BRES WILDCAT NEWS

Kindness

Responsibility

Self-Control

Important Dates

Monday, March 2

Dr. Seuss Read Across America 8:00 - 2:00 PM

Tuesday, March 3

BRES Chorus Concert 7:00 PM

Congregational Church of Boothbay Harbor, 125 Townsend Ave. Boothbay Harbor

Wednesday, March 4

CSD Board of Trustees Meeting 5:15 PM in the BRHS Library

Wednesday, March 11

CSD Board Meeting 6:00 PM in the BRHS Library

Wednesday, March 13

SCHOOL IS IN SESSION TO MAKE UP FOR ONE OF THE SNOW DAYS

(No teacher In-Service Day. Last student date at this point is June 16th 11:00 AM)

Kurr's Korner

Greetings Flu Warriors,

Wow, what a season it's been! This cold and flu season has me reminiscing back to the days of my first admin job when the "swine flu" was the scare of the season. A heightened flu season, coupled with a new virus can make it a very scary season for some. I want to ensure you that we are being proactive by disinfecting high contact surfaces each night, teaching students how to cough and sneeze in their elbow or a tissue, and encouraging proper and frequent handwashing. We know that the best way to prevent the spread of a virus is to wash hands thoroughly and stay home if you are sick. It's hard when students miss time from school and parents miss time from work, however, it will help limit the spread of illness.

We have ongoing and frequent contact with the Maine Center for Disease Control (CDC). We report symptoms of a variety of illnesses and follow CDC protocols as needed. Here is the most recent information that we have received from the CDC:

The Maine Department of Education is continuing to work with Maine CDC and providing updated guidance and information to schools, as it becomes available.

The U.S. Centers for Disease Control and Prevention maintain that the immediate risk of contracting this novel virus remains low in the United States. Maine has no confirmed cases for 2019-nCoV and no patients

Important Dates

Monday, March 23-27 Youth Arts Theme Week

Wednesday, March 25

CSD Board Meeting 6:00 PM in the BRHS Library

Tuesday, March 31

Quarter 3 Ends

Please return no later than Tuesday, March 3rd.



under investigation at this time. Maine CDC is working with U.S. CDC to monitor the situation, provide healthcare providers with the latest information, and stay up-to-date on any potential cases they may see. There are ongoing investigations to learn more. This is a rapidly evolving situation and information will be updated as it becomes available.

The greater risk for Mainers at this time, is seasonal influenza and it is not too late to get the flu shot.

The best preventive measures for all infectious diseases include washing hands thoroughly with soap and water, covering your mouth and nose when coughing and sneezing, and staying home when you feel sick.

Spring is just around the corner- hang in there!

Shawna



Hello Families,

We will be celebrating Dr. Seuss' birthday (Tuesday, March 2) and National Read Across America week! We will be doing something silly each day to celebrate. We have told children that it is ok if they do not participate, but it will be fun if they did!

Monday	The Cat in the Hat		
	Press as the "Things!"		
Tuesday	Fox In Socks		
	Silly Sock Pay		
Wednesday	Wacky Wednesday		
	Press in mismatched clothes!		
Thursday	<u>The Cat in the Hat Comes Back!</u> Wacky Hat Pay (or regular hat day!)		
Friday	Oh The Places You'll Go		
	Press as what you'd like to be when you grow up!		

BRES Cheerleaders



Congratulations Boothbay Region Middle School Cheerleaders for placing third in your Busline League Cheering Competition! We are so proud of you and how you represented your school!

<u>"Be The Light"</u>



On February 12th BRES came together to celebrate their school community during the "Be The Light" All-School Assembly. We celebrated kindness and shared love with each other in song, stories, and dramatic skits. Each and every member of our school family is special and appreciated!





Have you seen a dentist in the last 6 months? Lincoln County Dental is visiting our school and would love to see you smile. Professional cleaning, sealants, hygiene exam and fluoride applications are being offered.

Please see Ms. Pound (207)633-1934 at the School Health Center for additional information or an application to take part in this wonderful opportunity today!

Jump Rope Club



Students in grades 2-8 are invited to join the BRES jump rope club as we prepare for a spring show. Participants will have the opportunity to learn short rope, long rope, and partner rope skills all while improving fitness and having loads of fun! Practices will be held on Thursday mornings from 6:45-7:45 and will begin on March 5th. Registration forms are available in the BRES office or from Mrs. Brown.

