School Health Advisory Council November 20, 2019 Meeting Agenda

- 1. Welcome
- 2. Review October 2019 meeting minutes
- 3. Review policies, strategies, and procedures developed since last meeting
 - a. Hours of health education for K-8 grades
 - b. Curriculum that includes:
 - i. Health education
 - ii. Physical education
 - iii. Nutrition services
 - iv. Parental involvement
 - v. Substance abuse prevention
 - vi. School health services
 - vii. Comprehensive school counseling program
 - viii. Safe and healthy school environment
 - ix. School employee wellness
 - c. Strategies to increase parental awareness regarding:
 - i. Risky behaviors
 - ii. Early warning signs of suicide risks
 - iii. Behavior health concerns (including mental health disorders)
 - iv. Available community programs and services
 - d. Opioid curriculum
 - e. Resources available at each campus to promote physical/mental health
 - i. Contact information for essential public health services
 - ii. Contact information for nearest mental health authority
 - f. Statement for each campus about nurse and counselor