

Boys and Girls

# Cross Country Running Club

(Grades 3 – 6)

*Here is your opportunity to work out with the High School Cross Country Team either over the summer or in the fall. You will work on proper stretching techniques and also go on a run each session.*

**Course # 5124** Tues & Thurs., June 9, 11, 16, 18, 23, 25, 2020  
9 – 10:30 am Meet in the MS Locker Bay  
Fee: \$35 (includes a shirt)



**Course # 5129** Wed., Sept. 9 – Oct. 7, 2020  
3:15 – 4:15 pm Meet in the HS Commons  
Fee: \$30 (includes a shirt)

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## Running Club Registration

Name \_\_\_\_\_ Grade \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Email: \_\_\_\_\_  
Parent(s) \_\_\_\_\_  
Course # \_\_\_\_\_

Mail to: District #108 Community Education  
PO Box 367  
NYA, MN 55368  
952-467-7391