breakfast Program – All students eat breakfast free!

Universal Breakfast - No Charge

Breakfast Served Daily in the Cafeteria at 7:30 a.m.- 8:06 a.m.

**Menu Subject To Change Without Notice**

***This institution is an equal opportunity provider.***

Building successful students is a common goal shared among families, school staff and school nutrition professionals. A **key** ingredient to **academic achievement** is making sure students are **well nourished** and **ready to learn**. **School breakfast** is a **cost-effective, sustainable** strategy schools can implement to boost student success. Evidence points to breakfast, especially school breakfast, being vital to learning as well as health. Breakfast has been linked to many benefits, including:

- improved test scores, math grades, memory and learning
- improved attendance, behavior and attention
- decreased childhood obesity
- improved diets rich in important nutrients



Stacy Moyer, Director of Dining Services Phone: 989-635-7425 ext. 44902