

# FCCLA Planning Process Summary Page Template

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## IDENTIFY CONCERNS

- There is a lack of people who take the time to go and visit the residents of the nursing home.
- Many residents are unhappy to be stuck in a facility with limiting freedoms
- One in Five Americans over 65 suffer from depression
- It is a general fact that Americans don't like getting old so many probably already dislike their lifestyle

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## SET A GOAL

- Our goal was:
  - to raise awareness that there needs to be more groups coming in and interacting with the elderly
  - for students to learn about the different effects that occur in the nursing home
  - to work with already occurring programs to expand what they do to assist the nursing home

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## FORM A PLAN (WHO, WHAT, WHEN, WHERE, HOW, COST, RESOURCES, AND EVALUATION)

Lali Marquez and Jimena Nunez will expand the already-existing HERO (Honoring, Educating, Respecting & Obliging) nursing home program from FBLA to our school's FCCLA & FFA organizations, bringing more students than ever to work with the elderly. The FCCLA chapter will visit the nursing home on designated nights to play games with and visit with the elderly. These nights occur every Sunday, Monday, and Wednesday and are open for all students to attend.

Next, Lali and Jimena will create a video in a news story format covering the need for more volunteers in the nursing home. Lali and Jimena will work together to write a script, and together will record videos and edit together. This production should be a hundred percent free. All we need is a video recorder and an editing device. We took a couple of shots in the school and some outside the nursing home and used photos from nursing home activities.

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## ACT

The FCCLA chapter visited for the first time Sunday, January 19, 2020 and played games with the elderly. We then researched how many residents in America are affected by depression, and reviewed photos of previous nights. Then, we decided on editing applications and chose the best one that would assist us the most. We then took charge and recorded our video after scripts were done, and spent the afternoon with a resident while editing the video.

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## FOLLOW UP

The Elderly at the nursing home are enjoying the program so much that they are really sad to see it start to wrap up. Students were able to see the different effects and residents were able to have a new set of friends to visit them.