

Omelet

Sausage, Toast

Jelly

Fruit, Juice and Milk

“When March comes in like a lion it goes out like a lamb”

Daylight Savings begins March 8

Saint Patrick’s Day March 17

“Today you are you! That is truer than true! There is no one alive who is you-er than you!” Dr. Suess

Breakfast is served in the following Cafeteria’s

Avon Elementary

Hedding Grade School

Abingdon-Avon High School

Abingdon MS Students are served at the HS

Cereal

Pop Tart

Fruit, Juice and Milk

French Toast Stick

Sausage Link

Fruit, Juice and Milk

Dutch Waffle/syrup

Bacon

Fruit Cup

Juice and Milk

Frosted Cinnamon Roll

Cereal

Fruit, Juice and Milk

Avon Will Serve Chocolate Bar

Instead of Cinnamon Roll

Breakfast

Hot Pocket

Nature Valley

Granola Bar

Juice and Milk

Cereal

Banana Bread

Fruit, Juice and Milk

Pancake on a Stick

Hash brown

Fruit, Juice and Milk

Pillsbury

Soft Breakfast Bar

Cheese Stick

Fruit, Juice and Milk

Egg Patty

W/cheese on English muffin

Rice Krispie Bar

Juice and Milk

Cereal

Mini Muffin

Fruit, Juice and Milk

Breakfast

Chicken Biscuit

Go-Gurt Tube

Fruit, Juice and Milk

No

School

Breakfast Wrap

Hash Round

Fruit, Juice and Milk

Breakfast Hot Pocket

Nature Valley

Granola Bar

Fruit, Juice and Milk

Cereal

Or Oatmeal

Nutri-grain bar

Fruit, Juice and Milk

Biscuit-Gravy

Sausage Patty

Fruit, Juice and Milk

Breakfast Pizza

Cheese Stick

Fruit, Juice and Milk

**MARCH 2020**

Home of the Tornadoes K-12

Pancake on a stick

Hash brown Patty

Fruit, Juice and Milk

Cereal

Or Oatmeal

Chocolate Bread Slice

Fruit, Juice and Milk

Cream Cheese

Filled Bagel

Fruit Cup

Juice and Milk

Green Eggs and Ham

Toast, Jelly, Fruit

Juice and Milk

Happy Birthday

Dr. Suess!!!!