

Elkhorn Valley Schools



- Falcon Flyer -

December 2019

FROM THE SUPERINTENDENT'S DESK

By Darin Hahne

It is hard to believe the 1st Semester is winding down. Time sure does fly, especially when we have so many students active in various activities. Looking back, we have had a very successful Fall. Hunter Bennett qualified for the State Cross Country meet in Kearney, bringing home an 11th place medal. The volleyball team finished with a winning record, making it to sub-district finals. The football team qualified for the State Playoffs for the first time since 2013. The FFA sent a Horse Evaluation team to represent the State of Nebraska and compete against 49 other states at the National FFA Convention in Indianapolis, finishing with a Bronze Placing as a team. Individually, Sadie Smutny received a Gold, Alexis Larsen received a Silver, and Ashleigh Nelson and Josiah Wriedt received a Bronze. To round out November, the pep band dominated the inaugural Battle of the Pep bands bringing home the top prize for Best Drumline, Entourage and Best Overall Pep Band. The list could go on and on with students doing quite well in FBLA, art and vocal music competitions, just to name a few more. It exciting to watch so many students participate in extra-curricular activities.

As the weather has turned to more winter like conditions, I want to offer a reminder to our drivers around school. Roads get slick and many times students don't always look before crossing streets, especially our younger students. Please take extra care and caution as you drive by our school during this time of year when braking is sometimes compromised by weather conditions. Also, parents with new drivers, please talk with them about giving themselves extra time to get to school and also to take extra caution while driving by the school.

Here's wishing everyone a happy and safe holiday season. Along with the holidays, our winter activities season is underway as well. Good luck to all our students that participate as they represent Elkhorn Valley. GO BIG GREEN!

CALENDAR CORRECTIONS

Please make the following additions or corrections to your EV school activity calendar. Don't forget to check out the Google calendar on our homepage for the most current schedule.

Monday, December 2: NHS Food Drive begins and ends on Friday, December 13.

Monday, December 9: JH Girls BB @ HLHF @ 5:30. Game added to the calendar.

Monday, December 16: JH GBB at Battle Creek begins at 3:30 not 6:00.

Friday, December 20: G & B BB games vs. Stuart will begin at 3:30 instead of 4:00.

601 South Madison Street
P.O. Box 430
Tilden, NE 68781
www.elkhornvalleyschools.org/
402-368-5301 School Phone
402-368-5338 School Fax
402-368-2128 Bus Barn



FOOD DRIVE



FOOD DRIVE

The National Honor Society is sponsoring a Food Drive at school. Students are encouraged to bring non-perishable food items to the school lobby/commons area. The drive will take place between December 2 and December 13, and anyone attending the High School Winter Concert on December 12 is encouraged to bring food donations to the concert. All food items will be distributed by the Angel Tree Program and will benefit local families. The deadline is 2:30 on Friday, December 13.

Happy Holidays!

GOOGLE CALENDAR

Just a reminder for everyone to check the EV School's homepage @ www.elkhornvalleyschools.org/ for any Calendar Corrections. The Google calendar is being updated regularly and will be the place to find any changes to the printed school Activity Calendar that is sent to patrons in August. Be sure to check it out!!

Serving the communities of the Elkhorn River Valley.



YOUTH WRESTLING CLUB

There will be an informational meeting for all parents and students in grades Preschool through the 8th grade on Sunday, December 8, at 5:00 p.m. in the wrestling room. Button pictures will be taken and apparel orders will be due that night as well. An informational letter will be sent home with students in the coming weeks.

The Elkhorn Valley Wrestling Club will kick-off practices for grades 3-8 on December 10th and 17th from 6:15-7:30 p.m. The first official practice will be on January 7th with those in preschool-2nd grade practicing from 6:15-7 p.m. and grades 3-8 practicing from 6:15-7:30 p.m. There will be no practice on January 9th, due to the high school wrestling triangular at EV. We en-

courage all families to come out and support the HS wrestlers that night. Any 3-6 grade students wanting to wrestle in an exhibition match during the intermission of the triangular should sign up the night of the parent meeting.

