



**EARLY LEARNING
CENTER**
Engage. Inspire. Prepare.

Marysville Early Learning Center - March 2020 Newsletter

New ELC Vision and Mission

by **Jennifer Cassarino** School Principal

Dear Early Learning Families,

We've been working on revamping our vision and mission statements to better reflect the diverse school we've become with the incorporation of the Marysville School District Developmental Preschool program and the ECEAP program on our campus. Since we are now an integrated early learning center, it makes sense to rework our guiding principles with a more inclusive message for both programs.

The vision statement looks at what it is we want to achieve and the mission statement states how we plan on achieving the vision. We would very much like parents and families to give us feedback on these two statements, as we would like a vision and mission statement that our entire community embraces. If you would like to give feedback on either or both of these statements, feel free to email me at jennifer_cassarino@msd25.org.

Marysville Early Learning Center Vision Statement: The Marysville Early Learning Center will provide a safe, inclusive, caring and supportive environment where specialists, families and staff collaborate together as a team, nurturing the development of each child, creating rich opportunities for play-based and emergent learning both indoors and outdoors while preparing each student for Kindergarten readiness and success.

Marysville Early Learning Center Mission Statement: The Early Learning Center will do this by partnering with families and staff, teaching children pre-academic, social-emotional and problem solving skills through individual, small and whole group instructional activities, encouraging creativity and hands on play with opportunities for inclusion and belonging in a safe, warm and caring environment.

Thank you,

Jennifer Cassarino
Marysville ELC Principal

Kid's Corner

by **JoAnn Moffitt** ECEAP Manager

One of my very favorite quotes about kids is from a psychologist, Ross Greene, who says, **“Children do well if they can”** (*The Explosive Child*, 2005, p.16). Using The Zones of Regulation curriculum, students learn that when they possess different ‘energies’ in their bodies, they are in different ‘zones’. They learn that all feelings are connected to energy in their bodies; and that all of these energies/zones are okay. The different zones are represented by different colors and they learn tools to use to get back to their “just right” zone or color (Green Zone). The Zones have Four (4) colors: BLUE= LOW ENERGY and feelings like tired, sad; GREEN=JUST RIGHT ENERGY and feelings like calm, happy, good; YELLOW= A LITTLE TOO MUCH ENERGY= and feelings like frustrated, silly and RED=EXTRA ENERGY and feelings like angry and/or out of control.

You can work with your children on helping them to recognize what zone they are in by noticing their actions, words, facial expressions and tone of voice. Once they begin to understand and recognize their feeling and their zone, you can offer choices to assist in getting back to the Green Zone. Examples of tools or strategies to return to the Green Zone may be rest (if tired and in the blue zone), a quiet activity that is soothing like playing with sand (if they are escalated and in the yellow zone), or a take a break activity if they are angry (and in the red zone). We will be talking more about Zones of Regulation at our next ELC Cafe on March 6th. Hope you can make it! You will leave with your own Zones of Regulation chart along with some concrete tools and strategies!



Upcoming Dates and Events

- ELC Cafe: Friday, March 6th from 9:30 - 10:30 - JoAnn Moffitt will share more information about using The Zones of Regulation at home at this meeting. Coffee, snacks, childcare and a Spanish Interpreter are available.
- Heritage Night: Thursday, March 19th 5:30 - 6:30 - Come and learn about different heritages represented at the ELC. Mexican Dancing and Native American dancing and drumming will be showcased and world food items to sample will be available.
- March into Kindergarten Events: Happening on various nights at Marysville Elementary Schools. Please check the link below to find out more.

Read More on Our Website: <https://www.msd25.org/o/early-learning-center>