

2020 Pocahontas Schools

Main Menu

Thursday

Monday Dr. Seuss Day

Green Eggs & Ham Tater tots Green Pineapple/GreenJello Biscuit & Green Gravy Milk

Taco Tuesday

Tuesday

Mojo-Style Pulled Taco Pineapple Salsa Black eye Peas Cole Slaw Applesauce cup Milk

Wednesday

Oven Roasted Chicken Mashed Potatoes/gravy **Carrot Coins** Fruit Hot Roll Milk

Ramen Bowl

Lo Mein Noodles Chicken **Bowl Veggies** Carrots/Broccoli/dip Fruit/graham crackers Milk

Friday

Fish Sandwich French Fries **Buttered Corn** Cupcake Fruit Milk

Redskin Café Bacon Cheddar Cheeseburger Sweet Potato Tots Sandwich Salad cup Fruit Milk

Taco Tuesday

Taco Soup Cheese Toast Crackers Broccoli w/dip **Applesauce** Milk

Waffleicious Wednesday

Chicken Tenders Dutch Waffles & Syrup Waffle French Fries Mandarin Oranges Milk

Chicken Stir Fry Rice Egg Roll **Brussels Sprouts** Fruit Milk

Grilled Chicken Sandwich Sandwich salad cup Blackeye Peas **Baked Chips** Peaches or Pears Milk

Chili Carrot & Celery Stix Ranch Dip Spiced Apples Crackers Milk

Turkey & Dressing **Buttered Corn** Cranberry Sauce **Mashed Potatoes** Peaches Hot Roll Milk

Crispitos Scoops/cheese sauce Blackeye Peas Lettuce/tomato/salsa Rice Krispy Treat Applesauce cup Milk

Grilled Chicken Sandwich French Fries Sand Salad cup Pears Milk

Fish Stix Cornbread Tater Wedges Seasoned Mixed Greens Peaches Milk











Chicken Caesar Sub w/fixin's Tomato Soup/cheese-its Carrot stix Fruit Milk

Pizza Romaine salad **Blackeyed Peas** Spiced Apples Milk

Hamburger, Chef Salad, various other daily menued items are offered at individual cafeterias.



This institution is an equal opportunity provider.

Veggies are TOPS.

Monday: Breakfast Pizza , juice, fruit, milk Tuesday: Cereal Bar, String Cheese , juice, fruit, milk Wednesday: Pancake, Syrup, Ham, fruit, juice, milk Thursday: Cinnamon Bun, fruit, juice, milk Friday: Sausage, gravy,roll, juice, fruit, milk

****Cereal, juice, fruit, milk...offered as daily choices, among other daily menu choices at ind

cafeterias**** ©Learning ZoneXpress • 1.888.455.7003 • www.learningzonexpress.com

