

# Arkansas School for the Blind and Visually Impaired Supper Menu

Menu items subject to change based on availability of stock. Students must take 1/2 cup of fruit or 1/2 cup of vegetable plus two other items. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SUNDAY

2

# February 2020

SUPER BOWL SUNDAY--PARTY

3 Fresh Fruit and Vegetable Bar Pizza Sunshiny Corn on the Cob Refreshing Tossed Salad Chilled Applesauce  Milk/Koolade	4 Fresh Fruit and Vegetable Bar Hot Dog on Bun Assorted Chips Crisp Carrot Sticks Cookie  Milk	5 Fresh Fruit and Vegetable Bar Savory Turkey/Dressing Cheesy Macaroni and Cheese Hearty Green Peas Warm Roll Pudding  Milk	6 Fresh Fruit and Vegetable Bar Sloppy Joe Yummy Baked Beans Crispy Celery Sticks Tasty Roll Fruited Gelatin  Milk/Lemonade	9 Fresh Fruit and Vegetable Bar Savory Meat Balls Traditional Mashed Potatoes Flavorful Broccoli/Cheese Sauce Crusty Roll Pineapple Upside-Down Cake  Milk
10 Fresh Fruit and Vegetable Bar Corn Dog Savory Baked Beans Hearty Tator Tots Assorted Desserts  Milk/Punch	11 Fresh Fruit and Vegetable Bar Beef Fingers Warming Baked Potato Seasoned Mixed Vegetables Perfectly Baked Roll Ice Cream  Milk	12 Fresh Fruit and Vegetable Bar Chicken Pot Pie Seasoned Green Beans Homestyle Cornbread Gingerbread  Milk	13 Fresh Fruit and Vegetable Bar Salisbury Steak Creamy Mashed Potatoes Tender Green Beans Golden Roll Cake  Milk	16 Fresh Fruit and Vegetable Bar  Cook's Choice  Milk
17 Fresh Fruit and Vegetable Bar Chicken Filet Homestyle Mashed Potatoes Sunny Golden Corn Warm Roll Mousse  Milk	18 Fresh Fruit and Vegetable Bar Hamburger or Cheeseburger on Bun Lettuce/Tomato/Pickles Zesty Onion Rings Chilled Mandarin Oranges  Milk/Koolade	19 Fresh Fruit and Vegetable Bar Beef or Chicken Nachos Cheese Dip Zesty Refried Beans Diced Lettuce/Tomato Tasty Cinnamon Apples  Milk	20 Fresh Fruit and Vegetable Bar Homemade Lasagna Seasoned Green Beans Flavorful Garlic Bread Blushing Pears  Milk	23 Fresh Fruit and Vegetable Bar Butterfly Shrimp or Leo's PBJ Crispy Fries Refreshing Romaine Lettuce and Tomato Salad Traditional Hushpuppies Yummy Strawberries and Bananas  Milk
24 Fresh Fruit and Vegetable Bar Ham and Beans or Leo's Ham Sandwich Chips Homemade Cornbread Banana Pudding  Milk	25 Fresh Fruit and Vegetable Bar Savory Turkey Slices Cheesy Macaroni and Cheese Hearty Green Peas Golden Roll  Milk	26 Fresh Fruit and Vegetable Bar Beef Stroganoff Steamed Vegetables Tasty Roll Pie  Milk	27 Fresh Fruit and Vegetable Bar Grilled Fish or Chicken Cordon Bleu Traditional Mashed Potatoes Colorful Carrots Roll Assorted Desserts  Milk	