**Daily Breakfast Options:** 

Fruit and Milk Low Sugar Cereal WG Bagel and Cream Cheese Low Fat Cheese Sticks

## **March** 2023

## **Breakfast**

**Breakfast Served 8:00 AM to 8:30 AM** 

All Meals for All Students are Free

| MONDAY            | TUESDAY                                  | WEDNESDAY                       | THURSDAY         | FRIDAY                |
|-------------------|--|---------------------------------|------------------|-----------------------|
|                   |  | 1<br>WG French Toast<br>Sticks  | 2<br>WG Waffles  | 3<br>Cold Selections  |
| 6<br>WG Pancakes  | 7<br>WGR Biscuits With<br>Sausage Gravy  | 8<br>WG French Toast<br>Sticks  | 9<br>No School   | 10<br>No School       |
| 13<br>WG Pancakes | 14<br>WGR Biscuits With<br>Sausage Gravy | 15<br>WG French Toast<br>Sticks | 16<br>WG Waffles | 17<br>Cold Selections |
| 20<br>WG Pancakes | 21<br>WGR Biscuits With<br>Sausage Gravy | 22<br>WG French Toast<br>Sticks | 23<br>WG Waffles | 24<br>Cold Selections |
| 27<br>No          | 28<br>School                             | 29 For                          | 30 Spring        | 31 Break              |

All milk served is 1%or non-fat milk. \* Lactose Free Milk Available WG — whole grain, WGR — whole grain-rich, WW — whole wheat

This institution is an equal opportunity provider.