





MARCH 2020 COOPERSTOWN CENTRAL SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>French Toast Sticks</i> CHICKEN OR FISH ON BUN Scalloped Pot HS/French Fries ES Glazed Carrots Fresh Fruit/FruitCup	3 <i>Fresh Baked Muffin</i> PASTA W/ MEATSAUCE Broccoli Dinner Roll Fresh Fruit/FruitCup	4 <i>Yogurt Smoothie with Fruit</i> HAM & CHEESE BAGEL MELTS Baked Chips Carrott Sticks Fresh Fruit/FruitCup 	5 <i>Breakfast on a Stick</i> CHICKEN ALFREDO Pasta & Peas Dinner Roll Fresh Fruit/FruitCup	6 <i>Bagel & Cream Cheese</i> FRENCH BREAD PIZZA Tossed Salad Cookie Fresh Fruit/Fruit Cup
9 Conference Day	10 <i>Breakfast Pizza</i>  TACO SALAD Lettuce, salsa, refried beans Fresh Fruit/FruitCup	11  <i>Yogurt Parfait with Fruit</i> TERIYAKI CHICKEN -HS Broccoli and Rice SWEET & SOUR CHICKEN NUGGETS ES Fresh Fruit/Fruit Cup	12 <i>Breakfast on a Stick</i>  HAWAIIAN PULLED PORK Baked Potato & Coleslaw - HS French Fries & Coleslaw - ES Fresh Fruit/Fruit Cup	13  <i>Pancakes</i> CALZONES - HS RAVIOLIS - ES Tossed Salad Corn Fruit Cup/Fresh Fruit
16 <i>French Toast Sticks</i> PULLED PORK Baked Potato - HS French Fries ES Coleslaw Fresh Fruit/Fruit Cup	17 <i>Fresh Baked Muffin</i> CHICKEN FAJITA WRAP - HS CHICKEN & RANCH WRAP-ES OR HAM & CHEESE WRAP Green Beans Fresh Fruit/FruitCup	18 <i>Yogurt Smoothie with Fruit</i> BRUNCH FOR LUNCH French Toast (HS) Pancakes (ES) Sausage & Egg Patties Baby Carrots Fresh Juice/Fruit Cup	19 <i>Breakfast Sandwich</i> CHICKEN & BISCUIT Mashed Potato/Gravy Peas Fresh Fruit/Fruit Cup	20 <i>Bagel & Cream Cheese</i> PIZZA Pepperoni/Cheese Tossed Garden Salad Corn Fruit Cup/Fresh Fruit
23 <i>Mini Waffles</i> CHICKEN OR FISH ON BUN Scalloped Pot HS/French Fries ES Glazed Carrots Fruit Cup/Fresh Fruit	 24 <i>Breakfast Pizza</i> TACOS W/SEASONED RICE Asst'd Toppings Black Bean & Corn Salad Fresh Fruit/FruitCup	25 <i>Yogurt Parfait with Fruit</i> CHICKEN NUGGETS Pasta Salad Broccoli Fresh Juice/Fruit Cup	26 <i>Breakfast on a Stick</i> GRILLED CHEESE Tomato Soup Veggie Sticks Fresh Fruit/Fruit Cup 	27 <i>Pancakes</i> FRENCH BREAD PIZZA Tossed Salad Corn Fresh Fruit/Fruit Cup
30 <i>French Toast Sticks</i> PULLED PORK Baked Potato - HS French Fries ES Coleslaw Fresh Fruit/FruitCup	31 <i>Fresh Baked Muffin</i> CHICKEN FAJITA WRAP - HS CHICKEN & RANCH WRAP-ES OR HAM & CHEESE WRAP Fresh Fruit/FruitCup	 HEALTHY HABITS FOR HEALTHY COMMUNITIES	We offer Breakfast every day for our students. Options are cereal, fruit, milk and hot entrée of the day. 	
Milk Offered Daily: 1% White, Skim, 1% Chocolate			Breakfast K-6 \$1.35 Breakfast 7-12 \$1.40 Reduced meals \$0.00	Lunch K-6 \$2.40 Lunch 7-12 \$2.60 Reduced meals \$0.00