

Ingleside Independent School District
Office of the Superintendent

Date: 2/27/20
To: Parents Students and Staff of Ingleside ISD
From: Troy Mircovich
Re: Coronavirus (COVID-19)

Ingleside ISD is taking extra steps this flu season to ensure that our students are in the best environment not to contract the cold or flu this year. We are currently using hospital grade cleaners on all of our campuses and we have ordered additional hand sanitizers for the district. We are also conducting a deep clean of all of campuses over Spring Break while our students are on vacation.

We are also monitoring the coronavirus and I have information below that explains what the coronavirus is and what precautions you and your family can take to help prevent the spread of the common cold, flu and hopefully not the coronavirus.

What is Coronavirus?

Coronaviruses are very common. The common cold is often caused by a coronavirus. The coronavirus that has been reported recently in the news is a new species of coronavirus and was first reported in China. It causes respiratory illness and has been given the name "COVID-19."

What are the Symptoms of COVID-19?

In some cases, there are little to no symptoms, however, symptoms can include fever, cough, and shortness of breath.

How does coronavirus spread?

It is believed that the virus spreads, much like the flu, through close contact (within 6 feet) with droplets from an infected person. In addition, you may also acquire the virus by touching contaminated objects or surfaces then touching your eyes, nose, or mouth.

Am I at risk of getting COVID-19?

As of February 25, 2020, there are 53 confirmed cases in the United States. Of these, 51 were cases that originated outside of the United States, only 2 resulted from close contact transmission within the United States. At this time the risk is generally low of getting sick from the virus, however, the situation is evolving rapidly. This is being monitored by the Centers for Disease Control and Prevention, Texas Department of State Health Services and San Patricio County Public Health department. The CDC has labeled COVID-19 a serious public health threat.

Ingleside Independent School District
Office of the Superintendent

What can I do to reduce my risk of getting sick?

The symptoms of COVID-19 are similar to that of influenza. It is not too late to get your seasonal flu vaccine. In addition, the CDC states that doing the following can reduce your risk of getting sick. These are activities you should always do to reduce risk of getting many illnesses.

- Wash your hands with soap and water for 20 seconds
- Use alcohol-based hand sanitizer when you cannot wash your hands
- Avoid touching your eyes, mouth, and nose with unwashed hands
- Avoid close contact with others who are sick
- Stay home when sick
- Cover your coughs and sneezes with a tissue then throw away immediately after
- Frequently disinfect all touch surfaces and objects.

What resources are available if I have more questions or concerns?

If you are not feeling well, you should contact your healthcare provider.

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

Texas Department of State Health Services: <https://dshs.texas.gov/coronavirus/>

You may also use your School Nurse as a resource.