Starting January 14th, practices will be every Tuesday and Thursday, at the aforementioned times. Any schedule changes will be posted on the EV Wrestling Club Facebook page.

The EV Wrestling Club Tournament will be held on Sunday, February 9th, 2020 (please note that this differs from the school calendar).

ATTENTION PARENTS: Medical excuses/doctor's notes are being required with every student absence due to a scheduled appointment. Please ask your doctor's office for this note EVERY time your child has an appointment. Thank you for your cooperation!

Jr. High BOYS' BASKETBALL

By Coach Meyer

The junior boys' basketball team will start practice on December 9. Practice through the month of December will be held at the City Auditorium and will finish by 5:30. Parents should pick up their boys from the auditorium or have them walk home from there. We are looking forward to a fun basketball season!



Seniors:

To commemorate your Senior year, the EV Yearbook needs FOUR photos from you!

1. Yearbook/Class Composite: Vertical (portrait) head and shoulders shot. No hands to the face and shoulders must be covered.
2. Senior Slideshow: Any senior photo, horizontal (landscape) is best. Let your personality shine through!
3. Slideshow Baby: Any baby photo, 0-2 years old.
4. Slideshow Kid: Any photo age 3-12.

- Digital photos can be emailed to: mrs.suckstorf@elkhornvalleyschools.org
- NO screenshots of professional photos.
- If photos need to be scanned, please bring them to Mrs. Suckstorf in an envelope with your name on it and they will be returned to you.
- Deadline: March 13, 2020

Please email Mrs. Rood or Mrs. Suckstorf with questions.

The Yearbook Class wants to thank the following businesses for supporting Elkhorn Valley Schools by purchasing yearbook ads.

Gold Level Sponsors

- ◆ Performance Transmission
- ◆ Wilken Seed Supply
 - ◆ Branding Iron
 - ◆ VooDoo Tattoo

- **Purchase Yearbook Photos**
- SmugMug is up to date.
- **Personalized Memories from 2019-2020**



Yearbook photographs are now available for you to print, download or create keepsakes (magnets, stickers, coffee mugs, etc). Go to: evyearbook.smugmug.com or the **EV Yearbook SmugMug Photos** button under Quicklinks on the school website, to see all the images since the beginning of the school year.

Fluid Art Pour Paintings

By Briley Eischeid, Art Instructor

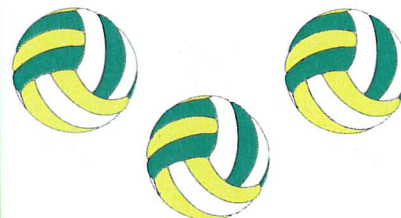
In the middle of November, the 8th grade art class learned about Fluid Art. This art form, accidentally discovered by David Alfaro Siqueiros in the 1930s, consists of pouring paint onto a canvas and tilting the paint to create a unique design. The different colors of paint, having different densities, will either rise to the top or bottom of the other colors.

The 8th graders worked with partners to choose their colors, mix their paint with a pouring medium, and learn the process of pouring the paint onto their canvases. Each group's painting came out successful and will be submitted into the NVC art show in the spring.



STUDENT ACCIDENT INSURANCE

Parents are reminded that it's not too late to purchase student accident insurance through the school. Winter sports are starting up soon and it's not too late to purchase the accident plan. Contact the office if you need an application form.



NVC VB HONORS

Congratulations to the following girls for receiving Post Season Niobrara Valley Conference Honors:

- ◆ Olivia Nall - 1st Team All Conference
- ◆ Bria Gale - Honorable Mention
- ◆ Carney Black - 2nd Team All Conference
- ◆ Kenzie Mosel - 2nd Team All Conference
- ◆ Kaylee Bacon - Honorable Mention

MUSICAL NOTES



By Brenda Gale

On Tuesday, November 5, Elkhorn Valley Schools hosted the **1st Annual Neitzke-Metschke Memorial Battle of the Pep Bands** in honor of past Elkhorn Valley Band Director Darrell Neitzke and past Neligh-Oakdale Band Director Nate Metschke.