Adventures in Middle School



"Adventure is out there!" Students in the 8th grade have been actively involved in learning about Sir Ernest Shackleton and his fated Antarctic expedition. To understand the daily rations of the crew, Ms. Chase made "hoosh" which was food of the explorers. "Hoosh" is made with blended hamburger, vegetables, oatmeal, brown rice, sugar, salt and LARD.

BRES Chorus Concert



Third Time Lucky!

Chorus Concert Tuesday, March 3, 2020

7 PM Congregational Church of BH Inclement Weather Date: Thursday, March 5, 2020 7 PM Congregational Church of BH

Singers need to dress nicely and be in their performance seat at 6:55 PM

<u>Picnic Lunch Concerts Return</u>



March is **Youth Art Month** celebrating all of the arts and arts education. At BRES we have many events planned to highlight arts education. One of the popular events from past years has been the Wednesday Picnic Lunch Concerts which will begin again on Wednesday, March 4th, 2020. Students are asked to bring a towel or blanket to sit on during lunch. They eat lunch seated on the floor while listening and watching local performers. Families are invited to come and join their students during lunch in what has become a fun opportunity for sharing among all the ages.

Our first performer, Gray Ferris, is new to the BRES community having joined the staff this year supporting students in Grades 4,5, and 6. He is a professional French Horn player when he isn't teaching. He plans to play by himself and with some friends. Come share the excitement!



4th Grade BRES Family Cookbook

The fourth grade has recently finished reading <u>A Long Walk to Water</u>, by Linda Sue Park, which is based on a true story of a South Sudan refugee. The message of water inequality has motivated our students to take action. Salva Dut, the inspiration for this book, has created Water for South Sudan, a foundation for drilling clean water wells for villages in Africa. Every year they have a fundraising challenge, The Iron Giraffe Challenge, and our students feel passionately about earning money to support this.

HERE IS OUR BIG AND SUPER EXCITING IDEA!!!

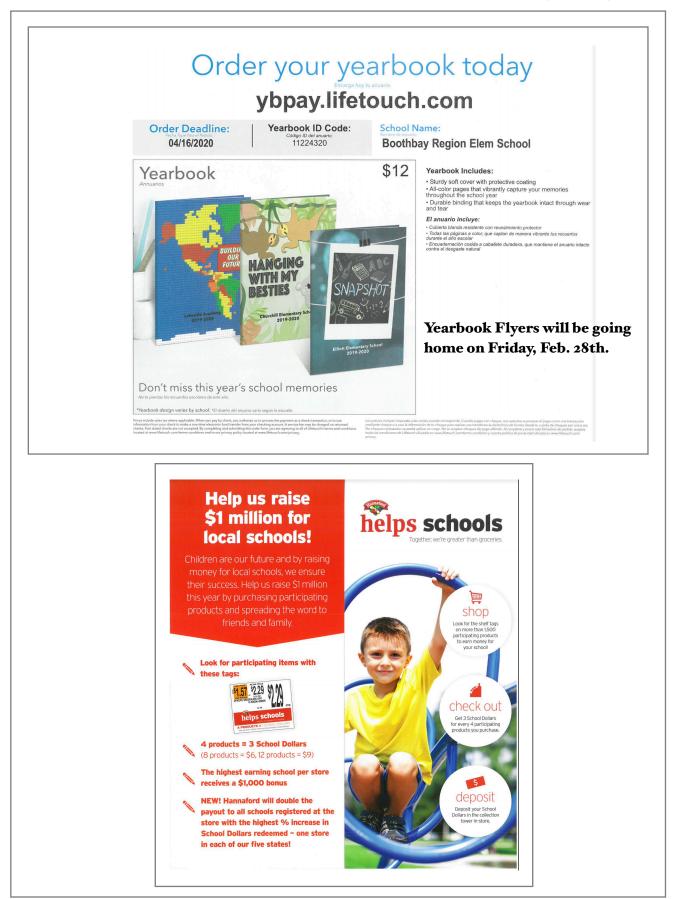
We are going to make a **BRES family cookbook**. In order to do this, we hope to collect everyone's favorite recipes (staff, students, families) PK-8. This cookbook will also include pieces of writing and artwork created by the 4th graders, based on their learnings from this book. If we can sell at least 100 cookbooks to the community for \$10 each, we can meet this fundraising goal of \$1000!

