

Marlette Elementary Breakfast Menu March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
WG Mini Waffles 100% Orange Juice Cup Applesauce Cup 1% Chocolate or White Milk	WG Mini Strawberry Pancakes 100% Apple Juice Cup Petite Banana 1% Chocolate or White Milk	WG Trix Cereal Bar with String Cheese 100% Fruit Juice Cup Red Delicious Apple 1% Chocolate or White Milk	WG Blueberry Muffin with Strawberry Yogurt Cup 100% Apple Juice Cup Petite Banana 1% Chocolate or White Milk	WG R/S Cinnamon Toast Crunch Cereal Bowl with WG Goldfish Grahams 100% Fruit Juice Cup Applesauce Cup 1% Chocolate or White Milk

Universal Breakfast Program!

**Breakfast at Marlette Elementary is free! It's available daily for all students.
Encourage your child to join us every day for school breakfast.**

WG indicates Whole Grain
Menu Subject To Change Without Notice
This institution is an equal opportunity provider.

Building successful students is a common goal shared among families, school staff and school nutrition professionals. A **key** ingredient to **academic achievement** is making sure students are **well nourished** and **ready to learn**. **School breakfast** is a **cost-effective, sustainable** strategy schools can implement to boost student success. Evidence points to breakfast, especially school breakfast, being vital to learning as well as health. Breakfast has been linked to many benefits, including:

- improved test scores, math grades, memory and learning
- improved attendance, behavior and attention
- decreased childhood obesity
- improved diets rich in important nutrients



Marlette Head Start Breakfast Menu

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
WG Waffles with Strawberry Yogurt Cup Banana 1% White Milk	WG Mini Strawberry Pancakes with Cottage Cheese Diced Pears 1% White Milk	WG Blueberry Muffin & Hard Cooked Egg Applesauce Cup 1% White Milk	WG Cheerios Cereal Bowl with String Cheese Chilled Peaches 1% White Milk	

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