



Saturday, April 11th

Spark Foundation presents the 10th annual **Cow Paddy Run** at **Gulley Park** in Fayetteville, Arkansas on **Saturday, April 11, 2020**. Proceeds support health and fitness education programs in our local schools and community.

Race Details

Every runner receives a short-sleeved cotton t-shirt, finisher medal, chip timing, FREE food and beverages, and more!

- 1K @ 4:00 pm - \$25
- 5K @ 4:30 pm - \$30
- 10K @ 4:30 pm - \$35 (age 12 & older)

Prices go up on March 1!



School Prizes

The following prizes will be awarded to the elementary and middle schools with the *highest overall participation* (students, families, teachers, alumni, etc.) in the 1K & 5K races: **1st Place - \$2,500, 2nd Place - \$1,000, 3rd Place - \$500**



T-Shirt Design Contest

Participate in our annual **T-Shirt Design Contest** for the chance to win cash prizes and for your artwork to be featured on this year's race shirt. *Deadline: Friday, Feb. 7.*

Costume Contest

Every year, runners of every age participate in our costume contest with prizes for the **Craziest Costume** and the **Best Dressed Cow**. Dress up with your friends and family to join in on the fun!

For more information and to register, please visit www.cowpaddyrun.com.

Questions? Contact Mary Flannery, Program Coordinator
outreach@mysparkfoundation.org

Scholarships available. Contact us for more information.