Three bands attended: Elkhorn Valley, Plainview and Niobrara-Verdigre. Winners of the Contests were: Highest Trumpet Note: Niobrara-Verdigre, Best Trombone Car Rev: Niobrara-Verdigre, Best Drumline: Elkhorn Valley, Entourage Award- Biggest Fan Base (Raised the most money for the Music Program of all schools): Elkhorn Valley, Best Overall Pep Band: Elkhorn Valley.

Thank you to all those supported the event. Many positive comments and much fun was had by all, with many looking forward to next year's battle.



NEWS FROM THE SCHOOL NURSE

By Jane Tegeler, RN

December 1-7, 2019 is National Influenza Vaccination Week

This week was established in 2005 to highlight the importance of continuing flu vaccination through the holiday season and beyond. As long as flu viruses are spreading and causing illness, vaccination should continue throughout the flu season in order to protect as many people as possible against flu. Even if you have already gotten sick with the flu, you can still benefit from vaccination since many different flu viruses spread during flu season and most flu vaccine protects against four different flu viruses.

Flu isn't a "bad cold" and can result in serious health complications, such as pneumonia, bacterial infections, and can lead to hospitalization.

Flu can sometimes even lead to death. You can catch influenza in the same ways as you can catch a cold. It starts very quickly. As the flu activity in the US is increasing, NOW is the time to get your flu vaccine!

Recipes from the Nurse

Biscuits and Gravy Casserole

- 1 (16.3 ounce) package refrigerated biscuits
- 1 pound ground sausage
- 3 Tablespoons flour
- 2 1/2 cups milk
- 1/2 teaspoon salt
- 1/2 teaspoon pepper



Cooking Instructions:

Preheat oven to 400 degrees. Lightly grease a 9 x 9 inch pan with cooking spray, set aside. Open biscuits and cut each biscuit into 4 pieces. Layer half of the cut biscuits in your prepared pan. Bake for 10 minutes. While it bakes, brown the sausage in a skillet over medium high heat until fully cooked, then drain grease well. Add flour to the cooked sausage and mix until all is covered. Lower heat to medium, and cook flour/sausage mixture for 3-5 minutes, stirring frequently. Add milk, salt, and pepper and stir to combine until it comes to a slight boil. If the gravy is too thick, add a bit more milk. You want the gravy to be thickened but not too thick. Pour the sausage gravy over the cooked biscuits. Layer the remaining uncooked, quartered biscuits over the gravy. Place casserole dish on a baking sheet, and bake for 20-25 minutes or until golden brown. If they start to get too brown, you can cover with foil for the last 10 minutes.

Raspberry Cream Cheese Jello Salad

- 1 (29 ounce) can sliced pears (reserve 1 cup of the juice)
- 1 cup water
- 1 (6 ounce) box raspberry jello
- 1 (8 ounce) package cream cheese (softened)
- 1 (12 ounce) carton Cool Whip (thawed)
- 1 cup whipped cream - optional topping
- 1 cup raspberries - optional topping



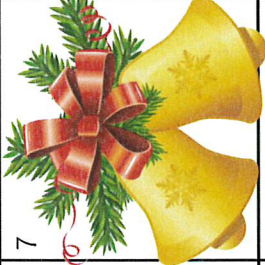
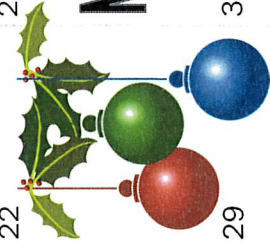