Here is the website for more information:

https://www.waterforsouthsudan.org

Our next step is to start collecting recipes. If you have a recipe you would like to contribute, please email it to <u>jlassen@aos98schools.org</u>, or have your child bring the recipe to school to give to Mrs. Lassen. Please submit recipes by March 12th.

> Thank you so much!! The 4th Grade Team





From The Cafeteria

Salad and fruit bar daily with a variety of side dishes! Four choices of milk daily. Breakfast choice: cereal, bagel, muffins, fruit or juice & milk. Breakfast offered daily at break times. Menus are subject to change without notice. Breakfast - \$1.50 (Reduced Breakfast No Charge) Lunch \$2.95 (Reduced Lunch No Charge) (Parents can pay daily, weekly, or monthly for lunch and breakfast. Please make checks out to Boothbay Region Cafeteria. We send bills and menus out monthly. If you have any questions, please call 633-7131. Thank you, Darlene French.

unch Prices Elementary & Middle School: \$2.95 High School: \$3.00 Reduced Lunch: Lunch				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 - Chicken Nuggets - Potato Puffs - Sunshine Egg Salad Sandwich - Sunbutter & Jelly Sandwich - Carrot Sticks - Fresh Fruit & Veggie Bar - Milk	3 • Nachos W/ Ground Beef • Whole Wheat Tuna Roll • Sunbutter & Jelly Sandwich • Corn • Fresh Fruit & Veggie Bar • Milk	4 Meatballs Ham & Cheese Meit on a Whole Wheat Bun Sunbutter & Jelly Sandwich Steamed Broccoli Fresh Fruit & Veggie Bar Milk	5 Hot Turkey Sandwich W/ Gravy Assorted Sandwiches Sunbutter & Jelly Sandwich Peas & Carrots Fresh Fruit & Veggie Bar Milk	6 Pazzo Bread w/ Dipping Sauce Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk
9 • Chicken Patty on a Whole Wheat Bun • Whole Grain Grilled Cheese Sunbutter & Jelly Sandwich • Roasted Sweet Potato • Fresh Fruit & Veggie Bar • Milk	10 Shepherd's Pie Whole Wheat Tuna Roll Sunbutter & Jelly Sandwich Homemade Wheat Rolls Carrot Sticks Fresh Fruit & Veggie Bar Milk	11 Mozzarella Sticks w/ Sauce Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich Baked Beans Fresh Fruit & Veggie Bar Fresh Broccoli Milk	12 Assorted Pizza Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk	13 • NO SCHOOL TODAY
16 • Oven Fried Chicken • Belgian Waffle • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Carrot Sticks • Fresh Fruit & Veggie Bar • Milk	17 Macaroni & Cheese Chicken Salad Sandwich Sunbutter & Jelly Sandwich Homemade Wheat Rolls Green Beans Fresh Fruit & Veggie Bar Milk	18 BBQ Ribs Ham & Cheese Melt on a Whole Wheat Bun Sunbutter & Jelly Sandwich Baked Beans Corn Fresh Fruit & Veggie Bar Milk	19 • Roast Pork Loin • Mashed Potatoes • Assorted Sandwiches • Roasted Butternut Squash • Homemade Wheat Rolls • Fresh Fruit & Veggie Bar • Milk	20 • Assorted Pizza • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk
23 - Fun Fish Nuggets - Potato Puffs - Whole Wheat Tuna Roll - Sunbutter & Jelly Sandwich - Steamed Broccoli - Fresh Fruit & Veggie Bar - Milk	24 • Chicken Casserole • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Homemade Wheat Rolls • Mixed Vegetables • Fresh Fruit & Veggie Bar • Milk	25 - Hamburger or Cheeseburger on a Whole Wheat Bun - Chicken Salad Sandwich - Baked Beans - Corn - Fresh Fruit & Veggie Bar - Milk	26 • Spaghetti and Meat Sauce • Assorted Sandwiches • Sunbutter & Jelly Sandwich • Green Beans • Homemade Wheat Rolls • Fresh Fruit & Veggie Bar • Milk	 Pazzo Bread w/ Dipping Sauce Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk
30 • Pulled Pork Sandwich • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Corn • Baked Beans • Fresh Fruit & Veggie Bar • Milk	31 • Sloppy Joes on Whole Wheat Bun • Chicken Salad Sandwich • Subbutter & Jelly Sandwich • Steamed Broccoli • Fresh Fruit & Veggie Bar • Milk	t		