

Arcadia Valley R-II School District
School Health Advisory Committee Minutes
September 14, 2016

The AV SHAC committee met on Wednesday, September 14, 2016.

Donna Hill, Elem. RN, reported on speaking with Dr. Carver about stock inhalers/nebulizer provided in all 3 areas of the school district. Brandi Brogan, MS/HS RN, reported that we had already had our first emergency use of the nebulizer in the HS this year.

Nurse Hill also reported that all Elementary screenings are completed for the year and went smoothly.

Kindergarten Physicals- which were done before school and are mandatory will be kept on hold; Nurse Hill will try to press the issue and get them complete.

Nurse Brogan reported that all MS/HS screenings are completed as well as referral notices sent home. SHAW committee was informed of new immunizations this year for MS/HS students. Entering 8th grade and 12th grade students will be required to have a Meningitis and Tetanus immunization. Students were notified 3 times from the Spring through Summer before school began as a reminder to the parents' to have these immunizations upon the beginning of the 2016-2017 school year.

Mrs. Asher also reported that screenings for the current year are completed and going well with student led help through the Career Tech nursing program.

Asher- Cost issue, because of low number of students. We also felt the need to be sure that all staff was aware of "Allergy Aware Zones". Including but not limited to: Cooks, Teachers, and Support staff.

Heather Self, Elementary Counselor, reported that the new school wide PBS (Positive Behavior System) is already being implemented this 2016-2017 school year.

Nurse Hill opened a new discussion about O2 containers being considered as a possibility for each of the 3 Nurse's offices for use in emergencies. Committee discussed issue of the cost for replacement containers and storage hazards. Nurse Brogan made recommendation on acquiring more information on cost, replacement, and storage hazards. Emily Crocker seconded motion.

Emily Crocker opened discussion on Epi pen costs and concerns about program that offers free epi pens to the district.

Meeting was concluded by Nurse Hill she also stated that SHAW committee would be open for recommendations throughout the year for any committee member to make suggestions for the remainder of the school year.

Note: On January 10th and email was sent to all members stating that SHAC (School Health Advisory Committee) would be changing it's name to SHAW (School Health and Wellness Committee) all members agreed and approved to the necessary changes.

All members present for September meeting:

Donna Hill, Elementary RN	Carter Brogan
Brandi Brogan MS/HS RN	Landon Garrett
Marlene Asher, Career Tech Nurse	Jennifer Inman
Felina Wakefield	Karen Pogue
Emily Crocker	Candice Turner
Heather Self	Caysee-Lin Hoover
Taylor Hartwig	Heather Jones
Lois Orr	

District Wellness
Meeting
Minutes
10-25-17

- I. Welcome
 - A. Sign in

Brian Beard called the meeting to order @ 1529

- II. Overview of handouts
 - A. District Wellness Policy
 - B. District Wellness Procedures

- III. Review Current Wellness Policy
 - A. Overview

Brandi Brogan discussed highlights of the current wellness policy of the district. She will share a PowerPoint with committee members via email after the meeting.

- B. Policy on District Provided Food & Beverages
 - 1. Recommended changes to District Policy

Brian Beard discussed recommending a change to the AV School Board concerning changing the language of policy to avoid contradicting policy by having reward parties, "Lunch with Leaders," etc.

*Lois On made a motion to recommend this change.
Mark Yates seconded the motion.
No opposition.*

- C. Recess
 - 1. Elementary - is it before lunch?
 - 2. Withholding considered punishment?

Brian Beard discussed the policy on Recess in the elementary and the group discussed

Elem faculty reported students have two 20-minute recesses each day, one before and one after lunch. If recess is withheld as punishment, students may be allowed to walk laps in place of free-play. BBeard will speak to Laura Marquis about this to ensure understanding.

IV. Establish Staff Wellness Committee
A. Form Committee

Brian Beard, Brandi Brogan, Andrea Yates, John Inman and Felina Wakefield were selected to form the Staff Wellness Committee.

V. Public Comment Period

Question raised if funds available to purchase new playground equipment for the Edgar (castle) playground. Committee member Lois Orr will research some possible replacement equipment. BBeard will also look into acquiring new basketball goals for the "back" playground.

VI. Closure

Mariene Asher moved to close the meeting

Lois Yates seconded the motion

District Wellness Meeting Minutes 4-17-2018

I. Welcome

A. Sign in

Brian Beard called the meeting to order at 3:34 pm

II. Review of Previous Minutes

Kassi Inman made a motion to approve minutes. Lois Orr seconded the motion. No Opposition.

III. Old Business

A. Elementary Recess

*Mrs. Marquis confirmed that students must be allowed (1) 20 min recess each day. So teachers may only take away the physical activity portion of **one** recess.*

B. Playground Equipment

Two new basketball goals were purchased and installed. Lois Orr contacted some company sales reps but was unable to obtain pricing information. There is approximately \$4400 in the playground fund.

IV. District Wellness Concerns

A. Energy Drinks in the Student Vending Machines

1. Comply with state guidelines
2. Ingredients
3. Side Effects

Brandi Brogan shared that employees had expressed concern over the sale of energy drinks, specifically Mt. Dew Kickstart, in the vending machines near MS/HS cafeteria. She explained that while the product meet the standards set forth by the state, it still has very similar content to soda, which is not allowed in school machines.

Lois Yates made a motion the committee recommend removal of these products. Lisa Hunt seconded the motion. No opposition.

V. Public Comment Period

No comments offered during this time.

VI. Closure

Laurin Boeving made a motion to adjourn the meeting. Kassi Inman seconded the motion.