

TERIYAKI CHICKEN

BROWN RICE

EGG ROLL/ RICE NOODLES

CRISP ROMAINE LETTUCE

BROCCOLI FLORETS

SLICED PEACHES

**This institution is an equal opportunity provider.**

**All lunches are served with a choice of 1% white or fat free chocolate milk.**

**Each school has a fully stocked salad bar, with fresh fruits and vegetables.**

NO SCHOOL

BEEF HOT DOG

WHOLE GRAIN BUN

CRISP ROMAINE LETTUCE

BAKED BEANS

PEAR SLICES

ITALIAN SPAGHETTI WITH

MEAT SAUCE

WHOLE GRAIN BREAD

CRISP ROMAINE LETTUCE

BABY CARROTS

ORANGE WEDGES

CHICKEN NUGGETS

TATER TOTS

CRISP ROMAINE LETTUCE

CUCUMBER COINS

APPLESAUCE

TAMALES

CRISP ROMAINE LETTUCE

JUICY TOMATOES

PINTO BEANS

SLICED PEACHES

CORN DOGS

CRISP ROMAINE LETTUCE

RED BELL PEPPER SPEARS

BAKED BEANS

PINEAPPLE TIDBITS

CHICKEN PATTY OR SPICY

CHICKEN PATTY

WHOLE GRAIN BUN

CRISP ROMAINE LETTUCE

JUICY TOMATOES

PEAR SLICES

ROUND PEPPERONI PIZZA

CRISP ROMAINE LETTUCE

BABY CARROTS

FARM FRESH TOMATOES

ORANGE WEDGES

CHICKEN & GRAVY

CREAMY POTATOES

WHOLE GRAIN BISCUIT

CRISP ROMAINE LETTUCE

SWEET PEAS

APPLESAUCE

NO SCHOOL

FISH SHAPES OR SRIRACHA

FISH PATTY

BROWN RICE

CRISP ROMAINE LETTUCE

WHOLE KERNEL CORN

MANDARIN ORANGES

SLOPPY JOES

WHOLE GRAIN BUN

CRISP ROMAINE LETTUCE

BROCCOLI SPEARS

PEAR SLICES

CHICKEN FILET SANDWICH

WHOLE GRAIN BUN

CRISP ROMAINE LETTUCE

FARM FRESH TOMATOES

ORANGE WEDGES

CHICKEN & NOODLES

WHOLE GRAIN BISCUITS

CRISP ROMAINE LETTUCE

SWEET PEAS

APPLESAUCE

HAM & CHEESE

STUFFWICH

CRISP ROMAINE LETTUCE

CUCUMBER COINS

BAKED BEANS

SLICED PEACHES

PEPPERONI CALAZONE

CRISP ROMAINE LETTUCE

CUCUMBER COINS

PINEAPPLE TIDBITS

CHILI CON CARNE & BEANS

WHOLE GRAIN CORNBREAD

CRISP ROMAINE

CUCUMBER COINS

PEAR SLICES

HAMBURGER PATTY

WHOLE GRAIN BUN

CRISP ROMAINE LETTUCE

BAKED BEANS

BABY CARROTS

ORANGE WEDGES

CHEESY BEEF NACHOS

CRUNCHY CORN CHIPS

CRISP ROMAINE LETTUCE

BELL PEPPER SPEARS

APPLESAUCE

MENU SUBJECT TO CHANGE

**FEBRUARY 2020**

NYSSA HIGH SCHOOL