

Lincoln Lowdown February 2020

Home of the Pre-K, Kindergarten, and First grade Vikings!
Address: 1800 Dirr Parsons, KS 67357 Ph: 620-421-3510 Fax: 620-423-8831



What's Inside this Edition?

- Pick Up Time Reminder
- Don't Forget!
- The Faces of Lincoln
- Calendar of Events
- District & Building Survey Results

Class & Individual Pictures

Picture day is February 5th. Students will only have their individual pictures taken if money has been turned in. Class picture money is also due at this time.

NO SCHOOL:

There will be no school on Monday, February 17th in observance of Presidents' Day.

Drop Off Lane:

Parents please make sure you are using the drop off lane appropriately. Parking in the drop off lane is not permitted and please use the lane if you are not walking your student in.

Yearbook Orders:

Are due back to the office by February 28th.

PTO Trash Bag Fundraiser:

Trash bag fundraiser starts February 1st and runs through February 24th.

Early Out:

School will be dismissed at 1:00 pm on Wednesday, February 12th.

Valentine's Day Parties:

AM Pre-K parties will start at 10:15 and PM Pre-K, K, and 1st grade parties will start at 2:40 on Friday, February 14th.

Home Activities and Games:

Reminder elementary students are not allowed into home activities without a parent.

The Faces of Lincoln



Jack, a certified therapy dog, is our newest addition here at Lincoln and when he is not at Lincoln he will be at the High School. His duties will be to provide aide in soothing, love and just make students happy!

Hi, my name is Leah Newland. I am an occupational therapist for Parsons. I work with children with physical disabilities and fine motor difficulties. My job is super fun and I love working with kids. I have been working in the district for 26 years. My husband is an eye doctor. He and I both grew up in Parsons and are proud Vikings! We have two adult children, and one sweet dog. Our daughter Rachel is in Memphis in her last semester of optometry school, and our son is an actuary and lives in San Antonio. I enjoy spending time with my family. I like to travel, read, and watch T.V. I love to watch the Chiefs and KU basketball.



Hi! My name is Lori Brungardt. I have been an OT & PT Para for Tri County for 16 years. I previously worked for Tri County as a Speech Para, before starting my family. I am married with 2 kids. Katie will graduate in May with a Masters in Occupational Therapy from College of Saint Mary in Omaha. Matt is a Senior at K-State in Manhattan studying Ag Ed. He is currently doing his student teaching. I love my job as I get to see different students each day in 4 different buildings.

My name is Janet Brewer. This is my 7th year here at Lincoln as an O.T. Para. My husband Joe and I have been married for 31 years and have 3 children. Benjamin is 22 and will graduate from KU this May with his Masters in Architecture. He lives in KC. Jessica is 19 and is in 2nd year at KU studying pre optometry. She is also on the KU women's rowing team. Samuel is 14 and in the 8th grade at PMS. He plays football and basketball. I love being outdoors. Gardening, hiking, fishing, swimming, and camping are some of my favorite things to do. I have 3 spoiled dogs and many other critters. I love working with children. Their smiles and stories make my day.



Meal Cost Chart

# days	Full Price			Reduced Price		
	Breakfast	Lunch	Both	Breakfast	Lunch	Both
1 day	1.95	2.80	4.75	.30	.40	.70
5 days	9.75	14.00	23.75	1.50	2.00	3.50
20 days	39.00	56.00	95.00	6.00	8.00	14.00

Blue & Gold Fridays

Show your Viking Pride by wearing your Blue & Gold on Fridays during the school year! Let's show some spirit!
GO VIKINGS!



Don't Forget!

Lincoln Elementary collects Best Choice labels and Box Tops for education. Please download the Box Tops® for Education app in the App Store, it is compatible with iPhones and Androids.

Don't Forget!

If you're child is going to be absent for any reason please contact the office.

Pick Up Time Reminder

Morning preschoolers are released at 11:00. Afternoon preschoolers are released at 3:20. Kindergarten and 1st grade are released at 3:30.

Lincoln Social Media and Website Update:

Lincoln Elementary School Website
URL: <https://lincoln.usd503.org>
Lincoln Elementary School Facebook:
<https://www.facebook.com/PKLincolnVikings>
Lincoln Elementary School Twitter:
<https://twitter.com/LincolnVikings>

PTO Meetings/Event Schedule

March 3- @ Guthridge Safe Room from 5:30-6:30
April 7- @ Guthridge Safe Room from 5:30-6:30
May 5- @ Guthridge Safe Room from 5:30-6:30

Snacks & Party Treats

All snacks and party treats brought to school must be store bought and/or pre-packaged. It's a good idea to ask your child's teacher if there are any allergies you should be mindful of when purchasing snacks/treats for the room. Thank you for helping keep our children safe!

