

MY 7 HABITS



Be Proactive

I am in charge of me.

I take responsibility for my actions and attitudes.

Begin with the End in Mind

I can make a plan.

I can make good choices to reach my goals.



Put First Things First

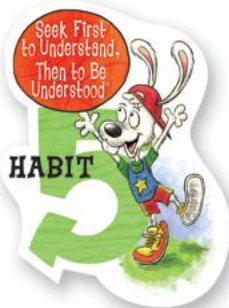
I pay attention to what is most important.

I do my work and then play.

Think Win-Win

I care about myself and others.

We can both succeed.



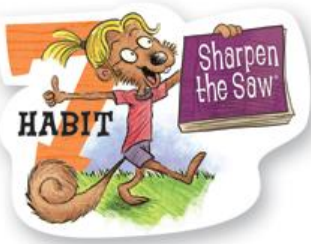
Seek First to Understand, Then to be Understood

I listen with kindness first.

Then, I calmly share.

Synergize

By celebrating our differences and
working together, we can find
new and better ways to do things.



Sharpen the Saw

Balance is better.

I take care of my mind, body,
heart, and soul.