

# Bully Awareness Monday

## The A, B, C, and D of Bullying



### A - Aggressive:

Attacks physically, socially,  
and or emotionally

B - Balance of Power is Unequal:  
Bigger vs. Smaller  
Older vs. Younger  
Even popularity can play a role



### C - Consistent:

It happens more than  
once over a period of time

### D - Deliberate:

There is an intent to hurt  
or harm.

