# BCHS Weekly Update

March 1, 2020

# The BCHS Weekly Update

Stay current on what's happening at BCHS through our Weekly Update! If there is anything we can do for you or your student, do not hesitate to let us know!

#### **Our Vision**

We are Committed to Excellence and Success in All we do!

#### **Our Focus for 2019-2020**

Expect Excellence Everyday, It Is The Redskin Way!

# The School Breakfast Challenge, March 1 - April 30

BCHS is participating in the school breakfast challenge! We will be serving hot breakfast each day. Encourage your student to get off to a great start with a good breakfast!

#### **Parent Portal**

If you have not signed up for the parent portal, please do so! You will be able to access your student's grades, attendance, tardies, and other important information. Please contact our registrar, Mrs. Shadrick, for your log in information.

# Free Application for Federal Student Aid (FASFA) Opportunity

FASFA day for senior students and their parents to apply for financial aide for college has been rescheduled for Saturday, April 18, 2020 from 10 a.m. to 3p.m.

It will be held in room 113. The parent and student should both plan to attend if possible. You will need your previous years tax returns. If you have any questions, see Mrs. Grossman in the guidance office.

# **Bryan County Community Day!**

We are preparing for an AMAZING Community Day if fun March 21st. This year we will share this FANTASTIC time with BCES and the CHARACTER RUN!!! Where else can you go and dress up in your FAVORITE character and then enjoy FOOD, FUN, FAMILY, and all the resources you can carry. NOWHERE BUT BCS!!!

The Character Run Begins at 9 AM. All the resources, food, and fun will run from 10 AM - 12 PM at Bryan County Elementary School. Families of all ages are encouaged to attend and participate.

Check out the flyers on our website for more information! We hope to see you there!

# Prom 2020 - March 28 @ Ogeechee Tech Conference Center

Now is the time to pay.

\$75 for juniors and seniors \$60 for dates

Dates must also complete a Prom Guest approval form if they are not a Junior or Senior here.

Have questions, see Ms. Dyson.

# Nine Line's Operation Dress Drop! Need a dress?

Nine Line is hosting a Prom Dress shopping opportunity! You can purchase gently used dresses, shoes, and or jewelry @ Nine line.

**Event Details:** 

Date: March 7, 2020 Time: 10am - 3:30pm

Cost:

25.00 dollars for High School Students with a Valid School ID

35.00 dollars for all others

If you are in need of financial assistance for prom, see Mrs. Dyson or your counselor. All money raised will go to the <u>Nine Line Foundation</u>

#### **Dual Enrollment for 2020**

BCHS will be offering several options for dual enrollment for the 2020-2021 year for juniors and seniors.

Point University will be offering two class on campus each semester next year.

We are working with Ogeechee Tech to increase opportunities for students to attend classes on campus for Career Tech. If 10 or more students enroll, Bryan County Schools will provide transportation for those students.

Savannah Tech will continue to teach welding on campus.

If you have any questions regarding dual enrollment, speak with your students counselor, Ms. Mosier (juniors) or Mrs. Grossman (sophomores)

# **Ogeechee Technical School Open House**

On March 26 OTC will have an open house from 5PM - 7PM! Parents and students are invited to attend to see the opportunities available to them this fall. BCHS will, provided we have 10 or more students be accepted, will provide a but to OTC the first block of the day next year.

Don't forget, seniors can apply for FREE that day, even if they can't attend the event (they must begin and complete their application on March 26). Check out our website for more details about the open house and the free application.

# **Scholarship Information!**

If your student is a senior and is planning on attending a four or two year college, please check out the many scholarships available for application on our website.

You never know unless you apply!

If you have questions, contact Mrs. Grossman, our senior counselor.

#### **Senior Dates**

Graduation is coming quickly, please keep a check on your students progress.

May 11 - Senior Exams blocks 3 & 4

May 12 - Senior Exams blocks 1 & 2

11:30 - 12:30 - Senior Hot Dog Lunch, Cap & Gown Pictures, Senior Class Cap & Gown Picture

1:00 - 2:30 - Senior Walk @ Lanier Primary School, Bryan County Elementary School & Bryan County Middle School

6:00 - Senior Honors Night - Gym

May 15 - Senior Breakfast TBD followed by Graduation Practice TBD

May 16 - Graduation - 1:00 @ the Savannah Civic Center

Please check our website for more dates for senior events!

# **Class Dues**

If your student has not paid their class dues, the time is now. Class t-shirts are available for grades 9 - 11.

Seniors, remember your dues cover your diploma and diploma cover. If you need assistance with this, please see Ms. Blankenship, Mrs. Hendrix, or Mrs. Walker. We will be happy to help.



# Parent Tips of the Week - The Impacts of **Screen Time on Students**

Electronics are a great thing, however, too much screen time can have negative impacts. Below is 2/6.

#### 2. Screen time desensitizes the brain's reward system.

Many children are "hooked" on electronics, and in fact gaming releases so much dopamine—the "feel-good" chemical—that on a brain scan it looks the same as cocaine use. But when reward pathways are overused, they become less sensitive, and more and more stimulation is needed to experience pleasure. Meanwhile, dopamine is also critical for focus and motivation, so needless to say, even small changes in dopamine sensitivity can wreak havoc on how well a child feels and functions.

Screentime Is Making Kids Moody, Crazy, and Lazy 6 ways electronic screen time makes kids angry, depressed and unmotivated. By Victoria L. Dunckley M.D.



# **Stay Connected With The Redskins**

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