

February 2020 Elementary Menu

Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6	Friday, February 7
French Toast Sticks, 4 (38) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Breaded Pork Chop (15), Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Pillsbury Cinnamon Roll (36) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Breakfast Burrito (23) & Goldfish Grahams (19) or Plain or Blueberry Bagel (28-34) with Cream Cheese (1) or Wow Butter (8), Fruit (~15), Juice (15) &/or Milk (11-22)	Top it Off Oatmeal, ½ c. (21), Choice of Toppings: Brown Sugar & Cinnamon (14), Chocolate Chips (10) or 6-pk Donuts (41), Fruit (~15), Juice (15) &/or Milk (11-22)
Hot Dog (2) on Bun (27) or Ham & Cheese Sandwich (32) or Salad Plate (*) Cool Ranch or Nacho Cheese Doritos (18) Fresh Veggie Cup, ½ c. (2.5) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)	Salisbury Steak (2) & Gravy (5) or Ham & Cheese Sandwich (32) Or Salad Plate (*) Glazed Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (18) Fresh Fruit, ½ c. (8-15) Pineapple Tidbits, ½ c. (18) Milk (11-22)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate (*) Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit, ½ c. (8-15) Diced Peas, ½ c. (14) Milk (11-22)	Spaghetti, ½ c. (21) w/ Meat Sauce (*) & Shredded Cheese, 1 oz. (1), Breadstick (14) or Turkey Sandwich (28) or Salad Plate (*) Garden Salad, ¾ c. (4) w/ Dressing (*) Green Beans, 1/2 c. (4) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (11-22)	Mandarin Orange Chicken (19) or Chicken Fajita Wrap (15) or Salad Plate (*) Green Beans, 1/2 c. (4) Fiesta Rice, ½ c. (21) Shredded Cheese, 1 oz. (1) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit Assortment, ½ c. (8-15) Frozen Jonny Pops (10-11) Milk (11-22), Sour Cream, 1 oz. (4)
Monday, February 10	Tuesday, February 11	Wednesday, February 12	Thursday, February 13	Friday, February 14
Mini Cinnis (39) or Sausage Pancake on a Stick (19) & Syrup (31), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Mini Cinnis (39) or Sausage Pancake on a Stick (19) & Syrup (31), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Canadian Bacon, Egg, & Cheese Croissant (31) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Sausage Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)
Chicken (15) on Bun (31) Or BBQ Pork (16) on Bun (27) Or Salad Plate (*) White Nacho Doritos (20) or White Cheddar Cheese Curls (17) Golden Corn, ½ c. (16) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)	Meatballs, 3 oz. (8), Mozzarella Cheese-Stuffed Breadsticks, 2 (30), Marinara (7) Or Turkey & Cheese Sandwich (28) Or Salad Plate (*) Potato Wedges, ½ c. (19) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (11-22)	Chicken Smackers, 10 (20) Or Yogurt (*) & Cereal (*) Or Salad Plate* Waffle (37), Syrup (31) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12) Milk (11-22)	Big Daddy's Four Cheese or Pepperoni Pizza (35) Or Ham & Cheese Sandwich (32) Or Salad Plate (*) Green Beans, 1/2 c. (4) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Watermelon-Flavored Raisels (35) Milk (11-22)	Beef Taco, 3 oz. (4) or Hot Turkey & Cheese Sandwich (28) or Salad Plate (*) Shredded Cheese, 1 oz. (1) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (8-15) Mixed Fruit, ½ c. (18) Milk (11-22)
Monday, February 17	Tuesday, February 18	Wednesday, February 19	Thursday, February 20	Friday, February 21
Eggo Mini Pancakes (35) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Strawberry Smoothies, 18 oz. (86) & Grahams (19) or French Toast Sticks, 4 (38), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)
Mini Corn Dogs, 6 (30) Yogurt (*) & Cereal (*) or Salad Plate (*) Golden Corn, ½ c. (16) Green Beans, 1/2 c. (4) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit Assortment, ½ c. (8-15) Frozen Jonny Pops (10-11) Milk (11-22)	BREAKFAST FOR LUNCH Sausage (0) & Eggs (0) Biscuit (26), Gravy, ½ c. (10) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Grapes, ½ cup (~15) Cinnamon Baked Apples, ½ c. (36) Milk (11-22)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate (*) Mashed Potatoes, ½ c. (15) Glazed Carrots, ½ c. (13) Roll (22) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12) Milk (11-22)	Hamburger (1) on Bun (25) or Ham & Cheese Sandwich (32) or Salad Plate (*) Romaine Lettuce & Tomato, ¼ c. (0.6) Onion 1/8 c. Potato Smiles, 4 ea. (20) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (11-22)	Mandarin Orange Chicken (19) or Chicken Fajita Wrap (15) or Salad Plate (*) Green Beans, 1/2 c. (4) Fiesta Rice, ½ c. (21) Shredded Cheese, 1 oz. (1) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit Assortment, ½ c. (8-15) Frozen Jonny Pops (10-11) Milk (11-22), Sour Cream, 1 oz. (4)
Monday, February 24	Tuesday, February 25	Ash Wednesday, February 26	Thursday, February 27	LENT - Friday, February 28
French Toast Sticks, 4 (38) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Breaded Pork Chop (15), Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Pillsbury Cinnamon Roll (36) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Breakfast Burrito (23) & Goldfish Grahams (19) or Plain or Blueberry Bagel (28-34) with Cream Cheese (1) or Wow Butter (8), Fruit (~15), Juice (15) &/or Milk (11-22)	Top it Off Oatmeal, ½ c. (21), Choice of Toppings: Brown Sugar & Cinnamon (14), Chocolate Chips (10) or 6-pk Donuts (41), Fruit (~15), Juice (15) &/or Milk (13-20)
Hot Dog (2) on Bun (27) or Ham & Cheese Sandwich (32) or Salad Plate (*) Cool Ranch or Nacho Cheese Doritos (18) Fresh Veggie Cup, ½ c. (2.5) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)	Chicken Strips, 3 (17) Or Yogurt (*) & Cereal (*) Or Salad Plate (*) Mashed Potatoes, ½ c. (15) Glazed Carrots, ½ c. (13) Roll (22) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12), Milk (11-22)	Big Daddy's <u>Four Cheese</u> or Pepperoni Pizza (35) or Ham & Cheese Sandwich (32) or Salad Plate (*) Green Beans, 1/2 c. (4) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Watermelon-Flavored Raisels (35) Milk (11-22)	Spaghetti, ½ c. (21) w/ Meat Sauce (*) & Shredded Cheese, 1 oz. (1), Breadstick (14) or Turkey Sandwich (28) or Salad Plate (*) Garden Salad, ¾ c. (4) w/ Dressing (*) Green Beans, 1/2 c. (4) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (11-22)	Chili, ½ c. (11), Crackers (5 per pack) <u>Grilled Cheese Sandwich</u> (15 for Half) or <u>Tuna Salad Plate</u> (*) Carrot & Celery Sticks, ½ cup (4) Orange Wedges, ½ c. (15) Pear Cup, ½ c. (20) Milk (13-20) FF Ranch Dressing (6)