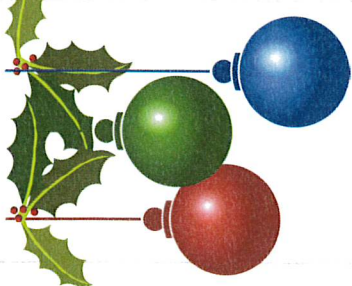
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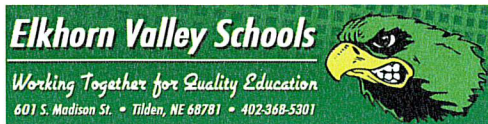
Open can of pears and drain 1 cup of the pear juice into a bowl. Set bowl aside and throw away the rest of the juice. Add 1 cup of water to pear juice and microwave the liquid for 2-3 minutes or until water is boiling. Add box of raspberry jello to the boiling liquid and stir until all jello has dissolved. Set bowl in fridge and allow it to cool for about 7-10 minutes (you don't want the jello to set, you just want it to cool down). Dump pears and softened cream cheese into a large blender. Add in cooled jello and container of Cool Whip. Blend until completely combined. Pour jello into 9x13" pan and set in the fridge until jello is completely set (should take 3-4 hours - you could also let it set up overnight). Serve topped with whipped cream and fresh raspberries.

December 2019



Elkhorn Valley Schools

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|---|---|--|
| 1 <i>Sandwich of the Week</i> <i>Ham</i> | 2 Sliders, Fruit, Juice, Milk Chicken Nuggets, Wh. Potatoes/Gravy, Orange Roll, Milk | 3 French Toast, Fruit, Juice, Milk Taco, Beans, Applesauce, Cookie, Milk | 4 Omelet, Toast, Fruit, Juice, Milk Pizza Fiestada, Peas, Baked Apples, Bar, Milk | 5 Waffles, Fruit, Juice, Milk Pulled Pork/Bun, Broccoli, Wedges, Pear, Milk | 6 Tornado, Fruit, Juice, Milk Teriyaki Rice, Corn, Peaches, Br. Sticks, Milk | 7  |
| 8 <i>Sandwich of the Week</i> <i>Turkey</i> | 9 Cinnamon Pretzel, Fruit, Juice, Milk Ch. Fry Steak, Whip. Potatoes, Mand. Oranges, Roll, Milk | 10 Pancake Sausage, Fruit, Juice, Milk Chicken Strips, Tater-tots, Apple, Roll, Milk | 11 Breakfast Cookie, Fruit, Juice, Milk Lasagna, Broccoli, Peas, Ch. Twist, Milk | 12 Scrambled Eggs, Toast, Fruit, Juice, Milk Popcorn Chicken, Fries, Peaches, Roll, Milk | 13 Choc Chip Muffin, Yogurt, Fruit, Juice, Milk Chicken Noodle Soup, Cheese Sand., Carrots, Applesauce, Milk | 14 |
| 15 <i>Sandwich of the Week</i> <i>PBJ</i> | 16 Breakfast Pizza, Fruit, Juice, Milk Chicken Fillet, Whip. Potatoes/Gravy, Peaches, Roll, Milk | 17 Egg, Toast, Fruit, Juice, Milk Quesadilla, B. Beans, Triangle, Applesauce, Milk | 18 French Toast, Fruit, Juice, Milk Charbroil/Bun, Fries, Green Beans, Mandarin Oranges, Milk | 19 Cereal, Smokies, Fruit, Juice, Milk Fajita, Corn, Pineapple, Cookie, Milk | 20 Donut, Fruit, Juice, Milk Burrito, Carrots, Peas, Chocolate Cake, Milk | 21 |
| 22  | 23 No School - Christmas Break | 24 No School - Christmas Break | 25  | 26 No School - Christmas Break | 27 No School - Christmas Break | 28  |
| 29 | 30 No School - Christmas Break | 31 No School - Christmas Break | This institution is an equal opportunity provider. The menu is subject to change. | | | |



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