



HUTSONVILLE CUSD #1

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*Board of Education: Tina Callaway, President; Matt Draper, Vice-President;
Chad Guyer, Secretary; Mark Angel, Travis Matthews, Connor McCoy, and Chad Weaver*

Good Afternoon Unit 1 Parents, Teachers, Students, and Staff,

The school district has received information from local healthcare providers that confirmed flu cases are on the rise. We wanted to share a few suggestions from the CDC on how to reduce your risk of getting and/or spreading the flu. Please go over this information with your students/children as well.

The good news at this time is that the health risk to the general public from coronavirus remains low. Currently, the IDPH recommends schools hold classes and events as usual, and follow routine cleaning and disinfecting procedures; no special measures are necessary.

The IDPH also recommends the best way to protect against coronavirus is by taking the same everyday precautions against getting sick in general. These include:

- **Wash your hands often with soap and water or an alcohol-based hand rub.**
- **Avoid touching your eyes, nose, or mouth. Germs spread this way.**
- **Try to avoid close contact with sick people.**
- **Practice good health habits. Get plenty of sleep and exercise, manage your stress, drink plenty of fluids, and eat healthy food.**
- **Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.**
- **If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine. *[This is not only a CDC recommendation but also a policy of the Hutsonville CUSD #1]***

In our schools, the custodians use an antiviral disinfectant on high-touch areas. We also have purchased three electrostatic machines which allow the application of disinfectant over larger surface areas. In addition, we encourage frequent proper handwashing.

By working together we can reduce the impact of the flu on our students.

Sincerely,

Julie Kraemer
Superintendent