

Health Risk Assessment

The following lab tests are included in the Health Risk Assessment at no additional cost*.

- ✓ Total Cholesterol
- ✓ HDL
- ✓ LDL
- ✓ Glucose
- ✓ Triglycerides

HRA Cost*	
Full Time Employee on the schools insurance with insurance card	Free
Retiree Primary Card Holder on the schools insurance with insurance card	Free
Retiree Dependent and/or Spouse	\$30.00
Spouse (on the insurance or not)	\$30.00
Dependent over the age of 18	\$30.00
Dependent under the age of 18	Does not qualify

Additional labs tests are available during the Health Risk Assessment. This is an out-of-pocket expense to each member. The additional labs are to include the following:

Test	Cost	Purpose
CBC (Complete Blood Count)	\$25	Screens for high or low red/white blood cell count, blood cancers, or infections.
CMP (Complete Metabolic Panel)	\$25	Screens for electrolytes, kidney/liver function, proteins, calcium, and glucose.
TSH (Thyroid)	\$25	Screening for thyroid function. Also used to monitor appropriate dosage of thyroid replacement medication.
T3	\$25	Additional thyroid function screening – ask your physician.
T4	\$25	Additional thyroid function screening – ask your physician.
Total T4	\$25	Additional thyroid function screening – ask your physician.
Testosterone	\$30	Assesses level of testosterone. Symptoms it may be low: fatigue, low energy, decreased muscle mass, hair loss, depression, and irritability.
Blood Typing	\$30	Determines blood type.
A1c	\$35	Screening for average blood sugar level for the past three months.
Vitamin D	\$35	Determines current Vitamin D level.

Payment by cash, check or credit/debit card. Please make checks payable to “CoxHealth”.