Kansas School Violence Hotline

The Kansas School Safety Hotline Number:
1-877-626-8203

The Kansas Bullying Prevention Program

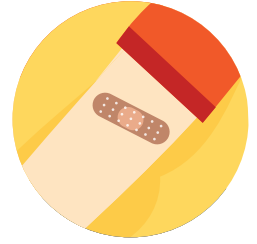
Website:

http://www.stopbullyingkansas.org/kansas_hotline.html



The Flu:

A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 6,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

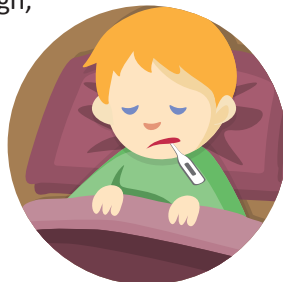
While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

- **Flu vaccine can prevent your child from dying from flu.**
A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with high risk medical conditions and by nearly two-thirds among children without medical conditions.
- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at high risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish lips or face

- Ribs pulling in with each breath
- Chest pain
- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions



This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at high risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant women.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)* or higher.

*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
						PTO Trash Bag Fundraiser
2	3	4	5	6	7	8
		PTO Meeting at Garfield 5:30-6:30	Class Picture Day World Read Aloud Day	100th Day of school		
9	10	11	12	13	14	15
	Dental Day Nurse Visit		Early out at 1:00		Valentine's Day Parties AM PK @10:15 PM PK, K, 1st@ 2:40	
16	17	18	19	20	21	22
	No School Presidents' Day					
23	24	25	26	27	28	29
	PTO Trash Bag Fundraiser Ends				Yearbook orders due	

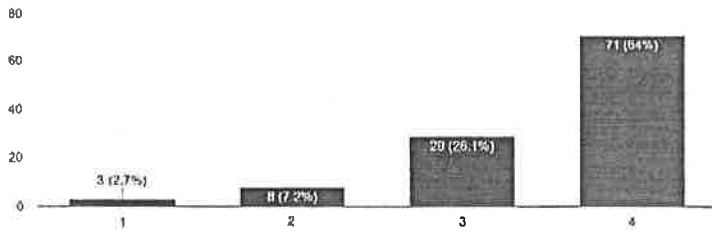
Lincoln Parent Perception Survey Results 2019/2020

1 - Strongly Disagree
2 - Disagree

3 - Agree
4 - Strongly Agree

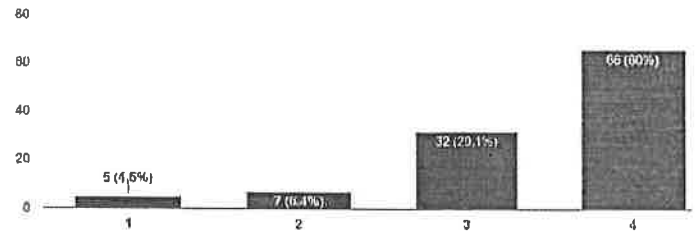
Instruction: Instruction is of high quality, and my student is challenged while learning the curriculum.

111 responses



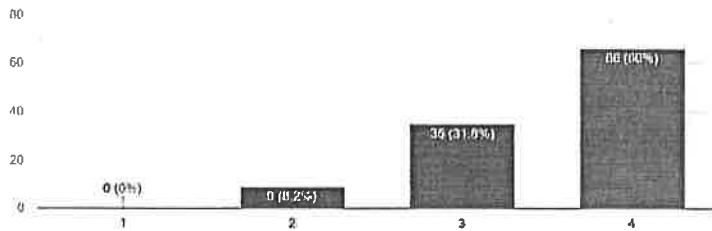
Engagement: Meetings/events are scheduled when someone from my family can attend, and the school helps support student learning at home.

110 responses



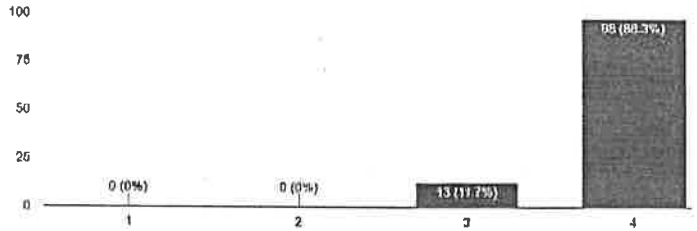
Technology: The technology used improves learning, and the school is improving my student's technology skills.

110 responses



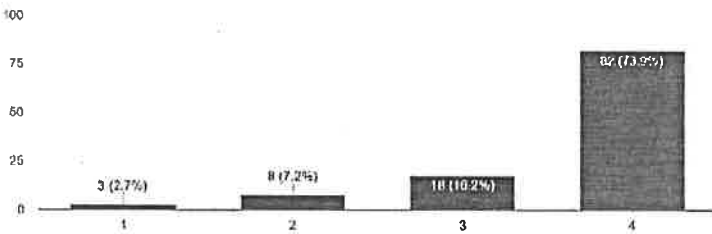
Facilities: The school is clean and well-maintained.

111 responses



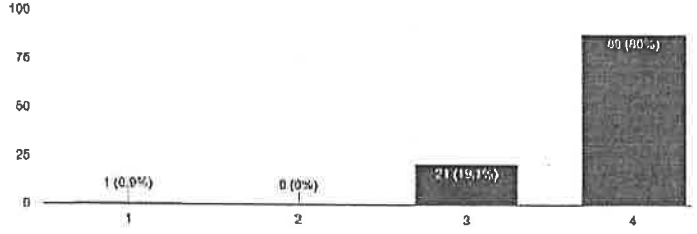
Communication: The school keeps me well informed, and the school communicates in languages I understand.

111 responses



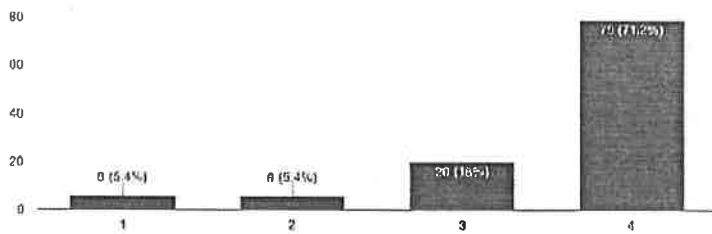
Safety: The school my student attends is safe and secure.

110 responses



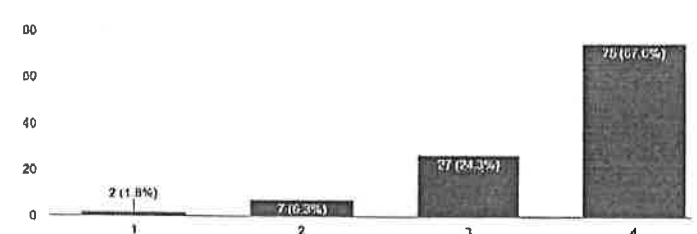
Responsiveness: School leaders are responsive to my concerns, and parent/guardian input is considered when making decisions.

111 responses



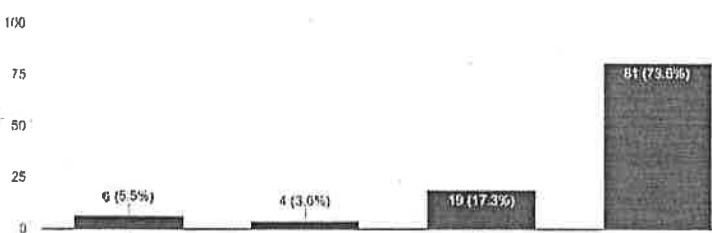
Discipline: The school promotes positive student behavior, and behavior problems are handled appropriately.

111 responses



Leadership: The principal is an effective leader who treats students and families with respect, and the principal's top priority is high quality instruction.

110 responses



Citizenship: Students show respect for others at school, and students use good work habits at school.

110 responses

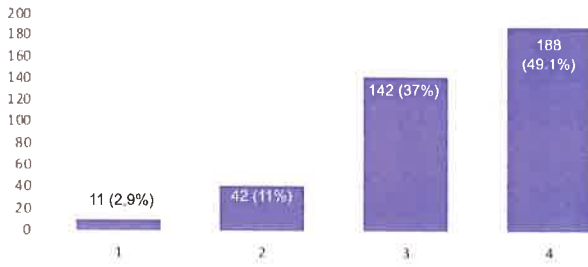


Districtwide Parent Perception Survey Results 2019/2020

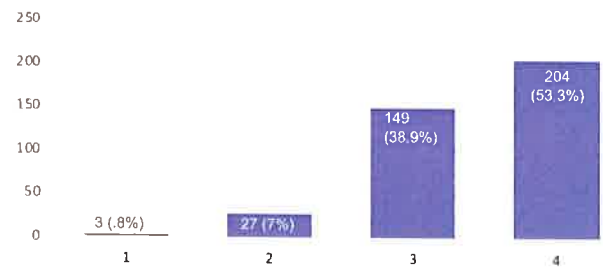
USD503 • Parsons District Schools

1 - Strongly Disagree 3 - Agree
2 - Disagree 4 - Strongly Agree

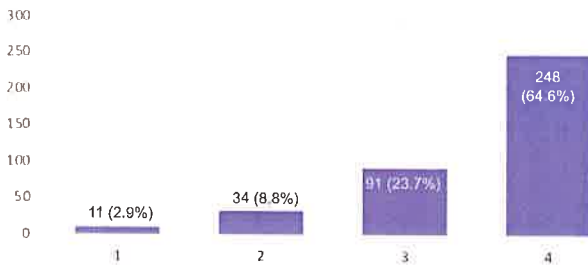
Citizenship: Students show respect for others at school, and students use good work habits at school.



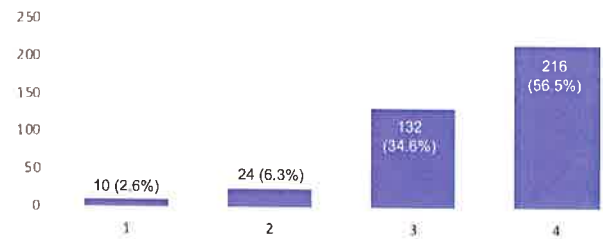
Instruction: Instruction is of high quality, and my student is challenged while learning the curriculum.



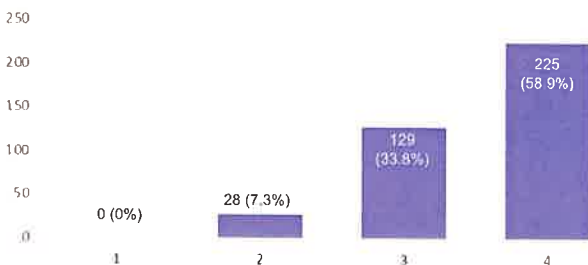
Communication: The school keeps me well informed, and the school communicates in languages I understand.



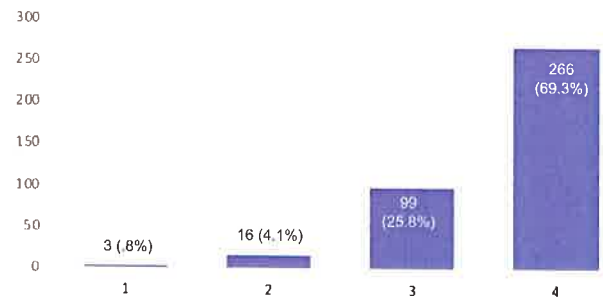
Engagement: Meetings/events are scheduled when someone from my family can attend, and the school helps families support student learning at home.



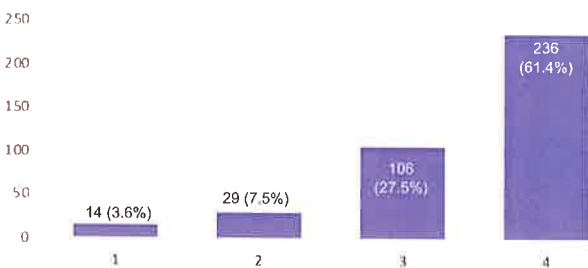
Technology: The technology used improves learning, and the school is improving my student's technology skills.



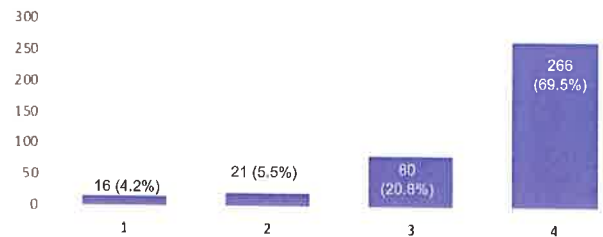
Safety: The school my student attends is safe and secure.



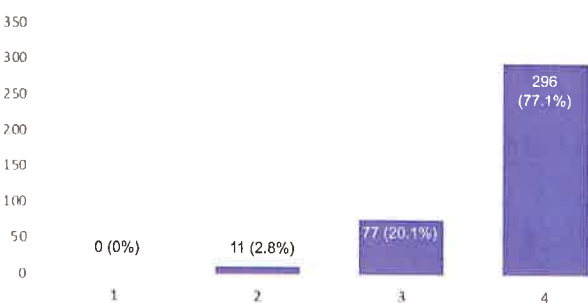
Responsiveness: School leaders are responsive to my concerns, and parent/guardian input is considered when making decisions.



Leadership: The principal is an effective leader who treats students and families with respect, and the principal's top priority is high quality instruction.



Facilities: The school is clean and well-maintained.



Discipline: The school promotes positive student behavior, and behavior problems are handled appropriately.

